

2026 Miami Dual Meet

Program of Events

SESSION 1

FINALS

Event No.	Event - Mixed	
1	12yrs & over 400 IM	
2	12yrs & over 800m Freestyle	
3	12yrs & over 1500m Freestyle	

HEATS

Event No. Girls	Heats - Event	Event No. Boys
4	11yrs & over 200m Freestyle	5
6	12yrs & over 100m Backstroke	7
8	11yrs & over 200m Butterfly	9
10	12yrs & over 50m Freestyle	11
12	12yrs & over 100m Breaststroke	13
14	11yrs & over 200m Backstroke	15
16	12yrs & over 100m Freestyle	17
18	12yrs & over 100m Butterfly	19
20	11yrs & over 200m Breaststroke	21
22	12yrs & over 400m Freestyle	23

SESSION 2

Event No. Girls	Event	Event No. Boys
30	9 - 11yrs 100m Freestyle	31
32	8 - 11yrs 50m Backstroke	33
34	9 - 11yrs 100m Breaststroke	35
36	8 - 11yrs 50m Freestyle	37
38	9 - 11yrs 100m Butterfly	39
40	10 - 11yrs 200m Freestyle	41
42	8 - 11yrs 50m Breaststroke	43
44	9 - 11yrs 100m Backstroke	45
46	10 - 11yrs 200m IM	47
48	8 - 11yrs 50m Butterfly	49

SESSION 3

FINALS

Event No. Girls	Event	Event No. Boys
4A	12yrs & over 200m Freestyle	5A
6A	12yrs & over 100m Backstroke	7A
8A	12yrs & over 200m Butterfly	9A
10A	12yrs & over 50m Freestyle	11A
12A	12yrs & over 100m Breaststroke	13A
14A	12yrs & over 200m Backstroke	15A
16A	12yrs & over 100m Freestyle	17A
18A	12yrs & over 100m Butterfly	19A
20A	12yrs & over 200m Breaststroke	21A
22A	12yrs & over 400m Freestyle	23A

NOTE: All finals will be swum in Age brackets as follows: 12-13yrs, 14-15yrs and 16yrs & over

Once the FINAL in each event is announced swimmers have 30 minutes to withdraw from the final. If a swimmer fails to withdraw and does not turn up for the FINAL their club will be fined the sum of \$50 for non-attendance by Swimming Gold Coast.