



2023 Swimming Gold Coast Relay Championships

Session 1 – Saturday 4th November

8:00am warm-up – 9:00am start

Event No.	Event Details	Event No.	Event Details
1	Mixed Open 4x100 Medley Relay (2 girls & 2 boys)		
2	Girls 10 & Under 4 x 50 Medley Relay	3	Boys 10 & Under 4 x 50 Medley Relay
4	Girls 12 & Under 4 x 50 Medley Relay	5	Boys 12 & Under 4 x 50 Medley Relay
6	Girls 14 & Under 4 x 50 Medley Relay	7	Boys 14 & Under 4 x 50 Medley Relay
8	Girls Open 4 x 50 Medley Relay	9	Boys Open 4 x 50 Medley Relay
10	Mixed 10 & Under 4 x 50 Medley Relay (2 girls & 2 boys)		
11	Mixed 12 & Under 4 x 50 Medley Relay (2 girls & 2 boys)		
12	Mixed 14 & Under 4 x 50 Medley Relay (2 girls & 2 boys)		
13	Mixed Open 4 x 50 Medley Relay (2 girls & 2 boys)		
14	Mixed Open MC Mixed Club 4 x 50 Free Relay (Mixed clubs)		

Short 10min break

15	Mixed Open 4 x 100 Free Relay (2 girls & 2 boys)		
16	Girls 10 & Under 4 x 50 Free Relay	17	Boys 10 & Under 4 x 50 Free Relay
18	Girls 12 & Under 4 x 50 Free Relay	19	Boys 12 & Under 4 x 50 Free Relay
20	Girls 14 & Under 4 x 50 Free Relay	21	Boys 14 & Under 4 x 50 Free Relay
22	Girls Open 4 x 50 Free Relay	23	Boys Open 4 x 50 Free Relay
24	Mixed 10 & Under 4 x 50 Free Relay (2 girls & 2 boys)		
25	Mixed 12 & Under 4 x 50 Free Relay (2 girls & 2 boys)		
26	Mixed 14 & Under 4 x 50 Free Relay (2 girls & 2 boys)		
27	Mixed Open 4 x 50 Free Relay (2 girls & 2 boys)		



ADDITIONAL NOTES FOR THE EVENTS

Swimming Gold Coast is proud to confirm our commitment to inclusivity for ALL our swimming members as an integral part of our Relay Championships. As such, we are again implementing a system that will allow swimmers that would normally miss out on swimming relays the opportunity to swim, where possible.

Mixed Club Multi-Class Relay (event 14) – We are continuing with a Multi-Class relay at the Championships, to ensure that all swimmers have an opportunity to compete in a relay that they are eligible to swim in. Given that there may not be enough eligible swimmers in each or even any club, we are allowing swimmers to compete in a mixed club format. Swimmers will be emailed directly and will be manually entered. Note: if there are uneven numbers a solution will be formulated at the time to ensure that all MC athletes get to swim in this MC specific relay. MC Swimmers will get an email directly from the SGC President regarding entries.

All relays from event 1-13 & 15-27 – Please enter your swimmers as per normal on Swim Central following the process regarding nominating relay teams. Please ensure your reserves / alternates are added to your relay teams in Swim Central. **Clubs can not change relay swimmers on the day, if they are not listed as a reserve.**

All relays from event 10-13 & 24-27 – Swimmers that are not placed within a team or are listed as a reserve will be provided the opportunity to swim in a mixed club relay. Swimmers will be able to register through a link that will be distributed by SGC after nominations close on Saturday 28th October, until Wednesday 1st November 2023. SGC will attempt to compile teams of registered swimmers to enable them to have more swims and fun on the day. There is no guarantee of a swim, and the teams will be exhibition only.

If you have any enquires regarding this, please reach out to:

SGC President, Warren Dopson – president@swimminggoldcoast.org.au or

SGC Secretary, Michelle Schafer – secretary@swimminggoldcoast.org.au