



# 2026 SGC National Preparation Meet

Saturday 21<sup>st</sup> & Sunday 22<sup>nd</sup> February 2026

Gold Coast Aquatic Centre

Saturday

Warm-up 11:00am

Racing 12:00pm

Sunday

Warm-up 11:15am

Racing 12:15pm

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Swimming Gold Coast sincerely welcomes all competitors, coaches, team managers, volunteers and technical officials to the 2026 Swimming Gold Coast National Preparation Meet, held at the Gold Coast Aquatic Centre on Saturday 21<sup>st</sup> January and Sunday 22<sup>nd</sup> February 2026.

**Swimming Gold Coast encourages participants of this meet to head to the Gold Coast Aquatic Centre to watch and support our incredible para-athletes from Australia, as well as our visiting swimmers from around the world. This is a great opportunity to encourage these incredible athletes right here on the Gold Coast. The World Para Heats start from 9:30am on Friday 20<sup>th</sup>, Saturday 21<sup>st</sup> and Sunday 22<sup>nd</sup> February, with finals commencing from 5:30pm each day.**

**The SGC National Preparation Meet will be conducted between the World Para Series Heats and Finals, so are timelines may need to be somewhat fluid, however, at this point in time, we will be starting as per original timing on Saturday, with a slight 15 min delay on Sunday, with warm-up coming from 11:15am and racing from 12:15pm.**

**NOTE: clubs can alternate their volunteers throughout the sessions as they see fit.**

**Swimming Gold Coast would like to thank** the following for their support and contributions to this meet and swimming on the Gold Coast in general.

- Gold Coast Aquatic Centre for hosting our meet and the Gold Coast City Council for their ongoing support.
- Our Clubs, their committee members, coaches, club team managers and volunteers who enable swim clubs to continue to promote this great sport on the Gold Coast.
- All our Officials & Committee members who volunteer their time to make it possible to run our Championship meets on the Gold Coast.
- Volunteers are vital to grass roots sport and SGC would also like to thank the volunteers that will timekeep, run results, announce, and keep everyone fed throughout the weekend.
- SGC would also like to thank all parents who drive, feed, support, congratulate and encourage their swimmers.
- And mostly, the swimmers. Thank you for your hard work, dedication and effort in becoming better people, whilst gaining lifetime memories and friendships through your participation and fulfilment of your potential in the pool.

## Notes for the meet

1. This meet will be conducted under the Swimming Queensland General Rules, SQ Championship By-Laws, World Aquatics and SAL rules.
2. All competitors must at the time of competing, be a registered Competitive Member of a Swimming Club, which is duly affiliated, with both its Regional and State bodies.
3. The age of competitors shall be as of the 21<sup>st</sup> February 2026.
4. By entering this swim meet all swimmers and attendees agree to adhere to the Swimming Gold Coast code of conduct. The code of conduct can be found at the following link. [CODE OF CONDUCT LINK](#).
5. On the day late entries will **NOT** be accepted, under any circumstances.
6. Saturday warm-up commences at 11:00am with the first race starting at midday. Sunday warm-up commences at 11:15am and the first race will commence at 12:15pm.
7. Dive starts and pace work during warm-up will be allocated for Lane 0 and Lane 9 from the start end.
8. After the commencement of the meet, we have been allocated 3 lanes in the 50m training pool been allocated for a warm-up / warm-down swimming area from 11am until 4pm both days.
9. **All events of 400m and over (400m IM, 400m Free, 800m Free and 1500m Free) require swimmers (or their Coach / Team Manager) to confirm their intention to swim using the QR Code or at the Help Desk a minimum of one hour prior to the published start time of the relevant event. Failure to confirm their intention to swim WILL be taken as a withdrawal and you WILL be removed from the event. Confirmed swimmers should then follow the self-marshalling procedures. QR Code can be found at the end of the Meet Information, before the event program.**
10. If events are reseeded, swimmers will be notified by an announcement and must make their way to the help desk to be informed of the new heat and lane allocations.
11. Swimmers competing in the 800m Freestyle events MUST provide their own lap counter.
12. Swimmers competing in the 1500m Freestyle events MUST provide their own lap counter and a minimum of one timekeeper.
13. The Pool Deck area **must be kept clear** to enable all officials to carry out their duties, safely during the running of the Meet.
  - No person, other than swimmers, officials and timekeepers shall walk on the pool deck between the pool end and the diving pool.
  - No person shall walk along the poolside during any event.
  - No person shall enter the water between races unless instructed to do so by an official.
14. Heats may be combined at the discretion of the Referee.
15. The start rule used at this meet will be the 'one start' rule.
16. Self Marshalling will be used for this meet and swimmers will need to be in the self-marshalling zone at least 2 heats prior to the commencement of their heat for 200m events and over or 4 events prior for 100m events. All clubs are advised to provide team managers to assist their swimmers keep track of proceedings and to be in the self-marshalling zone at the appropriate time.
17. The Referee will call the swimmers to their position on their blocks with a long whistle blast.
18. For backstroke events swimmers will enter the water, feet first, on the first long whistle blast. Upon the second whistle, swimmers will assume their starting positions.



19. Backstroke ledges will be available at this meet.
20. The Starter will call "take your marks"; the swimmers will assume their starting positions and remain stationary until the starting device is sounded.
21. Any swimmer may be disqualified if he/she delays the start or willfully disobeys an instruction from the Starter.
22. At the completion of each heat, the swimmers must remain in their lanes, within the water, until all competitors in the race have finished. Swimmers will then leave the water at the direction of the Referee, with a quick double blast of the whistle, or as directed, **via the side of the pool**.
23. All protests are to be submitted in writing by the responsible team leader together with a \$100 deposit with the Referee no later than 30 minutes after the announcement of the results or disqualifications.
24. The Referee will be the sole arbitrator of all disputes and his/her decision will be final.
25. In nominating for this Meet, swimmers agreed that they may be photographed by Swimming Queensland, Swimming Gold Coast and the Club approved photographers, that the images may be displayed for viewing and purchasing on site during the Meet and on the photographer's secure website after the Meet, and that they may also be used by Swimming Queensland, Swimming Gold Coast and the Club at its discretion.
26. All events are being run as timed finals.

## Awards

27. No medals are being awarded for this meet.
28. No age champions are being recognised at this meet.
29. Results of each event will be displayed on the outside window of the technical officials room. Please do not approach the recording area.
30. Results will also be published in near real time during this meet via the Meet Mobile application. However, please note:
  - Results published via Meet Mobile **ARE NOT OFFICIAL** and should be used as a guide only.
  - Official meet results are printed by officials during this Preparation Meet and posted in a prominent position, as above.
  - Official results will also be published within 48hrs of the completion of this Championship on the Swimming Gold Coast website event pages as well as uploaded to Swim Central.

## What's next on the Gold Coast?

For information on all meets and more, check the [Swimming Gold Coast website](#):

## Participating and Officiating

Have you ever wondered what it takes to be able to help out at a meet? Have you considered what it takes to run an SQ-sanctioned meet? Would you like to participate in your child's sport, and support yours and many other kids as they strive to achieve their best?

Becoming a ticketed official is a simple process. Here on the Gold Coast we are very fortunate to have highly qualified officials who are willing to help you learn. There are many ways you can become involved, from timekeeping, marshalling (Clerk of the course), check starting, announcing, recording, starting, right through to referee. For more information please be sure to talk to one of the Swimming Gold Coast Officials (in the distinctive blue and gold 'Official' shirts) at today's meet or email [chiefreferee@swimminggoldcoast.org.au](mailto:chiefreferee@swimminggoldcoast.org.au).



**SPORT INTEGRITY  
AUSTRALIA**



## NATIONAL INTEGRITY FRAMEWORK

# WHAT IS THE NATIONAL INTEGRITY FRAMEWORK?

The National Integrity Framework is a suite of policies which sets out rules for unacceptable behaviour in your sport and explains the way Complaints about breaches of these rules are managed.

The Framework was developed by the independent government agency Sport Integrity Australia in consultation with sports to keep your sport safe and fair.

The Framework is a set of rules that all members of your sport need to follow when it comes to their behaviour and conduct in your sport.

There are four core policies which make up the National Integrity Framework. These are:

1. Safeguarding Children and Young People Policy
2. Member Protection Policy
3. Competition Manipulation and Sports Gambling Policy
4. Improper Use of Drugs and Medicines Policy

These policies outline what types of behaviour are unacceptable in your sport – these behaviours are called Prohibited Conduct. Prohibited Conduct is an action that is a breach of a policy – for example, bullying is Prohibited Conduct under the Member Protection Policy.

These core policies are underpinned by the Complaints, Disputes and Discipline Policy.

The Complaints, Disputes and Disciplines Policy explains how people who have breached a National Integrity Framework policy are held accountable for doing the wrong thing.

Under this policy, any person or organisation who breaches a policy may be sanctioned. A sanction could range from mandatory education all the way up to a ban from participating in sport.

Under the National Integrity Framework, Sport Integrity Australia can manage all Complaints about discrimination, or any behaviour which might be considered Prohibited Conduct under the Safeguarding Children and Young People Policy.

This means that the majority of Complaints under the National Integrity Framework, including the highest risk and most complex Complaints, will be handled independent of the sport where they occurred.

All other Complaints under the National Integrity Framework can be made to your sport, who will handle these Complaints under the Complaints, Disputes and Discipline Policy.

This means, whether a Complaint is handled by Sport Integrity Australia or your sport, there is a consistent process for handling Complaints.

## What does it mean for me?

As a member of a sport that has signed up to the National Integrity Framework, if someone behaves poorly by breaching one of the Policies, you can make a Complaint about the breach.



If the Complaint is about Safeguarding Children and Young People or Discrimination, you can make the Complaint to Sport Integrity Australia. All other Complaints can be made to your sport.

If the person is found to have breached a policy, they may be sanctioned. Similarly, if you breach a National Integrity Framework policy, you could be sanctioned.

## Issues to Report to Sport Integrity Australia

Anything that may constitute Prohibited Conduct under the **Safeguarding Children and Young People Policy**, or that may constitute **discrimination** based on a protected characteristic, should be reported to Sport Integrity Australia.

This includes conduct such as:

- Misconduct with a child or young person
- Sexual behaviour with or around a child or young person
- Shaming, humiliating, intimidating or belittling a child or young person
- Causing a child or young person physical pain or discomfort
- Breaching the Children and Young People Safe Practices
- Supplying of drugs or alcohol to a child or young person
- Discrimination based on:
  - race or ethnicity
  - age
  - disability
  - sex or sexual orientation
  - religion
- Doping (managed under the sport's Anti-Doping Policy)

You can also report any Prohibited Conduct under the Member Protection policy, **if it involves a child or young person**.

To report Prohibited Conduct, visit [Making an Integrity Complaint or Report](#).

## Issues to Report to your sport

Your sport will manage complaints on all other National Integrity Framework matters, as well as continuing to manage complaints on non-NIF issues.

This includes conduct such as:

- Abuse between adults
- Bullying between adults
- Harassment between adults
- Victimisation of an adult
- Sexual Misconduct between adults
- Match, race or competition fixing and other types of Competition Manipulation
- Supplying inside information for the purposes of gambling
- Betting by members on their own sport
- Unlawful use of over the counter or prescription drugs
- Inappropriate use or provision of supplements
- Use, possession or trafficking of illegal drugs
- Concealing information about Prohibited Conduct
- Selection and eligibility disputes
- Competition Rules disputes
- Code of Conduct breaches
- Social Media Policy breaches
- Governance misconduct
- Employment disputes
- Complaints that are solely a Personal Grievance
- Whistleblower disclosures
- Any conduct that occurred before your sports commencement date
- Any other policies that your sport has

To report any of the above, contact your sport.



## IMPORTANT INFORMATION

In nominating for and competing in the 2026 SGC National Preparation Meet, you have agreed to the [SGC Code of Conduct](#), found on our website. If you are found to be in obvious and reckless breach on any of these terms and conditions, you may be withdrawn from your events and / or asked to leave the facility.

