



2022 SGC Winter Preparation Meet

You are cordially invited to attend the 2022 SGC Winter Preparation Meet.

Date	Saturday 18 th June 2022
Time	8.00am warm-up for 9.00am start Lanes will be available in the alternate side of the separating bulkhead of the 50m training pool (competition pool for this meet) for additional warmup / cooldown facilities. Dive pool or the 50m competition pool are not available. Dive starts and pacework will be allocated for Lanes 0 and 9.
Venue & Gate entry	Gold Coast Aquatic Centre Marine Parade, Southport Spectators will be permitted access to the venue during the duration of the meet. Gate entry opens at 7.00am for non-swimming spectators at a cost of \$3.10 per person (current at the time of writing). All coaches and technical officials will have their entry subsidised by Swimming Gold Coast.
Spectator Attendance	Spectators can be in attendance, but we ask those in attendance to assist your club by way of bringing tents / gear etc, acting as a team manager to ensure swimmers are in time for their races, putting you hand up to volunteer, if required as a timekeeper etc. and by providing coaches with the space they need to do their jobs on the day.
Nomination fee	\$8.00 per event individual event (incl. GST) + associated Swim Central fees. \$2.00 per swimmer surcharge to cover the cost of officials. Includes digital program.
Nominations close	Sunday 12th June 2022 @ 11.59pm. All entries must be submitted through swim central #No manual entries will be accepted, except approved visiting swimmers or those seeking qualifying exemptions, as below.
Late entries	Late entries WILL NOT be accepted, under any circumstances.
Age Requirements	Age as of 18 th June 2022. 12yrs is the minimum age for this meet.
Status	This is a Swimming Queensland and Swimming Gold Coast sanctioned Qualifying Meet.
Marshalling	All swim meets within the Gold Coast region are self-marshalling.
Entry Eligibility	All Swimmers must be fully registered as a Competitive Swimmer on Swim Central to nominate for this meet. 'Recreational' swimmers are ineligible to enter. Qualifying times must have been achieved after January 1 st 2021 at an approved qualifying meet. Club night times etc. are ACCEPTABLE . Long Course converted times may be used, however, these will only be used where an existing short course time has not been achieved.



<p>Visiting swimmers</p>	<p>This Meet is open to all swimmers registered with Swimming Australia.</p> <p>International Swimmers that are training at pools / clubs located throughout the Gold Coast will be provided with an exemption to swim at this event, upon request. All swimming members of another international federation must enter manually through the SGC Race Secretary. Training confirmation must be provided by the coach.</p>
<p>Events</p>	<p>As per the attached Program of Events.</p> <p>This meet is to be conducted as timed finals. If less than 3 nominations are received for an event, Swimming Gold Coast reserves the right to cancel the event and refund nominations. Swimming Gold Coast also reserves the right, on the day, to combine heats and / or events.</p>
<p>Rules</p>	<p>This meet will be conducted under the rules as documented within: "Swimming Queensland General Rules", "Swimming Queensland Championship By-Laws", "FINA" and "Swimming Australia Limited" rules.</p> <p>Competitors in the first two events should be behind the blocks in the self-marshalling zone (holding area) prior to the scheduled starting time of the session. In addition, all competitors should be in the self-marshalling zone (holding area) 4 heats prior to their own heat for events up to 200m and 2 heats for 400m and over events.</p> <p>All events of 400m and over (400m IM, 400m Free, 800m Free and 1500m Free) require swimmers (or their Coach / Team Manager) to confirm their intention to swim at the Help Desk a minimum of one hour prior to the published start time of the relevant event. Failure to confirm their intention to swim may be taken as a withdrawal. Confirmed swimmers should then follow the self-marshalling procedures.</p> <p>Swimmers competing in the 800m and 1500m Freestyle events MUST provide details of their lap counter whilst checking in at the help desk. Swimmers will not be able to check-in without confirmation of an organised lap counter.</p> <p>Queries regarding any disqualification MUST be made by a club coach or club official only. Technical officials will not be made available to any parents / spectators regarding swimmer disqualification.</p>
<p>Backstroke Ledges</p>	<p>Backstroke ledges will not be used at this meet.</p>
<p>Meet Mobile</p>	<p>Results will be published throughout this meet to the Meet Mobile application.</p> <p>Please note:</p> <ul style="list-style-type: none"> • Results published via Meet Mobile ARE NOT OFFICIAL and should be used as a guide only. • Official meet results are printed by officials during all meets and posted in a prominent position. <p>Official results are published within 48hrs of the completion of a meet on the Swimming Gold Coast website and Swim Central.</p>
<p>Results</p>	<p>No Swimming Gold Coast club point score will be in place.</p> <p>Age Champions will not be recognised for this meet.</p> <p>No medals will be awarded at this meet.</p> <p>This meet is an opportunity for swimmers to commence their short course season with an aim to achieve qualifying times for higher pathway events, such as the SGC SC Championships (July), SQ SC Championships (August), Swimming Australia SC Championships (August) as well as for further LC events in the calendar.</p>



