

Helensvale Junior Sprint Meet

Date	29th August 2026
Time	Gates open at: 12noon Warmup commences 12noon Competition commences 1.00pm
Venue	Helensvale Aquatic Centre Rugby Lane Helensvale QLD 4212
Warmup	Dive starts will be allocated for Lanes 1 and 8.
Gate Entry	\$4.00 for spectators. Competitors, Coaches and officials free
Nomination Fee	\$35.00 plus online fees which includes 5 events and Swimming Gold Coast Technical Fee of \$2.50 per swimmer. In the case that the meet is cancelled because of the weather, Helensvale Swimming Club reserves the right to not refund the entry fees. <u>Includes electronic program</u> <u>Printed programs will be provided for nominated officials</u>
Nominations Close	24 th August 2026 at 11.59pm - No Refunds will be given once entries have closed – Currently No Restriction on number of swimmers.
Age Determination	Age as at 29 th August 2026
Entries	All entries must be submitted through Swim Central or requests via your Club's Race Secretary. There is a 3 hour cap on this event and swimmers can swim a maximum of 5 events which are all included in the entry fee. 6 & 7 year olds will be automatically entered into the kickboard race.
Eligibility	This Meet is for Swimming Australia 'Competitive' registered swimmers. 'Recreational' swimmers are ineligible to enter.
Events	As per below Program of Events. Heats only will be swum in each event. If less than 3 nominations are received for an event, the club reserves the right to cancel the event and refund nominations. The club also reserves the right, on the day, to combine heats and events.
Late Entries	Late entries will be accepted at the discretion of the Race Secretary and a discretionary fee of \$50 per event can be applied. All enquiries regarding these entries <u>MUST</u> only come through the attending club's Race Secretary and not through individuals.
Collections of Awards	Collection of medals/prizes is the responsibility of each swimmer. Medals/prizes not collected by the end of the meet will not be redeemed.
Visiting Swimmers	Refer to Swimming Queensland policy.

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Results	Age Champions will be recognised with a trophy. In the case of a tie on points the swimmer with the best placing in the IM event, will be awarded Age Champion. 1st, 2nd and 3rd placings will be determined from the OFFICIAL TIMES swam in the heats. Ribbons will be awarded for each event except for the 25m Rule Tolerance Events where participation ribbons will be awarded to all Freestyle participants.
Rules	This event will be conducted under: the Swimming Queensland General Rules, SQ Championship By-Laws, FINA and SAL rules Competitors in the first two events should be in the marshalling area 10 minutes prior to the scheduled starting time of the session. In addition, competitors should be in the marshalling area at least two events ahead of the event in progress. All attendees must abide by SGC Code of Conduct.
Timekeepers	Timekeepers will be required to be provided by each club. A timekeeping schedule will be provided at a ratio dependant on the number of swimmers attending.
Photography & Images	In nominating for this Meet, swimmers agree that: • They may be photographed by Swimming Queensland, Swimming Gold Coast and the Club approved photographers, • The images may be displayed for viewing and purchasing on site during the Meet and on the photographer's secure website after the Meet, and • They may also be used by Swimming Queensland, Swimming Gold Coast and the Club at its discretion.
Meet Mobile	Results may be published in near real time during this meet at the clubs discretion via the Meet Mobile application. Please note: • Results published via Meet Mobile ARE NOT OFFICIAL and should be used as a guide only. • Official meet results are printed by officials during all meets and posted in a prominent position. • Official results are also published within 24hrs of the completion of a meet upon the Swimming Gold Coast website event pages and later on SAL Results Central
Copy of Results	A copy of official results will be available on the event pages of the website www.swimminggoldcoast.org.au and forwarded to Swimming Queensland.
Pool Compliance	The Gold Coast Aquatic Centre has undertaken compliance testing and met all current competitive pool standards, as set by Swimming Australia. The certification can be viewed here.
Competitive Dive Entry	All swimming competitors and/or their parents, accept that, by nominating for this event, that they have read and understand Swimming Australia's "Dive Entry for Competitive Swimming Policy" and the swimmer(s) meet the dive competency levels outlined in that policy. This policy can be found here.

Helensvale Swimming Club

Helensvale Junior Sprint Meet - 29/08/2026**Event List-By Event Number****Event # Event Name****Event # Event Name**

		32	Boys 9 Year Olds 50 Backstroke
1	Girls 6 & Under 25 Freestyle	33	Girls 10 Year Olds 50 Backstroke
2	Boys 6 & Under 25 Freestyle	34	Boys 10 Year Olds 50 Backstroke
3	Girls 7 Year Olds 25 Freestyle	35	Girls 11 Year Olds 50 Backstroke
4	Boys 7 Year Olds 25 Freestyle	36	Boys 11 Year Olds 50 Backstroke
5	Girls 8 Year Olds 50 Freestyle	37	Girls 6 & Under 25 Breaststroke
6	Boys 8 Year Olds 50 Freestyle	38	Boys 6 & Under 25 Breaststroke
7	Girls 9 Year Olds 50 Freestyle	39	Girls 7 Year Olds 25 Breaststroke
8	Boys 9 Year Olds 50 Freestyle	40	Boys 7 Year Olds 25 Breaststroke
9	Girls 10 Year Olds 50 Freestyle	41	Girls 8 Year Olds 50 Breaststroke
10	Boys 10 Year Olds 50 Freestyle	42	Boys 8 Year Olds 50 Breaststroke
11	Girls 11 Year Olds 50 Freestyle	43	Girls 9 Year Olds 50 Breaststroke
12	Boys 11 Year Olds 50 Freestyle	44	Boys 9 Year Olds 50 Breaststroke
13	Girls 6 & Under 25 Butterfly	45	Girls 10 Year Olds 50 Breaststroke
14	Boys 6 & Under 25 Butterfly	46	Boys 10 Year Olds 50 Breaststroke
15	Girls 7 Year Olds 25 Butterfly	47	Girls 11 Year Olds 50 Breaststroke
16	Boys 7 Year Olds 25 Butterfly	48	Boys 11 Year Olds 50 Breaststroke
17	Girls 8 Year Olds 50 Butterfly	49	Girls 6 & Under 25m Kickboard Race
18	Boys 8 Year Olds 50 Butterfly	50	Boys 6 & Under 25m Kickboard Race
19	Girls 9 Year Olds 50 Butterfly	51	Girls 7 Year Olds 25m Kickboard Race
20	Boys 9 Year Olds 50 Butterfly	52	Boys 7 Year Olds 25m Kickboard Race
21	Girls 10 Year Olds 50 Butterfly	53	Girls 8 Year Olds 100 IM
22	Boys 10 Year Olds 50 Butterfly	54	Boys 8 Year Olds 100 IM
23	Girls 11 Year Olds 50 Butterfly	55	Girls 9 Year Olds 100 IM
24	Boys 11 Year Olds 50 Butterfly	56	Boys 9 Year Olds 100 IM
25	Girls 6 & Under 25 Backstroke	57	Girls 10 Year Olds 100 IM
26	Boys 6 & Under 25 Backstroke	58	Boys 10 Year Olds 100 IM
27	Girls 7 Year Olds 25 Backstroke	59	Girls 11 Year Olds 100 IM
28	Boys 7 Year Olds 25 Backstroke	60	Boys 11 Year Olds 100 IM
29	Girls 8 Year Olds 50 Backstroke		
30	Boys 8 Year Olds 50 Backstroke		
31	Girls 9 Year Olds 50 Backstroke		