### Venue Access - Entry Procedure

**Entry will be through the main entrance to the Gold Coast Aquatic Centre.**

**On Saturday and Sunday, gates will be open for all attendees from 11.00am. The facility will be open prior to this for World Para Swimming competition, which is an accredited event. PLEASE DO NOT ATTEMPT TO GAIN ENTRY INTO THE FACILITY PRIOR, unless you are hoping to spectate this World Para Swimming event.**

**Entry for all spectators will be \$3.70. (Cashless)**

### Team Managers

Team managers may be utilised by each club to assist swimmers throughout the day, as required. There are no set numbers around team managers, but it is to be determined by each club and their needs. SGC requests that clubs be sensible with this and limit their numbers to the absolute necessity due to the small area around the pool at this event. Please assist your team managers by making yourself known to them on arrival, listening and ensuring you are paying attention to their given directions.

### Pool Deck Access and Flow

Walkways around the pool and staircases are always to be kept clear and unobstructed, with no congregating. These walkways provide access to all necessary areas of the pool and should be utilised to get to the competition and warm-up/warm-down pool, to speak to your coaches next to the coaches' area, the toilets / change rooms, the competition area entry and exit, if required.

### Self-Marshalling

This is a self-marshalling event. Please be mindful of your events, heats and lane numbers. You are to report to the self-marshalling zone at least 3 heats prior to your own for all 100m events, whilst you must present to the self-marshalling zone 2 heats prior for all events 400m and over, after you have previously checked-in. This is to aid the SGC check starter verify you as swimming. If you happen to miss your race, you are to quickly make your way to the help desk to be reallocated, if possible. The help desk official will inform the referee. At the discretion of the referee, you may then be placed into another heat.

### Food and Drinks

There will be a BBQ supplied by St Hilda's aquatics throughout the event. This BBQ will be on the western side of the grandstand on level 1. Drinks are able to be purchased at the aquatic centre reception, whilst Café Catalina will be open for business as well. In order to fit your dietary requirements, it may be necessary to bring your own food and drink.

Technical Officials will be provided light snacks and water; however, it is suggested that you also pack something light for yourself. Volunteers will also be provided with light snacks and water during their volunteering role.

## Lap Counters

All swimmers **MUST** provide a Lap Counter for the 800m and 1500m Freestyle.

## Spectators

Spectators are encouraged to come and cheer on their swimmers and be present as a positive supporter. No bad or overbearing behaviour will be tolerated. All spectators and participants agree to adhere to the Swimming Australia Code of Conduct and National Integrity Framework requirements. Due to the large number of swimmers present over the weekend, we kindly ask that parents please allow swimmers and coaches the facilities to set up and be comfortable throughout the day as they are the one undertaking the strenuous mental and physical activity!!!. We also encourage swimmers to sit with their club and enjoy the atmosphere and help build a great team bond and culture. **PLEASE NOTE: due to the World Para Swimming Event – there are no spectators / parents permitted on pool deck other than volunteers and club Team Managers.**

## Tents

No shade or rain protection will be provided for spectators, this must be brought in, if required, by the spectators. It is Gold Coast Aquatic Centre requirements that any tent or shade structures must be weighted or tied down. No tents are permitted on the pool deck, these **MUST** be set up in level 1 of the grandstand.

## Check-In Requirements

As outlined above - swimmers **MUST** check in to the 400m Freestyle, 400m IM, 800m and 1500m Freestyle 1 hour prior to the nominated starting time, as per the proposed timeline. Check-in times are as below.

Event No.	Event	Required Check-in Time
1	Girls 12 & Over 800 Freestyle	11:15am Saturday
2	Boys 12 & Over 800 Freestyle	11:15am Saturday
9	Girls 12 & Over 400 IM	12:17pm Saturday
10	Boys 12 & Over 400 IM	12:24pm Saturday
17	Girls 12 & Over 400 Freestyle	11:30am Sunday
18	Boys 12 & Over 400 Freestyle	11:39am Sunday
34	Boys 13 & Over 1500 Freestyle	1:34pm Sunday



## Allocated Seating Areas

**There are no allocated club allocated seating areas throughout this meet. Clubs are required to inform swimmers of their intended seating location. Please be aware that due to the World Para Swimming Event, NO spectators will be permitted on pool deck.**

## Volunteers

The following page has a detailed outline of the requirements for each club's volunteers. If you are unsure of your role for each session, please speak to your club prior to attending, so we do not have any issues at the meet. As stated above, club volunteers can be rotated throughout the sessions at the direction of your club.

As we are competing in the competition pool, two timekeepers per lane will be required on Saturday, however, due to low numbers only one timekeeper has been allocated for Friday evening. One manual stopwatch will be provided to each lane. Please record manual times for each event in case of technical difficulties.

Clubs are required to provide timekeepers for their swimmers in the 800m and 1500m freestyle on Saturday and Sunday.

SGC will provide the check-starters for the event.

Allocations are based on club meet entries & contribution to SGC officiating on the day, please ensure that your club meets its timekeeping commitment so that the meet runs smoothly.

### Volunteer Roster – Saturday – after 800m Freestyle (from event 3).

Lane 0	Bond (x2)
Lane 1	Emmanuel College (x2)
Lane 2	Helensvale (x2)
Lane 3	Miami (x2)
Lane 4	Miami (x2)
Lane 5	Somerset GC (x2)
Lane 6	Somerset GC (x2)
Lane 7	Pimpama (x2)
Lane 8	Southport Olympic (x2)
Lane 9	TSS Aquatic (x2)
BBQ	St Hilda's Aquatics
Results Runner	SGC
Announcer	SGC
Meet Director	SGC

**Volunteers can work with their club to determine a rotating roster.**

**Volunteer Roster – Sunday until 1500m Freestyle (until event 32)**

Lane 0	Bond (x2)
Lane 1	Emmanuel College (x2)
Lane 2	Helensvale (x2)
Lane 3	Miami (x2)
Lane 4	Miami (x2)
Lane 5	Somerset GC (x2)
Lane 6	Pimpama (x2)
Lane 7	Southport Olympic (x2)
Lane 8	Southport Olympic (x2)
Lane 9	TSS Aquatic (x2)
BBQ	St Hilda's Aquatics
Results Runner	SGC
Announcer	SGC
Meet Director	SGC

**Intention to Swim QR Code**





SPORT INTEGRITY  
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# FOOD FIRST

REAL FOOD.  
REAL BENEFITS.  
**NO RISK.**

NO ONE EVER  
TESTED **POSITIVE**  
FOR **DRUMSTICK.**

Research shows that fat burners,  
muscle builders and pre-workouts  
are the most likely supplements to  
contain ingredients banned in sport.

**Why risk it?**

## **DRUM GUNS**

A state of physical eliteness  
gained from the consumption  
of chicken drumsticks.



Download the **Sport Integrity app** to  
reduce your risk of testing positive  
from a supplement or medication.

**2026 SGC National Preparation Meet - 21/02/2026 to 22/02/2026**  
**Session Report**

Session 1 - 2026 SGC National Preparation Meet  
 Day of Meet: 1 Starts at 12:00 PM

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 12 & Over 800 Freestyle	10	1	12:00 PM	Check in by 11:15am
Finals	2 Boys 12 & Over 800 Freestyle	7	1	12:12 PM	Check in by 11:15am
Finals	3 Girls 12 & Over 200 Breaststroke	21	3	12:24 PM	_____
Finals	4 Boys 12 & Over 200 Breaststroke	20	2	12:35 PM	_____
Finals	5 Girls 12 & Over 100 Butterfly	40	4	12:42 PM	_____
Finals	6 Boys 12 & Over 100 Butterfly	32	4	12:50 PM	_____
Finals	7 Girls 12 & Over 50 Freestyle	102	11	12:57 PM	_____
Finals	8 Boys 12 & Over 50 Freestyle	68	7	01:09 PM	_____
Finals	9 Girls 12 & Over 400 IM	10	1	01:17 PM	Check in by 12:17pm
Finals	10 Boys 12 & Over 400 IM	7	1	01:24 PM	Check in by 12:24pm
Finals	11 Girls 12 & Over 100 Backstroke	36	4	01:30 PM	_____
Finals	12 Boys 12 & Over 100 Backstroke	25	3	01:39 PM	_____
Finals	13 Girls 12 & Over 50 Breaststroke	42	5	01:45 PM	_____
Finals	14 Boys 12 & Over 50 Breaststroke	36	4	01:52 PM	_____
Finals	15 Girls 12 & Over 200 Freestyle	64	7	01:56 PM	_____
Finals	16 Boys 12 & Over 200 Freestyle	42	5	02:17 PM	_____
	Swimmers Counts for Warm-ups: 290	=====	=====		
	Entry / Heat Totals:	562	63		
	Finish Time			02:32 PM	_____

**2026 SGC National Preparation Meet - 21/02/2026 to 22/02/2026**  
**Meet Program - Session 1 - 2026 SGC National Preparation Meet**

**Event 1 Girls 12 & Over 800 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals - Check in by 11:15am</b>				
0	Monet, Madeleine	16	Tss Aquatic	10:25.46
1	Stevenson, Isabella	16	Helensvale	10:21.77
2	Volz, Evelina	14	Helensvale	9:55.30
3	Chappell, Mia	13	Helensvale	9:46.57
4	Ball, Zoe	15	Miami	9:23.46
5	Martinot, Milla	15	Miami	9:28.46
6	Bell, Tia	13	Helensvale	9:52.05
7	Ferguson, Charlotte	14	Trinity	9:56.66
8	Rankin, Eliana	12	Miami	10:22.58
9	Cross, Bonnie	12	AB Pat College	11:04.81

**Event 2 Boys 12 & Over 800 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals - Check in by 11:15am</b>				
0				
1	Ozoux, Hayden	15	Miami	11:00.00
2	Morris, Emmitt	14	Pimpama	10:16.18
3	Rogers, Avin	14	Redlands	9:17.73
4	Shadforth, Tomo	18	Miami	8:14.55
5	Churchill, Charlie	15	Miami	9:07.22
6	Camenzuli, Austin	16	Miami	9:59.29
7	Denney, Jeremy	14	Emmanuel	10:40.25
8				
9				

**Event 3 Girls 12 & Over 200 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Finals</b>				
0	Bardina, Eva	12	St Hildas	2:59.70
1	Tarrant, Sophia	13	Somerset GC	2:55.06
2	Kamprad, Indi	15	Bond	2:43.67
3	Downie, Amelia	19	St Hildas	2:39.90
4	King, Tilly	20	Bond	2:29.71
5	Strachan, Chelsea	15	Somerset GC	2:31.37
6	Arnot, Annabel	18	Bond	2:40.76
7	Wong, Lihwa	15	Somerset GC	2:43.78
8	Yorke, Angeline	18	Ipswich Communit	2:55.67
9	Strachan, Tori	12	Somerset GC	3:02.37

**Heat 2 of 3 Finals**

0				
1	Smith, Gabriella	12	Miami	3:15.53
2	Eddie, Lyla	15	Pimpama	3:13.98
3	Anderson, Isla	12	Somerset GC	3:07.74
4	Coleman, Lily	14	Pimpama	3:05.31
5	Fok, Janelle	12	St Hildas	3:06.89
6	Kam, Hayley	13	Emmanuel	3:09.12
7	Roper, Eva	12	St Hildas	3:14.50
8	Butlin, Charlotte	12	St Hildas	3:16.54
9				

**Heat 3 of 3 Finals**

0				
1				
2				
3	De la Hoz Rodriguez, Br	13	Camden Asc	3:22.12
4	Tregenza, Adelyn	12	Miami	3:17.60
5	Zhang, Emily	13	AB Pat College	3:18.47
6				
7				
8				
9				

**Event 4 Boys 12 & Over 200 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
0	Talbot, Lachlan	13	Somerset GC	2:45.23
1	Walmsley, Tyler	15	AB Pat College	2:39.53
2	Anderson, Levi	14	Somerset GC	2:24.54
3	Lai, Ching Hei	21	Southport	2:21.07
4	Grigor, Leny	16	Somerset GC	2:15.68
5	Cothill, Ryan	20	Southport	2:18.02
6	Tarrant, Cohen	15	Somerset GC	2:22.73
7	Wang, Jimmy	17	Southport	2:36.07
8	Green, Harrison	13	Helensvale	2:44.36
9	Wellm, Alex	17	Lawrence	2:48.33

