

Helensvale LC Dual Meet 2026

Date	19th September 2026
Time	Junior Session Gates open at: 8am Warmup commences 8.00 am Competition commences 9.00am Senior Session Warmup TBA Competitions Commences TBA expect around 12.30pm
Venue	Somerset College Aquatic Centre Somerset Drive, Mudgeeraba 4213
Warmup	Dive starts will be allocated for Lanes 0 and 9, warmup will finish at 8.45am.
Gate Entry	\$4.00 for spectators. Competitors, Coaches and officials free
Nomination Fee	\$10.00 per event plus online charges and \$2.50 Regional Fee for each swimmer. . In the case that the meet is cancelled because of the weather, Helensvale Swimming Club reserves the right to not refund the entry fees. <u>Includes electronic program</u> <u>Printed programs will be provided for nominated officials</u>
Nominations Close	13 th September 2026 at 11.59pm - No Refunds will be given once entries have closed – Currently No Restriction on number of swimmers.
Age Determination	Age as at 19 th September 2026
Entries	All entries must be submitted through Swim Central or requests via your Club's Race Secretary. There is a 3 hour cap on session 1 and a 5 hour cap on session 2. Swimmers can swim a maximum of 6 events.
Eligibility	This Meet is for Swimming Australia 'Competitive' registered swimmers. 'Recreational' swimmers are ineligible to enter.
Events	As per below Program of Events. Heats only will be swum in each event. If less than 3 nominations are received for an event, the club reserves the right to cancel the event and refund nominations. The club also reserves the right, on the day, to combine heats and events.
Late Entries	Late entries will be accepted at the discretion of the Race Secretary and a discretionary fee of \$50 per event can be applied. All enquiries regarding these entries MUST only come through the attending club's Race Secretary and not through individuals.
Collections of Awards	Collection of medals/prizes is the responsibility of each swimmer. Medals/prizes not collected by the end of the meet will not be redeemed.
Visiting Swimmers	Refer to Swimming Queensland policy.

Helensvale LC Dual Meet 2026

Results	Age Champions will be not be recognised. 1st, 2nd and 3rd placings will be determined from the OFFICIAL TIMES swam in the heats. Medals will be awarded for 50m & 100m races in the following ages 8,9,10,11,12,13,14,15years & over. In the first session medals will be awarded in individual age groups for 200m events. In session 2 200m & 400m events medals will not be awarded but prize money as \$20 1st, \$15 2nd & \$10 3rd.. Medals and prize money must be collected on the day of the meet.
Rules	This event will be conducted under: the Swimming Queensland General Rules, SQ Championship By-Laws, FINA and SAL rules Competitors in the first two events should be in the marshalling area 10 minutes prior to the scheduled starting time of the session. In addition, competitors should be in the marshalling area at least two events ahead of the event in progress. All attendees must abide by SGC Code of Conduct.
Timekeepers	Timekeepers will be required to be provided by each club. A timekeeping schedule will be provided at a ratio dependant on the number of swimmers attending.
Photography & Images	In nominating for this Meet, swimmers agree that: • They may be photographed by Swimming Queensland, Swimming Gold Coast and the Club approved photographers, • The images may be displayed for viewing and purchasing on site during the Meet and on the photographer's secure website after the Meet, and • They may also be used by Swimming Queensland, Swimming Gold Coast and the Club at its discretion.
Meet Mobile	Results may be published in near real time during this meet at the clubs discretion via the Meet Mobile application. Please note: • Results published via Meet Mobile ARE NOT OFFICIAL and should be used as a guide only. • Official meet results are printed by officials during all meets and posted in a prominent position. • Official results are also published within 24hrs of the completion of a meet upon the Swimming Gold Coast website event pages and later on SAL Results Central
Copy of Results	A copy of official results will be available on the event pages of the website www.swimminggoldcoast.org.au and forwarded to Swimming Queensland.
Pool Compliance	The Somerset College Aquatic Centre has undertaken compliance testing and met all current competitive pool standards, as set by Swimming Australia. The certification can be viewed here.
Competitive Dive Entry	All swimming competitors and/or their parents, accept that, by nominating for this event, that they have read and understand Swimming Australia's "Dive Entry for Competitive Swimming Policy" and the swimmer(s) meet the dive competency levels outlined in that policy. This policy can be found here.
	For any further enquiries regarding this meet please contact: Race Secretary: Jon cook joncook@rackleyswimming.com.au

Helensvale LC Dual Meet 2026

Program of Events

	Session 1
1	Boys 10-11 100 Freestyle
2	Girls 10-11 100 Freestyle
3	Boys 8-11 50 Breaststroke
4	Girls 8-11 50 Breaststroke
5	Boys 10-11 100 Butterfly
6	Girls 10-11 100 Butterfly
7	Boys 8-11 50 Backstroke
8	Girls 8-11 50 Backstroke
9	Boys 10-11 200 IM
10	Girls 10-11 200 IM
11	Boys 10-11 100 Breaststroke
12	Girls 10-11 100 Breaststroke
13	Boys 8-11 50 Freestyle
14	Girls 8-11 50 Freestyle
15	Boys 10-11 100 Backstroke
16	Girls 10-11 100 Backstroke
17	Boys 8-11 50 Butterfly
18	Girls 8-11 50 Butterfly
19	Boys 10-11 200 Freestyle
20	Girls 10-11 200 Freestyle

Helensvale LC Dual Meet 2026

	Session 2
21	Boys 12 & Over 200 Freestyle
22	Girls 12 & Over 200 Freestyle
23	Boys 12 & Over 50 Butterfly
24	Girls 12 & Over 50 Butterfly
25	Boys 12 & Over 100 Breaststroke
26	Girls 12 & Over 100 Breaststroke
27	Boys 12 & Over 200 Backstroke
28	Girls 12 & Over 200 Backstroke
29	Boys 12 & Over 50 Freestyle
30	Girls 12 & Over 50 Freestyle
31	Boys 12 & Over 100 Butterfly
32	Girls 12 & Over 100 Butterfly
33	Boys 12 & Over 200 Breaststroke
34	Girls 12 & Over 200 Breaststroke
35	Boys 12 & Over 400 IM
36	Girls 12 & Over 400 IM
37	Boys 12 & Over 50 Backstroke
38	Girls 12 & Over 50 Backstroke
39	Boys 12 & Over 100 Freestyle
40	Girls 12 & Over 100 Freestyle
41	Boys 12 & Over 200 Butterfly
42	Girls 12 & Over 200 Butterfly
43	Boys 12 & Over 50 Breaststroke
44	Girls 12 & Over 50 Breaststroke
45	Boys 12 & Over 100 Backstroke
46	Girls 12 & Over 100 Backstroke
47	Boys 12 & Over 200 IM
48	Girls 12 & Over 200 IM
49	Boys 12 & Over 400 Freestyle
50	Girls 12 & Over 400 Freestyle