

SGC Championships – Program of Events

Will be split over three (3) sessions – Friday night, Saturday and Sunday



Session 1 – Friday Night

Event No. Girls	Event Details	Event No. Boys
1	Open 200m Individual Medley - Multi-Class	2
3	10yrs & over 200m Individual Medley	4
5	10yrs & over 100m Butterfly	6
7	Open 100m Butterfly – Multi-Class	8
9	11yrs & over 200m Breaststroke	10
11	11yrs & over 400m Freestyle	12

Session 2 – Saturday Afternoon / Evening

Event No. Girls	Event Details	Event No. Boys
13	13yrs & over 1500m Freestyle	14
15	10yrs & over 100m Breaststroke	16
17	Open 100m Breaststroke – Multi-Class	18
19	11yrs & over 200m Butterfly	20
21	10-11yrs 50m Backstroke	22
23	12yrs & over 50m Backstroke	24
25	Open 50m Backstroke – Multi-Class	26
27	10yrs & over 200m Freestyle	28
29	Open 200m Freestyle – Multi-Class	30
31	10-11yrs 100m Backstroke	32
33	12yrs & over 100m Backstroke	34
35	Open 100m Backstroke – Multi-Class	36
37	10yrs & over 50m Freestyle	38

Session 3 – Sunday Day

Event No. Girls	Event Details	Event No. Boys
39	12yrs & over 800m Freestyle	40
41	8-9yrs 50m Freestyle	42
43	Open 50m Freestyle - Multi-Class	44
45	8yrs-9yrs 50m Backstroke	46
47	11yrs & over 200m Backstroke	48
49	Open 50m Breaststroke - Multi-Class	50
51	8yrs & over 50m Breaststroke	52
53	11yrs & over 400m Individual Medley	54
55	Open 50m Butterfly - Multi-Class	56
57	8yrs & over 50m Butterfly	58
59	Open 100m Freestyle - Multi-Class	60
61	10yrs & over 100m Freestyle	62

No QT's for 8 and 9 year old events
No QT's for Multi-Class events.



SGC Championship – Qualifying Times

Event	Age (Girls)						
	10yrs	11yr	12yrs	13yrs	14yrs	15yrs	16 & Over
50m Freestyle	38.50	35.50	34.00	32.50	31.50	30.50	30.00
100m Freestyle	1:25.00	1:20.00	1:18.00	1:15.00	1:12.00	1:09.00	1:07.00
200m Freestyle	3:00.00	2:50.00	2:45.00	2:40.00	2:35.00	2:30.00	2:25.00
400m Freestyle		5:45.00	5:35.00	5:25.00	5:15.00	5:05.00	4:55.00
800m Freestyle			11:20.00	11:00.00	10:40.00	10:20.00	10:10.00
1500m Freestyle				19:40.00	19:15.00	19:00.00	18:45.00
50m Backstroke	46.00	42.00	40.00	39.00	37.50	36.00	35.00
100m Backstroke	1:45.00	1:35.00	1:32.00	1:28.00	1:24.00	1:22.00	1:20.00
200m Backstroke		3:15.00	3:12.00	3:05.00	3:00.00	2:55.00	2:50.00
50m Breaststroke	52.00	48.00	45.00	43.00	42.00	41.00	40.00
100m Breaststroke	1:55.00	1:50.00	1:45.00	1:40.00	1:36.00	1:32.00	1:30.00
200m Breaststroke		3:30.00	3:25.00	3:20.00	3:15.00	3:10.00	3:08.00
50m Butterfly	46.00	42.00	39.00	37.00	35.50	34.00	33.00
100m Butterfly	1:45.00	1:36.00	1:31.00	1:26.00	1:22.00	1:20.00	1:18.00
200m Butterfly		3:20.00	3:10.00	3:00.00	2:55.00	2:50.00	2:45.00
200m Individual Medley	3:30.00	3:20.00	3:12.00	3:05.00	2:58.00	2:52.00	2:47.00
400m Individual Medley		6:30.00	6:25.00	6:15.00	6:00.00	5:55.00	5:50.00

Event	Age (Boys)						
	10yrs	11yr	12yrs	13yrs	14yrs	15yrs	16 & Over
50m Freestyle	38.50	35.50	33.00	31.50	30.50	29.00	27.50
100m Freestyle	1:25.00	1:20.00	1:15.00	1:12.00	1:08.00	1:05.00	1:02.00
200m Freestyle	3:00.00	2:50.00	2:40.00	2:35.00	2:30.00	2:22.00	2:15.00
400m Freestyle		5:45.00	5:30.00	5:20.00	5:00.00	4:50.00	4:40.00
800m Freestyle			11:15.00	10:50.00	10:30.00	10:10.00	10:00.00
1500m Freestyle				19:20.00	19:00.00	18:30.00	18:00.00
50m Backstroke	46.00	42.00	40.00	38.00	36.00	34.50	33.00
100m Backstroke	1:45.00	1:35.00	1:31.00	1:25.00	1:22.00	1:19.00	1:16.00
200m Backstroke		3:05.00	3:00.00	2:55.00	2:50.00	2:45.00	2:40.00
50m Breaststroke	52.00	48.00	45.00	42.00	40.00	38.00	37.00
100m Breaststroke	1:50.00	1:45.00	1:40.00	1:35.00	1:32.00	1:28.00	1:24.00
200m Breaststroke		3:25.00	3:20.00	3:10.00	3:00.00	2:55.00	2:50.00
50m Butterfly	46.00	41.00	37.50	35.00	33.00	31.50	30.00
100m Butterfly	1:45.00	1:35.00	1:26.00	1:20.00	1:17.00	1:14.00	1:12.00
200m Butterfly		3:15.00	3:05.00	2:58.00	2:50.00	2:42.00	2:38.00
200m Individual Medley	3:25.00	3:15.00	3:10.00	2:58.00	2:50.00	2:45.00	2:40.00
400m Individual Medley		6:25.00	6:20.00	6:10.00	5:50.00	5:40.00	5:30.00