**Heat 2 of 2 Finals**

0	Hepburn, Jarryd	14	Tss Aquatic	3:06.37
1	Findlay, Joshua	14	Pimpama	3:00.26
2	Olsson, Alexander	13	Somerset GC	2:56.97
3	Becker, Benjamin Nath	14	Tss Aquatic	2:55.35
4	Long, Azlen	15	AB Pat College	2:51.15
5	Martinez, Jotham	14	Pimpama	2:54.60
6	Low, Henry	13	Miami	2:56.43
7	Weng, Sean	12	AB Pat College	2:58.59
8	Marsden, Matanga	14	Miami	3:00.31
9	Evans, Landon	15	Superfish	3:16.77

**Event 5 Girls 12 & Over 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Finals</b>				
0	Shine, Sofia	14	Southport	1:07.77
1	Hetherington, Kiera	19	Southport	1:04.62
2	Harris, Mya	14	Bond	1:03.22
3	Sakurai, Ayuu	15	Miami	1:02.02
4	Bird, Mikayla	18	Bond	59.73
5	Day, Layla	22	Bond	1:01.76
6	Rayward, Bianca	18	Miami	1:02.40
7	Aulert, Anabelle	18	Bond	1:03.27
8	Dennett, Ellie	14	Helensvale	1:07.60
9	Joffe, Isabel	15	Ipswich Grammar	1:08.61



QR Code Check In

**2026 SGC National Preparation Meet - 21/02/2026 to 22/02/2026**  
**Meet Program - Session 1 - 2026 SGC National Preparation Meet**

**Heat 2 Finals (#5 Girls 12 & Over 100 LC Meter Butterfly)**

0	lee, Christine	13	Miami	1:14.26	_____
1	Scarce, Marlie	12	Miami	1:14.06	_____
2	Tassell, Holly	13	Helensvale	1:12.85	_____
3	Tregenza, Beth	14	Miami	1:10.56	_____
4	Melo, Makyra	14	Somerset GC	1:08.74	_____
5	Nunn, Emmersen	16	St Hildas	1:10.35	_____
6	Riddle, Elizabeth	12	Twmba Grammar	1:10.57	_____
7	Mair, Alexandra	13	AB Pat College	1:13.20	_____
8	Erwin, Matilda	14	Helensvale	1:14.23	_____
9	Squires, Autumn	13	Palm Beach	1:14.29	_____

**Heat 3 of 4 Finals**

0	Platon, Dannielle	12	Pimpama	1:17.70	_____
1	Murphy, Chloe	15	Emmanuel	1:17.48	_____
2	Zhang, Selina	13	Pimpama	1:16.81	_____
3	Baragry, Genevieve	13	St Hildas	1:15.73	_____
4	Hannan, Amy	14	Emmanuel	1:14.68	_____
5	Ramirez, Samara	16	Tss Aquatic	1:15.04	_____
6	Short, Bonnie	13	Helensvale	1:16.49	_____
7	Kalamaras, Sofia	13	Tss Aquatic	1:17.35	_____
8	Xu, Xintian	15	Emmanuel	1:17.64	_____
9	Lowe, Harper	12	Pimpama	1:17.92	_____

**Heat 4 of 4 Finals**

0	Armitage, Evelyn	12	Pimpama	1:28.12	_____
1	Paterson, Aimee	14	Emmanuel	1:24.81	_____
2	Steele, Chloe	12	St Hildas	1:23.01	_____
3	Vince, Mia	12	Ipswich Communit	1:20.33	_____
4	Rankin, Eliana	12	Miami	1:19.00	_____
5	Yearbury, Elysa	14	Superfish	1:19.51	_____
6	McConnell-Hackett, Dar	14	Southport	1:20.42	_____
7	Lesa, Valanna	12	St Hildas	1:23.65	_____
8	Zhang, Emily	13	AB Pat College	1:26.85	_____
9	Amey, Matilda	12	Emmanuel	1:33.31	_____

**Event 6 Boys 12 & Over 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time	
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**Heat 1 of 4 Finals**

0	Deschamps, Ethan	16	Somerset GC	1:00.73	_____
1	McGloughlin, Hunter	16	Southport	1:00.02	_____
2	Kalogeropoulos, Matthe	18	Tss Aquatic	57.13	_____
3	Hackett, Harrison	16	Miami	57.01	_____
4	Herraman, Samuel	24	Southport	54.25	_____
5	Baxter, Danny	16	Somerset GC	56.50	_____
6	Twiss, Ryley	21	Southport	57.03	_____
7	Anderson, Cooper	17	Somerset GC	59.60	_____
8	Truman, Braxtyn	13	Miami	1:00.71	_____
9	Hallal, Tyler	15	Miami	1:00.81	_____

**Heat 2 of 4 Finals**

0	Anderson, Levi	14	Somerset GC	1:05.33	_____
1	Delannoy, Arthur	14	Griffith Uni	1:04.14	_____
2	Truman, Maximus	15	Miami	1:03.16	_____
3	Zhang, Aiden	16	AB Pat College	1:02.36	_____
4	Brown, Reilly	16	Ipswich Communit	1:00.88	_____
5	Ravell, Cooper	14	Miami	1:01.71	_____
6	Stang, August	20	Norway	1:02.42	_____
7	Chin, Dominic	16	Ipswich Grammar	1:04.14	_____
8	Cabral Barbosa, Alexanc	15	All Saints	1:05.11	_____
9	Tobin, Jake	13	Griffith Uni	1:05.64	_____

**Heat 3 of 4 Finals**

0	Mcdonogh, Luke	15	Tss Aquatic	1:13.34	_____
1	Vickery, Diesel	14	Emmanuel	1:09.55	_____
2	Pascu, Christian	15	Beaudesert	1:08.65	_____
3	Malone, Maconnel	15	Miami	1:06.78	_____
4	Amis, Grant	15	Miami	1:05.77	_____
5	Merchant, Kessler	14	Twin	1:06.58	_____
6	Pascu, Victor	16	Beaudesert	1:07.08	_____
7	Tseng, Owen	13	Tss Aquatic	1:09.23	_____
8	Rogers, Avin	14	Redlands	1:12.83	_____
9					_____

**Heat 4 of 4 Finals**

0					_____
1					_____
2					_____
3	Dally, Jay	12	Helensvale	1:21.75	_____
4	Holland, Cooper	14	Southport	1:13.93	_____
5	Sullivan, Liam	12	Pimpama	1:17.92	_____
6					_____
7					_____
8					_____
9					_____

**Event 7 Girls 12 & Over 50 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time	
------	------	-----	------	-----------	--

**Heat 1 of 11 Finals**

0	Bird, Mikayla	18	Bond	26.34	_____
1	Doherty, Emma	21	Bond	26.25	_____
2	Cooke, Cosette	17	Bond	26.23	_____
3	Jarrett, Zahri	16	Bond	26.00	_____
4	Melbourn, Dominique	19	Bond	25.63	_____
5	Hall, Jemima	24	UK	25.89	_____
6	Melo, Jessica	16	Somerset GC	26.23	_____
7	Fydler, Adriana	22	Bond	26.23	_____
8	Woodham, Telani	19	Bond	26.27	_____
9	Becali, Andrea	21	Cuba	26.39	_____

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**Heat 2 Finals (#7 Girls 12 & Over 50 LC Meter Freestyle)**

0	Melbourn, Jocelyne	14	Somerset GC	27.77	_____
1	Aspinall, Ava	21	All Saints	27.46	_____
2	Kitchen, Sienna	18	St Hildas	27.17	_____
3	Kamprad, Lacy	17	Bond	26.97	_____
4	White, Niquola	21	Southport	26.82	_____
5	Johnston, Summer	16	Somerset GC	26.83	_____
6	Voigt, Savannah	21	South Africa	26.98	_____
7	Connolly, Lanihei	20	COOK	27.30	_____
8	Joffe, Isabel	15	Ipswich Grammar	27.62	_____
9	Olsson, Charlotte	16	Griffith Uni	27.86	_____

**Heat 3 of 11 Finals**

0	Rameau, Ivy	13	St Hildas	28.64	_____
1	Moore, Maeve	13	Allora	28.50	_____
2	Moore, Ellyn	16	Allora	28.42	_____
3	Burling, Keira	15	Ipswich Grammar	28.32	_____
4	Ball, Zoe	15	Miami	28.04	_____
5	McGrath, Elenor	14	Somerset GC	28.05	_____
6	Hetherington, Kiera	19	Southport	28.34	_____
7	Dlamini, Siwakhile	20	Eswatini	28.47	_____
8	Layton, Lily	15	Belgravia GC	28.52	_____
9	Barlow, Lily	18	Southport	28.68	_____

**Heat 4 of 11 Finals**

0	Lee, Arin	14	Miami	29.17	_____
1	Mehta, Amayra	13	Woogaroo	29.15	_____
2	Zhang, Katelyn	13	Helensvale	28.98	_____
3	Shine, Sofia	14	Southport	28.84	_____
4	Nadilo, Marina	17	NZ	28.73	_____
5	Ronald, Laura	14	Helensvale	28.78	_____
6	Drury, Mia	13	Somerset GC	28.92	_____
7	Squires, Autumn	13	Palm Beach	29.05	_____
8	Baragry, Genevieve	13	St Hildas	29.15	_____
9	Watson, Ella	13	Miami	29.19	_____

**Heat 5 of 11 Finals**

0	Churchill, Addison	14	Miami	29.61	_____
1	Tregenza, Beth	14	Miami	29.50	_____
2	Rackley, Claire	13	Miami	29.40	_____
3	Morris, Kaitlyn	13	Emmanuel	29.34	_____
4	Ambrakaityte, Arabella	12	Belgravia GC	29.26	_____
5	Morris, Rosie	13	Miami	29.31	_____
6	Box, Stephanie	12	Miami	29.35	_____
7	Perndt, Mia	13	Somerset GC	29.40	_____
8	Bocsa, Izabella	14	Southside Aq	29.53	_____
9	Scarce, Marlie	12	Miami	29.64	_____

**Heat 6 of 11 Finals**

0	Cortez, Jasmine	13	Helensvale	30.17	_____
1	McTomlinson, Frankie	14	Belgravia GC	30.09	_____
2	Zhang, Selina	13	Pimpama	29.89	_____
3	Tarrant, Sophia	13	Somerset GC	29.72	_____
4	King, Tilly	20	Bond	29.69	_____
5	Coleman, Lily	14	Pimpama	29.72	_____
6	Hart, Ava	14	Emmanuel	29.75	_____
7	Caulfield, Ellen	14	Southside Aq	29.92	_____
8	Doherty, Adeline	13	St Hildas	30.14	_____
9	Christensen, Chevay	14	Helensvale	30.25	_____

**Heat 7 of 11 Finals**

0	Fok, Janelle	12	St Hildas	31.41	_____
1	Stevenson, Grace	13	Helensvale	31.28	_____
2	McConnell-Hackett, Dar	14	Southport	30.99	_____
3	Kalamaras, Sofia	13	Tss Aquatic	30.56	_____
4	Lesa, Valanna	12	St Hildas	30.35	_____
5	Smith, Gabriella	12	Miami	30.37	_____
6	Wang, Lillian	13	Southport	30.81	_____
7	Elischer-Sproul, Amelie	20	Belgravia GC	31.11	_____
8	Roper, Eva	12	St Hildas	31.36	_____
9	Paterson, Aimee	14	Emmanuel	31.50	_____

**Heat 8 of 11 Finals**

0	De la Hoz Rodriguez, Br	13	Camden Asc	32.18	_____
1	Bootes, Indi	12	Miami	31.90	_____
2	Suttling, Izabella	13	Somerset GC	31.73	_____
3	Wang, Chloe	13	AB Pat College	31.61	_____
4	Kepczyk, Madelaine	12	StPetersWestern	31.56	_____
5	Vincetic, Paige	14	Helensvale	31.57	_____
6	Schmidt, Penny	13	Tss Aquatic	31.65	_____
7	Cunningham, Alice	15	StPetersWestern	31.79	_____
8	Bardina, Eva	12	St Hildas	31.98	_____
9	Anderson, River	12	Coffs	32.22	_____

