



2026 Swimming Gold Coast Short Course Championships

Program of Events

Saturday 18th July 2026

Event No.	Event	Event No. Girls
1	11yrs & over 200m Butterfly	2
3	8yrs – 11yrs 50m Backstroke	4
5	12yrs & over 50m Backstroke	6
7	Open 50m Backstroke – Multi-Class	8
9	12yrs & over 400m Individual Medley	10
11	8yrs – 9yrs 50m Breaststroke	12
13	10yrs – 11yrs 100m Backstroke	14
15	12yrs & over 100m Backstroke	16
17	Open 50m Butterfly – Multi-Class	18
19	8yrs & over 50m Butterfly	20
21	11yrs & over 200m Freestyle	22
23	Open 200m Freestyle – Multi-Class	24
25	8yrs & over 100m Individual Medley	26
27	Open 100m Individual Medley – Multi-Class	28
29	10yrs & over 100m Breaststroke	30
31	8yrs – 9yrs 50m Freestyle	32
33	12yrs & Over 800m Freestyle	34

Sunday 19th July 2026

Event No. Boys	Event Details	Event No. Girls
35	11yrs & over 200m Individual Medley	36
37	10yrs & over 50m Freestyle	38
39	Open 50m Freestyle - Multi-Class	40
41	11yrs & over 200m Backstroke	42
43	10yrs & over 50m Breaststroke	44
45	Open 50m Breaststroke – Multi-Class	46
47	11yrs & over 400m Freestyle	48
49	10yrs & over 100m Butterfly	50
51	11yrs & over 200m Breaststroke	52
53	Open 100m Freestyle – Multi-Class	54
55	10yrs & over 100m Freestyle	56
57	13yrs & over 1500m Freestyle	58



2026 SGC Short Course Championships

Qualifying Times

There are no qualifying times for Multi-Class events

There are no qualifying times for 8-9yr old events

Event	Age (Girls)						
	10yrs	11yr	12yrs	13yrs	14yrs	15yrs	16 & Over
50m Freestyle	38.00	36.50	34.00	32.50	31.50	30.50	30.00
100m Freestyle	1:25.00	1:20.00	1:16.00	1:13.00	1:10.50	1:07.50	1:05.00
200m Freestyle		2:50.00	2:40.00	2:36.00	2:33.00	2:26.00	2:20.00
400m Freestyle		5:50.00	5:30.00	5:20.00	5:10.00	5:00.00	4:50.00
800m Freestyle			11:00.00	11:00.00	10:40.00	10:20.00	10:00.00
1500m Freestyle				19:20.00	19:00.00	18:45.00	18:30.00
50m Backstroke	47.00	45.00	41.00	39.00	37.50	36.00	35.00
100m Backstroke	1:42.00	1:35.00	1:28.00	1:24.00	1:22.00	1:19.00	1:16.00
200m Backstroke			3:00.00		2:52.50	2:46.00	2:42.00
50m Breaststroke	52.00	50.00	45.00	43.00	42.00	41.00	40.00
100m Breaststroke	1:50.00	1:46.00	1:41.00	1:37.00	1:33.00	1:29.00	1:25.00
200m Breaststroke			3:20.00		3:12.00	3:05.00	3:00.00
50m Butterfly	47.00	43.00	40.00	37.50	35.50	34.00	33.00
100m Butterfly	1:42.00	1:34.00	1:28.00	1:24.00	1:19.00	1:17.50	1:15.00
200m Butterfly			3:02.00		2:50.00	2:45.00	2:40.00
100m Individual Medley	1:40.00	1:30.00	1:25.00	1:22.50	1:20.00	1:17.50	1:15.00
200m Individual Medley		3:16.00	3:06.00	3:00.00	2:52.50	2:45.00	2:40.00
400m Individual Medley			6:15.00		6:00.00	5:50.00	5:40.00

Event	Age (Boys)						
	10yrs	11yr	12yrs	13yrs	14yrs	15yrs	16 & Over
50m Freestyle	38.00	36.50	33.00	31.50	30.00	28.50	27.00
100m Freestyle	1:25.00	1:20.00	1:15.00	1:10.00	1:06.00	1:03.00	1:00.00
200m Freestyle		2:50.00	2:35.00	2:28.00	2:22.00	2:16.00	2:10.00
400m Freestyle		5:50.00	5:30.00	5:15.00	4:55.00	4:40.00	4:30.00
800m Freestyle			11:00.00		10:30.00	10:00.00	9:50.00
1500m Freestyle				19:20.00	18:50.00	18:20.00	18:00.00
50m Backstroke	47.00	45.00	40.00	38.00	36.00	34.50	33.00
100m Backstroke	1:42.00	1:33.00	1:28.00	1:24.00	1:20.00	1:15.00	1:12.00
200m Backstroke			2:56.00		2:45.00	2:40.00	2:35.00
50m Breaststroke	52.00	50.00	45.00	42.00	40.00	38.00	37.00
100m Breaststroke	1:50.00	1:44.00	1:37.00	1:32.00	1:27.00	1:23.50	1:20.00
200m Breaststroke			3:20.00		3:00.00	2:50.00	2:45.00
50m Butterfly	47.00	43.00	39.00	36.00	33.50	31.50	30.00
100m Butterfly	1:42.00	1:32.00	1:23.00	1:18.00	1:14.00	1:11.00	1:08.00
200m Butterfly			3:00.00		2:45.00	2:38.00	2:33.00
100m Individual Medley	1:40.00	1:30.00	1:24.00	1:20.00	1:17.50	1:14.00	1:10.00
200m Individual Medley		3:15.00	3:02.50	2:50.00	2:43.00	2:38.00	2:32.50
400m Individual Medley			6:10.00		5:50.00	5:35.00	5:25.00