Volunteers	<p>The following volunteer roles will be allocated to clubs on Monday 13th June 2022 after the closing of nominations. Please register your interest with your club.</p> <ul style="list-style-type: none"> • Timekeepers (2 per lane) • Chief Timekeepers (1) • Catering Distributors (1) • Results Runners (1)
Photography & images	<p>In nominating for this meet, swimmers agree that they may be photographed by Swimming Queensland and/or Swimming Gold Coast approved photographers. Any images may be displayed for viewing and purchasing on site during the Meet and on the photographer's secure website after the Meet. They may also be used by Swimming Queensland, Swimming Gold Coast and affiliated clubs at their discretion.</p>
Food	<p>Swimming Gold Coast will be hosting a BBQ throughout the day. A detailed menu will be provided on the last page of the meet program.</p> <p>Also, Café Catalina will be open to swimmers and spectators throughout the day.</p>
Technical Officials	<p>All technical officials will be contacted to register their availability to officiate.</p> <p>Any persons interested in learning about the possibilities of becoming a Technical Official, please make contact with the Swimming Gold Coast Chief Referee Sharon Wicking at: chiefreferee@swimminggoldcoast.org.au for communication on the opportunities available and any training requirements.</p>
Further Communication	<p>In the week preceding the meet, further information will be provided to all attendees. This will include entry list, timeline, meet program containing a facility map, seating requirements and any further information, as required.</p>
Pool Compliance	<p>The Gold Coast Aquatic Centre has undertaken compliance testing and met all current competitive pool standards, as set by Swimming Australia. Gold Coast pool certifications can be viewed here.</p>
Code of Conduct	<p>By entering this swim meet all swimmers and attendees agree to adhere to the Swimming Gold Coast code of conduct. The code of conduct can be found at the following link. CODE OF CONDUCT LINK</p>
Force Majeure	<p>In the case of force majeure preventing or resulting in the 2022 SGC Winter Preparation Meet being cancelled, refund of event registration fees will be at the discretion of the SGC management committee.</p>
Copy of results	<p>A copy of results will be available on our website https://goldcoast.swimming.org.au/</p>

For any enquiries, please contact:

- Karen Meyer - racesecretary@swimminggoldcoast.org.au

No manual TM entry files will be accepted

- Payment **MUST BE COMPLETED** during event registration via the swim central online entries process. You will receive a purchase order confirmation from Swim Central as proof of entry.



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Program of Events
Saturday 18th June 2022

Event No. Boys	Event	Event No. Girls
1	12yrs & over 200m Freestyle	2
3	12yrs & over 100m IM	4
5	12yrs & over 200m Butterfly	6
7	12yrs & over 100m Backstroke	8
9	12yrs & over 400m IM	10
11	12yrs & over 200m Breaststroke	12
13	12yrs & over 100m Butterfly	14
15	12yrs & over 400m Freestyle	16
17	12yrs & over 200m Backstroke	18
19	12yrs & over 100m Freestyle	20
21	12yrs & over 200m IM	22
23	12yrs & over 100m Breaststroke	24
25	12yrs & over 800m Freestyle	26
27	13yrs & over 1500m Freestyle	28

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Qualifying Times

Event No. Boys	Event	Event No. Girls
3:20.00	12yrs & over 200m Butterfly	3:20.00
6:45.00	12yrs & over 400m IM	6:45.00
3:40.00	12yrs & over 200m Breaststroke	3:40.00
5:55.00	12yrs & over 400m Freestyle	5:55.00
3:20.00	12yrs & over 200m Backstroke	3:20.00
11:30.00	12yrs & over 800m Freestyle	11:30.00
21:00.00	13yrs & over 1500m Freestyle	21:00.00

Note:

- In the 400m IM – If you have a PB in the 200m IM of 3:00.00 or less, you will be able to enter manually.
- In the 400m Free – if you have a PB in the 200m free of 2:40.00 or less, you will be able to enter manually.
- In the 800m Free – if you have a QT from the 400m free, you will be able to enter manually.
- In the 1500m Free – if you have a QT from the 800m free, you will be able to enter manually.