**Heat 9 of 11 Finals**

0	Covino, Georgia	13	Miami	33.32	_____
1	Yearbury, Elysa	14	Superfish	33.13	_____
2	Drury, Allira	12	Gullivers	33.06	_____
3	Anderson, Isla	12	Somerset GC	32.62	_____
4	Layton, Sophia	14	Belgravia GC	32.39	_____
5	Anderson, Zalie	13	Emmanuel	32.61	_____
6	Zhang, Emily	13	AB Pat College	32.97	_____
7	Campbell, Amelia	13	Emmanuel	33.10	_____
8	Brown, Indiana	12	Emmanuel	33.25	_____
9	Tomizawa, Anna	14	Superfish	33.49	_____

**Heat 10 of 11 Finals**

0	Tregenza, Adelyn	12	Miami	34.87	_____
1	Murphy, Zara	12	Tss Aquatic	34.32	_____
2	Semyraha, Tilly	12	Beaudesert	33.92	_____
3	Barker, Rosabelle	13	AB Pat College	33.75	_____
4	Paterson, Caylah	14	Emmanuel	33.66	_____
5	Amey, Matilda	12	Emmanuel	33.74	_____
6	Priekulis, Kayla	12	Emmanuel	33.89	_____
7	Li, Teanna	12	Somerset GC	33.99	_____
8	Grieve, Orla	13	St Hildas	34.39	_____
9					_____

**Heat 11 of 11 Finals**

0					_____
1					_____
2					_____
3	Coleman, Zara	12	Pimpama	37.52	_____
4	Fosberg, Zariah	12	Mingara	37.04	_____
5	Dhillon, Angelina	12	Tss Aquatic	37.47	_____
6					_____
7					_____
8					_____
9					_____

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**Event 8 Boys 12 & Over 50 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

0	Poppe, Israel	19	Guam	24.50
1	Mason, Joshua	17	Bond	24.36
2	Ohuafi, Finau	25	Tonga	24.14
3	Sutton, Declan	23	Southport	24.00
4	Herraman, Samuel	24	Southport	22.96
5	Gilbert, Kai	18	Miami	23.61
6	Sheehan, Hudson	17	Tss Aquatic	24.10
7	Tarere, Josh	26	PNG	24.20
8	Lambert, Ryder	21	Southport	24.46
9	Mulkerrins, Archie	19	Miami	24.72

**Heat 2 of 7 Finals**

0	Pope, Archie	15	Tss Aquatic	25.63
1	Ketchell, Peter	17	Southport	25.46
2	Toia, Christian	20	Samoa	25.27
3	Hudson, Cooper	16	Miami	24.93
4	McKissack, Cade	16	Miami	24.84
5	Ashcroft, Tei	15	Miami	24.88
6	Collins, Jay D	16	Helensvale	25.08
7	Tarrant, Cohen	15	Somerset GC	25.33
8	Kepczyk, Jonathan	15	StPetersWestern	25.63
9	Bebendorf, Izaac	15	Trinity	25.82

**Heat 3 of 7 Finals**

0	Pascu, Christian	15	Beaudesert	26.72
1	Pascu, Edward	15	Beaudesert	26.68
2	McGloughlin, Hunter	16	Southport	26.66
3	Pascu, Victor	16	Beaudesert	26.18
4	Chin, Dominic	16	Ipswich Grammar	25.92
5	Amis, Grant	15	Miami	25.99
6	Zhang, Aiden	16	AB Pat College	26.56
7	Deschamps, Ethan	16	Somerset GC	26.67
8	Radford, Jaxson	15	Tlc	26.70
9	Merchant, Kessler	14	Twin	26.86

**Heat 4 of 7 Finals**

0	Marsden, Matanga	14	Miami	28.36
1	Martinez, Jotham	14	Pimpama	27.99
2	Hejda, Riley	15	Ipswich Communit	27.55
3	Long, Azlen	15	AB Pat College	27.28
4	Macdonald, Kai	14	Southport	27.11
5	Churchill, Charlie	15	Miami	27.17
6	Radford, Levi	15	Tlc	27.51
7	Tseng, Owen	13	Tss Aquatic	27.57
8	Bu, Aaron	14	Southport	28.32
9	Abdelmaguid, Yahia	13	Miami	28.59

**Heat 5 of 7 Finals**

0	Hart, Kai	14	Lawrence	30.49
1	Cooke, Rupert	13	Rackley ST	30.20
2	Cooke, Banjo	13	Rackley ST	29.86
3	Jones, Cooper	13	Miami	28.77
4	Vickery, Judd	13	Emmanuel	28.62
5	Farlow, Hayden	14	Tlc	28.75
6	Evans, Landon	15	Superfish	29.05
7	Tomlinson, Angus	12	Helensvale	30.15
8	Grant, Cruz	12	Miami	30.44
9	Guga, Liam	12	Emmanuel	30.50

**Heat 6 of 7 Finals**

0	Atkinson, Lincoln	13	Lawrence	31.68
1	Hepburn, Jarryd	14	Tss Aquatic	31.57
2	Hasselle, Hugo	13	Somerset GC	31.33
3	Simpson, Te Kahurangi	12	Southport	30.83
4	Simmonds, Harry	13	Helensvale	30.56
5	Holland, Cooper	14	Southport	30.81
6	Becker, Benjamin Nath	14	Tss Aquatic	30.86
7	Walker, Eamon	13	Southport	31.56
8	Smith, Van	13	All Saints	31.59
9	Sydor, Flynn	13	Pimpama	32.15

**Heat 7 of 7 Finals**

0				
1	Griffiths, Tristan	12	Emmanuel	34.99
2	Zhang, Eric	13	AB Pat College	33.45
3	Wright, Tyler	13	Pimpama	33.05
4	McTomlinson, Dexter	12	Belgravia GC	32.61
5	Krstevski, Aiden	13	Southport	32.98
6	Song, Jiwoo	13	Trinity	33.10
7	Agahari, James	12	Emmanuel	33.72
8	Allen, Graham	12	Helensvale	36.00
9				

**Event 9 Girls 12 & Over 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals - Check in by 12:17pm**

0	Platon, Dannielle	12	Pimpama	6:08.11
1	McGrath, Elenor	14	Somerset GC	5:30.54
2	Wogan, Zara	14	Emmanuel	5:28.92
3	Wong, Liyng	13	Somerset GC	5:18.80
4	Strachan, Chelsea	15	Somerset GC	5:01.78
5	Bell, Kiera	16	Helensvale	5:16.23
6	Volz, Evelina	14	Helensvale	5:25.94
7	Mair, Alexandra	13	AB Pat College	5:29.73
8	Teng, Jasmine	14	Somerset GC	5:32.35
9	Flinders, Phoebe	12	Miami	6:25.00



QR Code Check in

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**Event 10 Boys 12 & Over 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals - Check in by 12:24pm</b>				
0				
1	Weng, Sean	12	AB Pat College	5:43.42
2	Aldridge, Luke	15	StPetersWestern	5:16.91
3	Anderson, Cooper	17	Somerset GC	4:45.75
4	Grigor, Leny	16	Somerset GC	4:20.73
5	Baxter, Danny	16	Somerset GC	4:34.31
6	Tarrant, Cohen	15	Somerset GC	4:57.38
7	Green, Harrison	13	Helensvale	5:20.00
8				
9				

**Event 11 Girls 12 & Over 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Finals</b>				
0	Lee, Arin	14	Miami	1:10.12
1	Carson, Mia	16	Southport	1:08.80
2	Johnston, Summer	16	Somerset GC	1:04.80
3	Melo, Jessica	16	Somerset GC	1:04.19
4	Day, Layla	22	Bond	1:00.16
5	Welsh, Jesse	22	NZ	1:03.24
6	Mcfarlane, Kayla	21	Southport	1:04.69
7	Nunn, Emmersen	16	St Hildas	1:08.72
8	Hetherington, Kiera	19	Southport	1:09.26
9	Bird, Kara	16	Miami	1:11.16
<b>Heat 2 of 4 Finals</b>				
0	Murphy, Chloe	15	Emmanuel	1:15.77
1	lee, Christine	13	Miami	1:15.29
2	Zhang, Selina	13	Pimpama	1:14.95
3	Bocsa, Izabella	14	Southside Aq	1:13.90
4	Rameau, Ivy	13	St Hildas	1:12.40
5	Watson, Ella	13	Miami	1:12.90
6	Rackley, Claire	13	Miami	1:14.22
7	Kam, Hayley	13	Emmanuel	1:15.06
8	Morris, Kaitlyn	13	Emmanuel	1:15.51
9	Caulfield, Ellen	14	Southside Aq	1:16.25
<b>Heat 3 of 4 Finals</b>				
0	McTomlinson, Frankie	14	Belgravia GC	1:22.81
1	Butlin, Charlotte	12	St Hildas	1:21.71
2	Vincetic, Paige	14	Helensvale	1:20.60
3	Wang, Lillian	13	Southport	1:18.27
4	Bootes, Indi	12	Miami	1:17.09
5	Ramirez, Samara	16	Tss Aquatic	1:17.89
6	Hannan, Amy	14	Emmanuel	1:18.29
7	Cunningham, Alice	15	StPetersWestern	1:20.84
8	Cross, Bonnie	12	AB Pat College	1:22.31
9	Terry, Scarlett	12	Pimpama	1:23.83

**Heat 4 of 4 Finals**

0				
1				
2	Li, Teanna	12	Somerset GC	1:30.11
3	Anderson, River	12	Coffs	1:27.80
4	Tregenza, Adelyn	12	Miami	1:25.31
5	Brown, Indiana	12	Emmanuel	1:26.81
6	Covino, Georgia	13	Miami	1:28.81
7	Drury, Allira	12	Gullivers	1:33.94
8				
9				

**Event 12 Boys 12 & Over 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Finals</b>				
0	Truman, Maximus	15	Miami	1:05.33
1	Malone, Maconnel	15	Miami	1:01.76
2	Fraser, Joel	22	Bond	58.84
3	Shadforth, Tomo	18	Miami	58.31
4	Lambert, Ryder	21	Southport	55.68
5	Biddington, James	18	Bond	56.46
6	Sutcliffe, Will	18	Miami	58.46
7	Ashcroft, Tei	15	Miami	59.71
8	Deschamps, Ethan	16	Somerset GC	1:03.19
9	Clarke, Jonas	16	Ipswich Grammar	1:07.53
<b>Heat 2 of 3 Finals</b>				
0	Anderson, Levi	14	Somerset GC	1:11.87
1	Bu, Aaron	14	Southport	1:11.58
2	Macdonald, Kai	14	Southport	1:09.86
3	Pope, Archie	15	Tss Aquatic	1:08.93
4	Cabral Barbosa, Alexanc	15	All Saints	1:07.97
5	Vickery, Diesel	14	Emmanuel	1:08.16
6	Pascu, Edward	15	Beaudesert	1:09.07
7	Jones, Cooper	13	Miami	1:11.03
8	Sewell, Jack	13	Somerset GC	1:11.84
9	Mcdonogh, Luke	15	Tss Aquatic	1:14.72
<b>Heat 3 of 3 Finals</b>				
0				
1				
2	Dally, Jay	12	Helensvale	1:27.93
3	Weng, Sean	12	AB Pat College	1:17.07
4	Truman, Braxtyn	13	Miami	1:15.74
5	Simmonds, Harry	13	Helensvale	1:16.45
6	Rachow, Corbin	12	Pimpama	1:20.59
7				
8				
9				

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**Event 13 Girls 12 & Over 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Finals</b>				
0	Tarrant, Sophia	13	Somerset GC	34.35
1	Arnot, Annabel	18	Bond	33.99
2	Mudunasoko, Kelera	18	FIJI	33.32
3	Strachan, Lacey	17	Bond	32.40
4	King, Tilly	20	Bond	31.38
5	Connolly, Lanihei	20	COOK	31.41
6	Downie, Amelia	19	St Hildas	33.27
7	Melo, Makyra	14	Somerset GC	33.44
8	Mclay, Vanessa	18	Southport	34.16
9	Wong, Lihwa	15	Somerset GC	34.68

**Heat 2 of 5 Finals**

0	Suttling, Izabella	13	Somerset GC	37.86
1	Moore, Maeve	13	Allora	37.43
2	Olsson, Charlotte	16	Griffith Uni	36.41
3	Ferguson, Madeleine	14	Trinity	36.23
4	Tregenza, Beth	14	Miami	34.95
5	Yorke, Angeline	18	Ipswich Communit	35.00
6	Fok, Janelle	12	St Hildas	36.23
7	Ronald, Laura	14	Helensvale	36.60
8	Coleman, Lily	14	Pimpama	37.79
9	Tassell, Holly	13	Helensvale	37.87

**Heat 3 of 5 Finals**

0	Anderson, Isla	12	Somerset GC	40.67
1	Rameau, Ivy	13	St Hildas	39.34
2	Ambrakaityte, Arabella	12	Belgravia GC	38.74
3	Moore, Ellyn	16	Allora	38.47
4	Bardina, Eva	12	St Hildas	38.04
5	Rackley, Claire	13	Miami	38.38
6	Momose, Mila	13	All Saints	38.63
7	Stevenson, Grace	13	Helensvale	39.34
8	De la Hoz Rodriguez, Br	13	Camden Asc	40.18
9	Schmidt, Penny	13	Tss Aquatic	41.38

**Heat 4 of 5 Finals**

0	Li, Teanna	12	Somerset GC	42.95
1	Anderson, River	12	Coffs	42.36
2	Morris, Rosie	13	Miami	41.94
3	Layton, Sophia	14	Belgravia GC	41.55
4	Smith, Gabriella	12	Miami	41.49
5	Zhang, Selina	13	Pimpama	41.53
6	Short, Bonnie	13	Helensvale	41.55
7	Tregenza, Adelyn	12	Miami	42.25
8	Kalamaras, Sofia	13	Tss Aquatic	42.54
9				

**Heat 5 of 5 Finals**

0				
1				
2				
3	Armitage, Evelyn	12	Pimpama	44.37
4	Bootes, Indi	12	Miami	43.91
5	Dhillon, Angelina	12	Tss Aquatic	43.98
6				
7				
8				
9				

**Event 14 Boys 12 & Over 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Finals</b>				
0	Anderson, Levi	14	Somerset GC	30.48
1	Eddy, Oscar	18	Tss Aquatic	30.19
2	Stang, August	20	Norway	29.37
3	Toia, Christian	20	Samoa	29.15
4	Story, Jacob	18	COOK	28.85
5	Grigor, Leny	16	Somerset GC	28.99
6	Cothill, Ryan	20	Southport	29.27
7	Tarrant, Cohen	15	Somerset GC	29.77
8	Mason, Joshua	17	Bond	30.23
9	Fosberg, Roman	18	Mingara	31.00

**Heat 2 of 4 Finals**

0	Kepczyk, Jonathan	15	StPetersWestern	33.60
1	Harvey, Jasper	14	Emmanuel	32.86
2	Czegledi, Daniel	17	Southport	31.68
3	Morris, Emmitt	14	Pimpama	31.14
4	Wellm, Alex	17	Lawrence	31.11
5	Fraser, Joel	22	Bond	31.13
6	Thompson, Kye	18	Lawrence	31.20
7	Radford, Jaxson	15	Tlc	32.65
8	Walmsley, Tyler	15	AB Pat College	33.23
9	Radford, Levi	15	Tlc	33.72

**Heat 3 of 4 Finals**

0	Long, Azlen	15	AB Pat College	36.87
1	Low, Henry	13	Miami	36.25
2	Talbot, Lachlan	13	Somerset GC	35.93
3	Pope, Archie	15	Tss Aquatic	35.86
4	Farlow, Hayden	14	Tlc	34.27
5	Pascu, Victor	16	Beaudesert	35.50
6	Zhang, Aiden	16	AB Pat College	35.91
7	Findlay, Joshua	14	Pimpama	36.16
8	Becker, Benjamin Nath	14	Tss Aquatic	36.28
9	Olsson, Alexander	13	Somerset GC	37.58

**2026 SGC National Preparation Meet - 21/02/2026 to 22/02/2026**  
**Meet Program - Session 1 - 2026 SGC National Preparation Meet**

**Heat 4 Finals (#14 Boys 12 & Over 50 LC Meter Breaststroke)**

0				
1				
2	Song, Jiwoo	13	Trinity	42.03
3	Hasselle, Hugo	13	Somerset GC	41.56
4	Hepburn, Jarryd	14	Tss Aquatic	39.16
5	Smith, Van	13	All Saints	39.36
6	Pearson, Charlie	13	Emmanuel	41.58
7	Allen, Graham	12	Helensvale	45.00
8				
9				

**Event 15 Girls 12 & Over 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

0	Harris, Mya	14	Bond	2:05.45
1	Jarrett, Zahri	16	Bond	2:05.21
2	Becali, Andrea	21	Cuba	2:02.15
3	Melbourn, Dominique	19	Bond	2:01.94
4	Hall, Jemima	24	UK	2:00.32
5	Bird, Mikayla	18	Bond	2:00.66
6	Fydler, Adriana	22	Bond	2:01.95
7	Woodham, Telani	19	Bond	2:05.02
8	Doherty, Emma	21	Bond	2:05.33
9	Cooke, Cosette	17	Bond	2:07.04

**Heat 2 of 7 Finals**

0	Zunker, Maya	16	Griffith Uni	2:11.93
1	Kamprad, Indi	15	Bond	2:11.31
2	Feltham, Mia	20	Miami	2:10.71
3	Kamprad, Lacy	17	Bond	2:09.90
4	Barlow, Lily	18	Southport	2:09.42
5	Ball, Zoe	15	Miami	2:09.57
6	Melbourn, Jocelyne	14	Somerset GC	2:10.59
7	Alvos, Mia	16	Yeronga Park	2:11.13
8	Bird, Kara	16	Miami	2:11.91
9	Strachan, Chelsea	15	Somerset GC	2:12.49

**Heat 3 of 7 Finals**

0	Nadilo, Marina	17	NZ	2:15.95
1	Drury, Mia	13	Somerset GC	2:14.09
2	Sakurai, Ayuu	15	Miami	2:13.47
3	Dennett, Ellie	14	Helensvale	2:13.21
4	Nunn, Emmersen	16	St Hildas	2:12.92
5	Voigt, Savannah	21	South Africa	2:12.99
6	Burling, Keira	15	Ipswich Grammar	2:13.39
7	Bell, Kiera	16	Helensvale	2:13.76
8	Cooke, Clementine	15	Rackley ST	2:14.94
9	Rameau, Ivy	13	St Hildas	2:16.51

**Heat 4 of 7 Finals**

0	Churchill, Addison	14	Miami	2:20.79
1	Joffe, Isabel	15	Ipswich Grammar	2:19.08
2	Mair, Alexandra	13	AB Pat College	2:17.78
3	Teng, Jasmine	14	Somerset GC	2:17.56
4	Lee, Arin	14	Miami	2:16.89
5	Ronald, Laura	14	Helensvale	2:17.29
6	Mehta, Amayra	13	Woogaroo	2:17.75
7	Eddie, Lyla	15	Pimpama	2:19.02
8	Chappell, Mia	13	Helensvale	2:19.14
9	Box, Stephanie	12	Miami	2:21.54

**Heat 5 of 7 Finals**

0	Coleman, Lily	14	Pimpama	2:28.55
1	Riddle, Elizabeth	12	Twmba Grammar	2:26.63
2	lee, Christine	13	Miami	2:26.08
3	Wang, Lillian	13	Southport	2:25.27
4	Layton, Lily	15	Belgravia GC	2:22.37
5	Volz, Evelina	14	Helensvale	2:24.97
6	Christensen, Chevay	14	Helensvale	2:25.65
7	Stevenson, Isabella	16	Helensvale	2:26.61
8	Monet, Madeleine	16	Tss Aquatic	2:28.55
9	Tarrant, Sophia	13	Somerset GC	2:28.86

**Heat 6 of 7 Finals**

0	Cross, Bonnie	12	AB Pat College	2:35.27
1	Scarce, Marlie	12	Miami	2:32.87
2	Les, Valanna	12	St Hildas	2:32.64
3	Erwin, Matilda	14	Helensvale	2:30.69
4	Moore, Ellyn	16	Allora	2:28.96
5	Bocsa, Izabella	14	Southside Aq	2:28.98
6	McTomlinson, Frankie	14	Belgravia GC	2:31.85
7	Hart, Ava	14	Emmanuel	2:32.71
8	Roper, Eva	12	St Hildas	2:34.12
9	Kalamaras, Sofia	13	Tss Aquatic	2:35.37

**Heat 7 of 7 Finals**

0				
1				
2				
3	Lowe, Harper	12	Pimpama	2:38.82
4	Schmidt, Penny	13	Tss Aquatic	2:36.92
5	Covino, Georgia	13	Miami	2:36.95
6	Terry, Scarlett	12	Pimpama	2:41.85
7				
8				
9				

**2026 SGC National Preparation Meet - 21/02/2026 to 22/02/2026**  
**Meet Program - Session 1 - 2026 SGC National Preparation Meet**

**Event 16 Boys 12 & Over 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals**

0	Lambert, Ryder	21	Southport	1:57.87	_____
1	Mulkerrins, Archie	19	Miami	1:55.95	_____
2	Baxter, Danny	16	Somerset GC	1:55.55	_____
3	Sutton, Declan	23	Southport	1:53.88	_____
4	Kamprad, Noah	21	Bond	1:50.66	_____
5	Gilbert, Kai	18	Miami	1:52.27	_____
6	Sheehan, Hudson	17	Tss Aquatic	1:55.26	_____
7	Richmond, Dougal	21	Miami	1:55.88	_____
8	Alford, Nick	20	Southport	1:56.15	_____
9	Herraman, Samuel	24	Southport	1:58.02	_____

**Heat 2 of 5 Finals**

0	Hudson, Cooper	16	Miami	2:04.14	_____
1	Johnston, Jack	15	Miami	2:03.39	_____
2	Hallal, Tyler	15	Miami	2:01.89	_____
3	Wunderlin, Levi	15	SWIT	2:01.60	_____
4	Truman, Maximus	15	Miami	2:00.92	_____
5	Brown, Reilly	16	Ipswich Communit	2:01.10	_____
6	Anderson, Cooper	17	Somerset GC	2:01.67	_____
7	McKissack, Cade	16	Miami	2:03.35	_____
8	Churchill, Charlie	15	Miami	2:03.55	_____
9	Twiss, Ryley	21	Southport	2:06.72	_____

**Heat 3 of 5 Finals**

0	Mcdonogh, Luke	15	Tss Aquatic	2:19.75	_____
1	Sewell, Jack	13	Somerset GC	2:19.49	_____
2	Jones, Cooper	13	Miami	2:18.38	_____
3	Clarke, Jonas	16	Ipswich Grammar	2:13.95	_____
4	Truman, Braxtyn	13	Miami	2:08.46	_____
5	Ravell, Cooper	14	Miami	2:13.17	_____
6	Cabral Barbosa, Alexanc	15	All Saints	2:15.01	_____
7	Abdelmaguid, Yahia	13	Miami	2:18.82	_____
8	Zhang, Toby	15	AB Pat College	2:19.56	_____
9	Tobin, Jake	13	Griffith Uni	2:21.93	_____

**Heat 4 of 5 Finals**

0	Guga, Liam	12	Emmanuel	2:31.13	_____
1	Grant, Cruz	12	Miami	2:29.27	_____
2	Walker, Eamon	13	Southport	2:28.32	_____
3	Martinez, Jotham	14	Pimpama	2:25.34	_____
4	Vickery, Judd	13	Emmanuel	2:21.98	_____
5	Duncan, Jenson	12	Helensvale	2:23.65	_____
6	Simmonds, Harry	13	Helensvale	2:26.44	_____
7	Rachow, Corbin	12	Pimpama	2:28.91	_____
8	Sullivan, Liam	12	Pimpama	2:29.63	_____
9					_____

**Heat 5 of 5 Finals**

0					_____
1					_____
2					_____
3	Zhang, Eric	13	AB Pat College	2:34.04	_____
4	Simpson, Te Kahurangi	12	Southport	2:32.96	_____
5	Dally, Jay	12	Helensvale	2:33.85	_____
6					_____
7					_____
8					_____
9					_____



# BE RESPECTFUL

As an adult involved in sport, you have a responsibility to ensure everyone involved in sport is treated with respect and dignity.



Display control, respect and professionalism.



Settle disagreements without hostility or violence.



Ensure any physical contact is appropriate to the situation.



Show appreciation for volunteer officials.



Respect officials' decisions.



Respect everyone's rights, dignity and worth.

And call out any inappropriate behaviours like:



Disrespect



Violence



Foul Language



Abuse



Discrimination

**Build a respectful sporting community, one behaviour at a time.**

FOR MORE INFORMATION

Visit our website [sportintegrity.gov.au](https://sportintegrity.gov.au), contact us at [education@sportintegrity.gov.au](mailto:education@sportintegrity.gov.au),  
phone our Safe Sport Hotline **1800 161 361**, or enquire **1300 027 232**

**2026 SGC National Preparation Meet - 21/02/2026 to 22/02/2026**  
**Session Report**

Session 2 - 2026 SGC National Preparation Meet  
 Day of Meet: 2 Starts at 12:15 PM

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	17 Girls 12 & Over 400 Freestyle	33	4	12:15 PM	Check in by 11:30am
Finals	18 Boys 12 & Over 400 Freestyle	17	2	12:39 PM	Check in by 11:39am
Finals	19 Girls 12 & Over 50 Butterfly	60	6	12:50 PM	_____
Finals	20 Boys 12 & Over 50 Butterfly	29	3	12:57 PM	_____
Finals	21 Girls 12 & Over 200 Backstroke	14	2	01:01 PM	_____
Finals	22 Boys 12 & Over 200 Backstroke	6	1	01:08 PM	_____
Finals	23 Girls 12 & Over 100 Freestyle	83	9	01:12 PM	_____
Finals	24 Boys 12 & Over 100 Freestyle	62	7	01:27 PM	_____
Finals	25 Girls 12 & Over 200 IM	32	4	01:39 PM	_____
Finals	26 Boys 12 & Over 200 IM	12	2	01:53 PM	_____
Finals	27 Girls 12 & Over 100 Breaststroke	32	4	02:00 PM	_____
Finals	28 Boys 12 & Over 100 Breaststroke	25	3	02:09 PM	_____
Finals	29 Girls 12 & Over 50 Backstroke	32	4	02:15 PM	_____
Finals	30 Boys 12 & Over 50 Backstroke	18	2	02:21 PM	_____
Finals	31 Girls 12 & Over 200 Butterfly	12	2	02:23 PM	_____
Finals	32 Boys 12 & Over 200 Butterfly	7	1	02:31 PM	_____
Finals	33 Girls 12 & Over 1500 Freestyle	0	0	02:34 PM	_____
Finals	34 Boys 12 & Over 1500 Freestyle	3	1	02:34 PM	Check in by 1:34pm
	Swimmers Counts for Warm-ups: 242	====	====		
	Entry / Heat Totals:	477	57		
	Finish Time			02:53 PM	_____

**2026 SGC National Preparation Meet - 21/02/2026 to 22/02/2026**  
**Meet Program - Session 2 - 2026 SGC National Preparation Meet**

**Event 17 Girls 12 & Over 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals - Check in by 11:30am**

0	McGrath, Elenor	14	Somerset GC	4:44.21
1	Bailey, Summer	14	Miami	4:38.56
2	Farrington, Zarah	16	Miami	4:37.24
3	Barlow, Lily	18	Southport	4:30.51
4	Hall, Jemima	24	UK	4:15.99
5	Becali, Andrea	21	Cuba	4:25.00
6	Jones, Maya	15	Miami	4:33.30
7	Bell, Kiera	16	Helensvale	4:38.25
8	Dennett, Ellie	14	Helensvale	4:41.10
9	Lee, Arin	14	Miami	4:45.51

**Heat 2 of 4 Finals**

0	Hurford, Layla	13	Palm Beach	4:58.03
1	Bell, Tia	13	Helensvale	4:48.86
2	Ferguson, Charlotte	14	Trinity	4:48.51
3	Alvos, Mia	16	Yeronga Park	4:47.78
4	Drury, Mia	13	Somerset GC	4:46.15
5	Teng, Jasmine	14	Somerset GC	4:46.64
6	Wogan, Zara	14	Emmanuel	4:48.15
7	Eddie, Lyla	15	Pimpama	4:48.64
8	Ronald, Laura	14	Helensvale	4:50.11
9	Coleman, Lily	14	Pimpama	5:00.57

**Heat 3 of 4 Finals**

0	Sun, Ivy	12	Pimpama	5:33.32
1	Humphrey, Amaris	15	Belgravia GC	5:17.75
2	Ramirez, Samara	16	Tss Aquatic	5:08.02
3	Wang, Lillian	13	Southport	5:04.97
4	Rankin, Eliana	12	Miami	5:02.62
5	Monet, Madeleine	16	Tss Aquatic	5:03.16
6	Hart, Ava	14	Emmanuel	5:07.05
7	Davenport, Chloe	12	Pimpama	5:14.68
8	Covino, Georgia	13	Miami	5:20.28
9	Anderson, Isla	12	Somerset GC	5:36.98

**Heat 4 of 4 Finals**

0				
1				
2				
3	Flinders, Phoebe	12	Miami	5:45.00
4	Vincetic, Paige	14	Helensvale	5:37.26
5	Lowe, Harper	12	Pimpama	5:44.73
6				
7				
8				
9				



QR Code Check In

**Event 18 Boys 12 & Over 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals - Check in by 11:39am**

0	Zhang, Toby	15	AB Pat College	4:50.85
1	Hallal, Tyler	15	Miami	4:42.34
2	Johnston, Jack	15	Miami	4:23.58
3	Alford, Nick	20	Southport	4:08.16
4	Baxter, Danny	16	Somerset GC	3:59.95
5	Grigor, Leny	16	Somerset GC	4:06.79
6	Anderson, Cooper	17	Somerset GC	4:21.34
7	Hudson, Cooper	16	Miami	4:26.02
8	Camenzuli, Austin	16	Miami	4:47.10
9	Mcdonogh, Luke	15	Tss Aquatic	4:52.47

**Heat 2 of 2 Finals**

0				
1	Duncan, Jenson	12	Helensvale	5:19.20
2	Holland, Cooper	14	Southport	5:16.96
3	Morris, Emmitt	14	Pimpama	5:09.70
4	Davenport, William	14	Pimpama	4:55.79
5	Bambry, Reuben	12	Belgravia GC	5:00.98
6	Woollven, Harry	14	Somerset GC	5:13.14
7	Rachow, Corbin	12	Pimpama	5:16.97
8				
9				

**Event 19 Girls 12 & Over 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Finals**

0	King, Tilly	20	Bond	30.16
1	Melbourn, Dominique	19	Bond	29.84
2	Melbourn, Jocelyne	14	Somerset GC	29.16
3	Hembling, Holly	18	Tss Aquatic	28.26
4	Doherty, Emma	21	Bond	27.71
5	Mcfarlane, Kayla	21	Southport	28.22
6	Aulert, Anabelle	18	Bond	28.33
7	Hetherington, Kiera	19	Southport	29.62
8	Joffe, Isabel	15	Ipswich Grammar	30.07
9	Nunn, Emmersen	16	St Hildas	30.17

**Heat 2 of 6 Finals**

0	Squires, Autumn	13	Palm Beach	32.01
1	Baragry, Genevieve	13	St Hildas	31.40
2	Tregenza, Beth	14	Miami	31.26
3	Wylie, Fraser	14	Tlc	31.07
4	Hart, Amelia	15	All Saints	30.55
5	Xu, Xintian	15	Emmanuel	30.65
6	Kitchen, Sienna	18	St Hildas	31.16
7	Perndt, Mia	13	Somerset GC	31.37
8	Hannan, Amy	14	Emmanuel	31.75
9	Ambrakaityte, Arabella	12	Belgravia GC	32.05

**2026 SGC National Preparation Meet - 21/02/2026 to 22/02/2026**  
**Meet Program - Session 2 - 2026 SGC National Preparation Meet**

**Heat 3 Finals (#19 Girls 12 & Over 50 LC Meter Butterfly)**

0	Tassell, Holly	13	Helensvale	32.75	_____
1	Box, Stephanie	12	Miami	32.49	_____
2	Christensen, Chevay	14	Helensvale	32.28	_____
3	Morris, Rosie	13	Miami	32.13	_____
4	Riddle, Elizabeth	12	Twmba Grammar	32.07	_____
5	Rameau, Ivy	13	St Hildas	32.11	_____
6	Scarce, Marlie	12	Miami	32.15	_____
7	Murphy, Chloe	15	Emmanuel	32.32	_____
8	Zhang, Katelyn	13	Helensvale	32.69	_____
9	lee, Christine	13	Miami	32.78	_____

**Heat 4 of 6 Finals**

0	Cortez, Jasmine	13	Helensvale	34.13	_____
1	Bootes, Indi	12	Miami	33.84	_____
2	Short, Bonnie	13	Helensvale	33.61	_____
3	Fok, Janelle	12	St Hildas	33.54	_____
4	Kalamaras, Sofia	13	Tss Aquatic	32.82	_____
5	McConnell-Hackett, Dar	14	Southport	33.27	_____
6	Cunningham, Alice	15	StPetersWestern	33.58	_____
7	Hurford, Layla	13	Palm Beach	33.62	_____
8	Erwin, Matilda	14	Helensvale	34.06	_____
9	Yearbury, Elysa	14	Superfish	34.57	_____

**Heat 5 of 6 Finals**

0	Brown, Indiana	12	Emmanuel	36.32	_____
1	De la Hoz Rodriguez, Br	13	Camden Asc	36.15	_____
2	Tomizawa, Anna	14	Superfish	35.83	_____
3	Vince, Mia	12	Ipswich Communit	35.22	_____
4	Elischer-Sproul, Amelie	20	Belgravia GC	34.82	_____
5	Stevenson, Grace	13	Helensvale	35.08	_____
6	Dlamini, Siwakhile	20	Eswatini	35.48	_____
7	Lesa, Valanna	12	St Hildas	36.11	_____
8	Drury, Allira	12	Gullivers	36.23	_____
9	Covino, Georgia	13	Miami	36.38	_____

**Heat 6 of 6 Finals**

0	Tregenza, Adelyn	12	Miami	40.55	_____
1	Campbell, Amelia	13	Emmanuel	38.64	_____
2	Grieve, Orla	13	St Hildas	37.50	_____
3	Hart, Marley	13	Emmanuel	37.02	_____
4	Doherty, Adeline	13	St Hildas	36.41	_____
5	Bardina, Eva	12	St Hildas	36.63	_____
6	Anderson, River	12	Coffs	37.35	_____
7	Zhang, Emily	13	AB Pat College	37.62	_____
8	Suttling, Izabella	13	Somerset GC	38.88	_____
9	Dhillon, Angelina	12	Tss Aquatic	40.65	_____

**Event 20 Boys 12 & Over 50 LC Meter Butterfly**

Lane Name	Age	Team	Seed Time	
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**Heat 1 of 3 Finals**

0	Kerr, Bradley	21	Woogaroo	27.77	_____
1	Ketchell, Peter	17	Southport	27.53	_____
2	Chin, Dominic	16	Ipswich Grammar	27.31	_____
3	Jun, Hajin	19	Griffith Uni	26.83	_____
4	Herraman, Samuel	24	Southport	24.61	_____
5	Kalogeropoulos, Matthe	18	Tss Aquatic	25.67	_____
6	Fosberg, Roman	18	Mingara	27.02	_____
7	Deschamps, Ethan	16	Somerset GC	27.31	_____
8	McGloughlin, Hunter	16	Southport	27.60	_____
9	Pope, Archie	15	Tss Aquatic	27.79	_____

**Heat 2 of 3 Finals**

0	Hejda, Riley	15	Ipswich Communit	30.63	_____
1	Bu, Aaron	14	Southport	29.37	_____
2	Pascu, Christian	15	Beaudesert	28.85	_____
3	Collins, Jay D	16	Helensvale	28.78	_____
4	Pascu, Victor	16	Beaudesert	28.11	_____
5	Brown, Reilly	16	Ipswich Communit	28.19	_____
6	Cabral Barbosa, Alexan	15	All Saints	28.83	_____
7	Harvey, Jasper	14	Emmanuel	29.00	_____
8	Merchant, Kessler	14	Twin	29.80	_____
9	Middleton, Zayne	16	Belgravia GC	31.19	_____

**Heat 3 of 3 Finals**

0	Allen, Graham	12	Helensvale	40.00	_____
1	Tomlinson, Angus	12	Helensvale	34.87	_____
2	Abdelmaguid, Yahia	13	Miami	33.28	_____
3	Olsson, Alexander	13	Somerset GC	32.39	_____
4	Marsden, Matanga	14	Miami	31.84	_____
5	Low, Henry	13	Miami	32.25	_____
6	Holland, Cooper	14	Southport	33.27	_____
7	Grant, Cruz	12	Miami	34.12	_____
8	McTomlinson, Dexter	12	Belgravia GC	38.69	_____
9					_____

**Event 21 Girls 12 & Over 200 LC Meter Backstroke**

Lane Name	Age	Team	Seed Time	
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**Heat 1 of 2 Finals**

0	Morris, Kaitlyn	13	Emmanuel	2:41.18	_____
1	Bocsa, Izabella	14	Southside Aq	2:39.32	_____
2	Jones, Maya	15	Miami	2:30.58	_____
3	Volz, Evelina	14	Helensvale	2:27.38	_____
4	Welsh, Jesse	22	NZ	2:16.73	_____
5	Johnston, Summer	16	Somerset GC	2:21.83	_____
6	Bird, Kara	16	Miami	2:30.29	_____
7	Rameau, Ivy	13	St Hildas	2:38.73	_____
8	Kam, Hayley	13	Emmanuel	2:41.05	_____
9	Caulfield, Ellen	14	Southside Aq	2:44.72	_____

**2026 SGC National Preparation Meet - 21/02/2026 to 22/02/2026**  
**Meet Program - Session 2 - 2026 SGC National Preparation Meet**

**Heat 2 Finals (#21 Girls 12 & Over 200 LC Meter Backstroke)**

0				
1				
2				
3	Wang, Lillian	13	Southport	2:51.44
4	Vincetic, Paige	14	Helensvale	2:50.34
5	Zhang, Selina	13	Pimpama	2:50.65
6	Ramirez, Samara	16	Tss Aquatic	2:53.79
7				
8				
9				

**Event 22 Boys 12 & Over 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals**

0				
1				
2	Simmonds, Harry	13	Helensvale	2:41.96
3	Vickery, Judd	13	Emmanuel	2:33.71
4	Sutcliffe, Will	18	Miami	2:06.99
5	Sewell, Jack	13	Somerset GC	2:32.55
6	Macdonald, Kai	14	Southport	2:33.91
7	Rachow, Corbin	12	Pimpama	2:49.88
8				
9				

**Event 23 Girls 12 & Over 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 9 Finals**

0	Kamprad, Lacy	17	Bond	58.47
1	Camenzuli, Ava	15	Miami	58.15
2	Johnston, Summer	16	Somerset GC	57.89
3	Jarrett, Zahri	16	Bond	56.97
4	Fydler, Adriana	22	Bond	56.67
5	Cooke, Cosette	17	Bond	56.67
6	Albertyn, Roxanne	14	Miami	57.33
7	Aulert, Anabelle	18	Bond	58.04
8	Harris, Mya	14	Bond	58.34
9	Hall, Jemima	24	UK	58.80

**Heat 2 of 9 Finals**

0	Kamprad, Indi	15	Bond	1:00.75
1	Melbourn, Jocelyne	14	Somerset GC	1:00.56
2	Hembling, Holly	18	Tss Aquatic	59.78
3	Kitchen, Sienna	18	St Hildas	59.59
4	White, Niquola	21	Southport	59.23
5	Rayward, Bianca	18	Miami	59.26
6	Mcfarlane, Kayla	21	Southport	59.62
7	Barlow, Lily	18	Southport	1:00.40
8	Joffe, Isabel	15	Ipswich Grammar	1:00.68
9	Ball, Zoe	15	Miami	1:00.82

**Heat 3 of 9 Finals**

0	Watson, Ella	13	Miami	1:03.11
1	Drury, Mia	13	Somerset GC	1:02.62
2	Layton, Lily	15	Belgravia GC	1:02.36
3	Mehta, Amayra	13	Woogaroo	1:02.05
4	Hetherington, Kiera	19	Southport	1:01.14
5	Nadilo, Marina	17	NZ	1:01.65
6	Mclay, Vanessa	18	Southport	1:02.07
7	Nunn, Emmersen	16	St Hildas	1:02.57
8	Eddie, Lyla	15	Pimpama	1:02.89
9	Trogenza, Beth	14	Miami	1:03.15

**Heat 4 of 9 Finals**

0	Morris, Rosie	13	Miami	1:06.55
1	Ambrakaityte, Arabella	12	Belgravia GC	1:05.36
2	Ronald, Laura	14	Helensvale	1:05.12
3	Mair, Alexandra	13	AB Pat College	1:04.18
4	Wylie, Fraser	14	Tlc	1:03.43
5	Box, Stephanie	12	Miami	1:03.95
6	Murphy, Chloe	15	Emmanuel	1:04.20
7	Squires, Autumn	13	Palm Beach	1:05.19
8	lee, Christine	13	Miami	1:05.90
9	Christensen, Chevay	14	Helensvale	1:06.77

**Heat 5 of 9 Finals**

0	Aspinall, Ava	21	All Saints	1:07.46
1	Sun, Ivy	12	Pimpama	1:07.20
2	Scarce, Marlie	12	Miami	1:07.11
3	Les, Valanna	12	St Hildas	1:06.97
4	Cortez, Jasmine	13	Helensvale	1:06.78
5	Baragry, Genevieve	13	St Hildas	1:06.87
6	Hurford, Layla	13	Palm Beach	1:07.11
7	Hannan, Amy	14	Emmanuel	1:07.19
8	Chappell, Mia	13	Helensvale	1:07.42
9	Kalamaras, Sofia	13	Tss Aquatic	1:07.46

**Heat 6 of 9 Finals**

0	McConnell-Hackett, Dar	14	Southport	1:10.31
1	Bootes, Indi	12	Miami	1:09.49
2	Flinders, Phoebe	12	Miami	1:09.05
3	Wang, Lillian	13	Southport	1:07.61
4	Stevenson, Grace	13	Helensvale	1:07.56
5	McTomlinson, Frankie	14	Belgravia GC	1:07.59
6	Monet, Madeleine	16	Tss Aquatic	1:08.55
7	Cunningham, Alice	15	StPetersWestern	1:09.45
8	Anderson, Isla	12	Somerset GC	1:10.03
9	Roper, Eva	12	St Hildas	1:10.35

**Heat 7 of 9 Finals**

0	Anderson, Zalie	13	Emmanuel	1:13.80
1	Anderson, River	12	Coffs	1:13.54
2	Hart, Ava	14	Emmanuel	1:13.23
3	Yearbury, Elysa	14	Superfish	1:12.57
4	Vincetic, Paige	14	Helensvale	1:11.22
5	Fok, Janelle	12	St Hildas	1:11.78
6	Campbell, Amelia	13	Emmanuel	1:12.69
7	Vince, Mia	12	Ipswich Communit	1:13.36
8	Layton, Sophia	14	Belgravia GC	1:13.77
9	Covino, Georgia	13	Miami	1:13.89

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**Heat 8 Finals (#23 Girls 12 & Over 100 LC Meter Freestyle)**

0	Grieve, Orla	13	St Hildas	1:18.53	_____
1	Leeson, Mackenzie	12	Ipswich Communit	1:17.95	_____
2	Hart, Marley	13	Emmanuel	1:15.60	_____
3	Barker, Rosabelle	13	AB Pat College	1:14.59	_____
4	Tomizawa, Anna	14	Superfish	1:14.32	_____
5	Wojtasik, Maya	12	Southport	1:14.48	_____
6	Terry, Scarlett	12	Pimpama	1:15.21	_____
7	Armitage, Evelyn	12	Pimpama	1:16.30	_____
8	Priekulis, Kayla	12	Emmanuel	1:18.05	_____
9	Drury, Allira	12	Gullivers	1:18.67	_____

**Heat 9 of 9 Finals**

0					_____
1					_____
2					_____
3	Semyraha, Tilly	12	Beaudesert	1:20.88	_____
4	De la Hoz Rodriguez, Br	13	Camden Asc	1:19.00	_____
5	Murphy, Zara	12	Tss Aquatic	1:19.75	_____
6					_____
7					_____
8					_____
9					_____

**Event 24 Boys 12 & Over 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time	
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**Heat 1 of 7 Finals**

0	Poppe, Israel	19	Guam	54.50	_____
1	Tarere, Josh	26	PNG	53.83	_____
2	Kalogeropoulos, Matthe	18	Tss Aquatic	53.12	_____
3	Sheehan, Hudson	17	Tss Aquatic	52.56	_____
4	Sutton, Declan	23	Southport	51.03	_____
5	Herraman, Samuel	24	Southport	51.59	_____
6	Mulkerrins, Archie	19	Miami	52.71	_____
7	Ohuafi, Finau	25	Tonga	53.76	_____
8	Baxter, Danny	16	Somerset GC	53.93	_____
9	Hallal, Tyler	15	Miami	55.04	_____

**Heat 2 of 7 Finals**

0	Morris, Emmitt	14	Pimpama	56.14	_____
1	Toia, Christian	20	Samoa	56.05	_____
2	Alford, Nick	20	Southport	55.89	_____
3	Brown, Reilly	16	Ipswich Communit	55.69	_____
4	Rayward, Dane	16	Miami	55.08	_____
5	Hudson, Cooper	16	Miami	55.27	_____
6	Collins, Jay D	16	Helensvale	55.72	_____
7	Ketchell, Peter	17	Southport	56.04	_____
8	Truman, Maximus	15	Miami	56.05	_____
9	Bruggemann, Eli	14	StPetersWestern	56.74	_____

**Heat 3 of 7 Finals**

0	Pascu, Victor	16	Beaudesert	59.86	_____
1	Pope, Archie	15	Tss Aquatic	59.77	_____
2	Pascu, Edward	15	Beaudesert	58.39	_____
3	Vickery, Diesel	14	Emmanuel	57.68	_____
4	Anderson, Cooper	17	Somerset GC	57.06	_____
5	McGloughlin, Hunter	16	Southport	57.55	_____
6	Chin, Dominic	16	Ipswich Grammar	57.97	_____
7	Amis, Grant	15	Miami	59.56	_____
8	Bebendorf, Izaac	15	Trinity	59.86	_____
9	Cabral Barbosa, Alexanc	15	All Saints	1:00.31	_____

**Heat 4 of 7 Finals**

0	Bambry, Reuben	12	Belgravia GC	1:04.08	_____
1	Vickery, Judd	13	Emmanuel	1:02.78	_____
2	Hejda, Riley	15	Ipswich Communit	1:01.97	_____
3	Merchant, Kessler	14	Twin	1:01.20	_____
4	Macdonald, Kai	14	Southport	1:00.36	_____
5	Pascu, Christian	15	Beaudesert	1:01.01	_____
6	Middleton, Zayne	16	Belgravia GC	1:01.83	_____
7	Abdelmaguid, Yahia	13	Miami	1:02.09	_____
8	Ward, Jasper	12	Tss Aquatic	1:03.20	_____
9	Mcdonogh, Luke	15	Tss Aquatic	1:04.82	_____

**Heat 5 of 7 Finals**

0	Guga, Liam	12	Emmanuel	1:08.67	_____
1	Evans, Landon	15	Superfish	1:07.46	_____
2	Denney, Jeremy	14	Emmanuel	1:06.89	_____
3	Martinez, Jotham	14	Pimpama	1:05.67	_____
4	Findlay, Joshua	14	Pimpama	1:05.10	_____
5	Davenport, William	14	Pimpama	1:05.12	_____
6	Grant, Cruz	12	Miami	1:06.22	_____
7	Hasselle, Hugo	13	Somerset GC	1:07.31	_____
8	Walker, Eamon	13	Southport	1:07.46	_____
9	Hart, Kai	14	Lawrence	1:09.19	_____

**Heat 6 of 7 Finals**

0	Smith, Van	13	All Saints	1:14.24	_____
1	Krstevski, Aiden	13	Southport	1:13.32	_____
2	Sullivan, Liam	12	Pimpama	1:12.90	_____
3	Kerr, Kaden	12	Ipswich Communit	1:11.16	_____
4	Tomlinson, Angus	12	Helensvale	1:10.78	_____
5	Hepburn, Jarryd	14	Tss Aquatic	1:10.89	_____
6	Simpson, Te Kahurangi	12	Southport	1:12.41	_____
7	McTomlinson, Dexter	12	Belgravia GC	1:13.25	_____
8	Pearson, Charlie	13	Emmanuel	1:13.97	_____
9					_____

**Heat 7 of 7 Finals**

0					_____
1					_____
2					_____
3	Allen, Graham	12	Helensvale	1:20.00	_____
4	Song, Jiwoo	13	Trinity	1:15.76	_____
5	Sydor, Flynn	13	Pimpama	1:15.95	_____
6					_____
7					_____
8					_____
9					_____

**2026 SGC National Preparation Meet - 21/02/2026 to 22/02/2026**  
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**Event 25 Girls 12 & Over 200 LC Meter IM**

Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 4 Finals</b>					
0	Rackley, Claire	13	Miami	2:38.11	___
1	Bird, Kara	16	Miami	2:33.17	___
2	Tregenza, Beth	14	Miami	2:32.47	___
3	Melbourn, Jocelyne	14	Somerset GC	2:28.32	___
4	Doherty, Emma	21	Bond	2:17.48	___
5	Bailey, Summer	14	Miami	2:24.75	___
6	Bell, Kiera	16	Helensvale	2:30.27	___
7	McGrath, Elenor	14	Somerset GC	2:32.95	___
8	Lee, Arin	14	Miami	2:33.46	___
9	Teng, Jasmine	14	Somerset GC	2:39.01	___
<b>Heat 2 of 4 Finals</b>					
0	Ramirez, Samara	16	Tss Aquatic	2:48.77	___
1	Hart, Amelia	15	All Saints	2:45.97	___
2	Riddle, Elizabeth	12	Twmba Grammar	2:43.99	___
3	Box, Stephanie	12	Miami	2:42.81	___
4	Mair, Alexandra	13	AB Pat College	2:39.57	___
5	Rameau, Ivy	13	St Hildas	2:40.71	___
6	Bell, Tia	13	Helensvale	2:43.48	___
7	Steele, Chloe	12	St Hildas	2:44.05	___
8	Platon, Dannielle	12	Pimpama	2:47.91	___
9	Hurford, Layla	13	Palm Beach	2:49.09	___
<b>Heat 3 of 4 Finals</b>					
0	Anderson, River	12	Coffs	3:02.95	___
1	Lowe, Harper	12	Pimpama	3:00.95	___
2	Yearbury, Elysa	14	Superfish	2:59.10	___
3	Zhang, Selina	13	Pimpama	2:51.35	___
4	Davenport, Chloe	12	Pimpama	2:49.16	___
5	Short, Bonnie	13	Helensvale	2:49.89	___
6	McTomlinson, Frankie	14	Belgravia GC	2:59.02	___
7	Zhang, Emily	13	AB Pat College	3:00.69	___
8	Terry, Scarlett	12	Pimpama	3:02.52	___
9					___
<b>Heat 4 of 4 Finals</b>					
0					___
1					___
2					___
3	Armitage, Evelyn	12	Pimpama	3:09.69	___
4	Les, Valanna	12	St Hildas	3:04.89	___
5	Tregenza, Adelyn	12	Miami	3:06.32	___
6					___
7					___
8					___
9					___

**Event 26 Boys 12 & Over 200 LC Meter IM**

Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Finals</b>					
0	Ward, Jasper	12	Tss Aquatic	2:48.56	___
1	Zhang, Toby	15	AB Pat College	2:40.78	___
2	Kerr, Bradley	21	Woogaroo	2:30.74	___
3	Harvey, Jasper	14	Emmanuel	2:22.14	___
4	Grigor, Leny	16	Somerset GC	2:02.70	___
5	Hembling, Martin	16	Somerset GC	2:16.60	___
6	Bruggemann, Eli	14	StPetersWestern	2:23.69	___
7	Marsden, Matanga	14	Miami	2:38.22	___
8	Hasselle, Hugo	13	Somerset GC	2:45.38	___
9					___
<b>Heat 2 of 2 Finals</b>					
0					___
1					___
2					___
3	Tomlinson, Angus	12	Helensvale	3:07.30	___
4	Duncan, Jenson	12	Helensvale	2:50.78	___
5	Simmonds, Harry	13	Helensvale	2:54.44	___
6					___
7					___
8					___
9					___

**Event 27 Girls 12 & Over 100 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 4 Finals</b>					
0	Kamprad, Indi	15	Bond	1:15.54	___
1	Mudunasoko, Kelera	18	FIJI	1:15.00	___
2	Arnot, Annabel	18	Bond	1:14.16	___
3	Strachan, Lacey	17	Bond	1:11.01	___
4	Connolly, Lanihei	20	COOK	1:07.40	___
5	King, Tilly	20	Bond	1:08.66	___
6	Strachan, Chelsea	15	Somerset GC	1:12.16	___
7	Albertyn, Roxanne	14	Miami	1:14.37	___
8	Wong, Lihwa	15	Somerset GC	1:15.44	___
9	Yorke, Angeline	18	Ipswich Communit	1:16.92	___
<b>Heat 2 of 4 Finals</b>					
0	Fok, Janelle	12	St Hildas	1:25.14	___
1	Coleman, Lily	14	Pimpama	1:23.34	___
2	Ferguson, Madeleine	14	Trinity	1:22.48	___
3	Sun, Ivy	12	Pimpama	1:21.26	___
4	Xu, Xintian	15	Emmanuel	1:19.10	___
5	Eddie, Lyla	15	Pimpama	1:20.28	___
6	Ronald, Laura	14	Helensvale	1:21.96	___
7	Bardina, Eva	12	St Hildas	1:22.55	___
8	Stevenson, Grace	13	Helensvale	1:24.05	___
9	Rankin, Eliana	12	Miami	1:26.09	___

**2026 SGC National Preparation Meet - 21/02/2026 to 22/02/2026**  
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**Heat 3 Finals (#27 Girls 12 & Over 100 LC Meter Breaststroke)**

0	Dhillon, Angelina	12	Tss Aquatic	1:34.46	_____
1	Zhang, Emily	13	AB Pat College	1:32.83	_____
2	De la Hoz Rodriguez, Br	13	Camden Asc	1:31.53	_____
3	Roper, Eva	12	St Hildas	1:29.45	_____
4	Platon, Dannielle	12	Pimpama	1:28.41	_____
5	Suttling, Izabella	13	Somerset GC	1:29.44	_____
6	Anderson, Isla	12	Somerset GC	1:30.00	_____
7	Tregenza, Adelyn	12	Miami	1:32.15	_____
8	Cunningham, Alice	15	StPetersWestern	1:33.66	_____
9					_____

**Heat 4 of 4 Finals**

0					_____
1					_____
2					_____
3	Armitage, Evelyn	12	Pimpama	1:36.89	_____
4	Anderson, River	12	Coffs	1:34.85	_____
5	Wojtasik, Maya	12	Southport	1:36.84	_____
6					_____
7					_____
8					_____
9					_____

**Event 28 Boys 12 & Over 100 LC Meter Breaststroke**

Lane Name	Age	Team	Seed Time	
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**Heat 1 of 3 Finals**

0	Wang, Jimmy	17	Southport	1:10.27	_____
1	Morris, Emmitt	14	Pimpama	1:08.44	_____
2	Eddy, Oscar	18	Tss Aquatic	1:05.56	_____
3	Toia, Christian	20	Samoa	1:04.54	_____
4	Grigor, Leny	16	Somerset GC	1:02.59	_____
5	Story, Jacob	18	COOK	1:02.93	_____
6	Lai, Ching Hei	21	Southport	1:05.15	_____
7	Mason, Joshua	17	Bond	1:07.44	_____
8	Fosberg, Roman	18	Mingara	1:08.84	_____
9	Czegledi, Daniel	17	Southport	1:10.43	_____

**Heat 2 of 3 Finals**

0	Bambry, Reuben	12	Belgravia GC	1:23.16	_____
1	Olsson, Alexander	13	Somerset GC	1:21.84	_____
2	Davenport, William	14	Pimpama	1:20.62	_____
3	Martinez, Jotham	14	Pimpama	1:18.51	_____
4	Talbot, Lachlan	13	Somerset GC	1:17.28	_____
5	Baxter, Danny	16	Somerset GC	1:17.34	_____
6	Becker, Benjamin Nath	14	Tss Aquatic	1:19.87	_____
7	Findlay, Joshua	14	Pimpama	1:20.81	_____
8	Low, Henry	13	Miami	1:22.47	_____
9	Evans, Landon	15	Superfish	1:25.86	_____

**Heat 3 of 3 Finals**

0					_____
1					_____
2	Smith, Van	13	All Saints	1:36.51	_____
3	Pearson, Charlie	13	Emmanuel	1:31.84	_____
4	Grant, Cruz	12	Miami	1:29.53	_____
5	Sullivan, Liam	12	Pimpama	1:29.61	_____
6	Song, Jiwoo	13	Trinity	1:35.55	_____
7					_____
8					_____
9					_____

**Event 29 Girls 12 & Over 50 LC Meter Backstroke**

Lane Name	Age	Team	Seed Time	
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**Heat 1 of 4 Finals**

0	Chappell, Mia	13	Helensvale	33.37	_____
1	Rameau, Ivy	13	St Hildas	32.88	_____
2	Hetherington, Kiera	19	Southport	32.23	_____
3	Fydler, Adriana	22	Bond	30.22	_____
4	Mcfarlane, Kayla	21	Southport	29.70	_____
5	Camenzuli, Ava	15	Miami	30.08	_____
6	Johnston, Summer	16	Somerset GC	30.26	_____
7	Carson, Mia	16	Southport	32.24	_____
8	McGrath, Elenor	14	Somerset GC	33.02	_____
9	Volz, Evelina	14	Helensvale	33.91	_____

**Heat 2 of 4 Finals**

0	Bootes, Indi	12	Miami	36.44	_____
1	Jones, Maya	15	Miami	35.10	_____
2	Watson, Ella	13	Miami	34.72	_____
3	Zhang, Selina	13	Pimpama	34.63	_____
4	Rackley, Claire	13	Miami	33.94	_____
5	Bocsa, Izabella	14	Southside Aq	34.19	_____
6	Zhang, Katelyn	13	Helensvale	34.64	_____
7	lee, Christine	13	Miami	34.95	_____
8	Caulfield, Ellen	14	Southside Aq	35.84	_____
9	Perndt, Mia	13	Somerset GC	36.50	_____

**Heat 3 of 4 Finals**

0	Brown, Indiana	12	Emmanuel	39.72	_____
1	Drury, Allira	12	Gullivers	38.22	_____
2	Kalamaras, Sofia	13	Tss Aquatic	37.86	_____
3	Morris, Rosie	13	Miami	37.07	_____
4	McTomlinson, Frankie	14	Belgravia GC	36.51	_____
5	Wang, Lillian	13	Southport	37.06	_____
6	McConnell-Hackett, Dar	14	Southport	37.62	_____
7	Anderson, River	12	Coffs	37.86	_____
8	Amey, Matilda	12	Emmanuel	39.27	_____
9					_____

**2026 SGC National Preparation Meet - 21/02/2026 to 22/02/2026**  
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**Heat 4 Finals (#29 Girls 12 & Over 50 LC Meter Backstroke)**

0				
1				
2				
3	Dhillon, Angelina	12	Tss Aquatic	41.99
4	Les, Valanna	12	St Hildas	40.40
5	Flinders, Phoebe	12	Miami	40.49
6				
7				
8				
9				

**Event 30 Boys 12 & Over 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

0	Vickery, Diesel	14	Emmanuel	31.70
1	Pascu, Edward	15	Beaunesert	31.05
2	Bu, Aaron	14	Southport	30.71
3	Hembling, Martin	16	Somerset GC	29.84
4	Sutcliffe, Will	18	Miami	27.23
5	Deschamps, Ethan	16	Somerset GC	29.56
6	Pope, Archie	15	Tss Aquatic	30.21
7	Cabral Barbosa, Alexan	15	All Saints	30.84
8	Hejda, Riley	15	Ipswich Communit	31.56
9	Macdonald, Kai	14	Southport	31.76

**Heat 2 of 2 Finals**

0				
1	Guga, Liam	12	Emmanuel	37.38
2	Simmonds, Harry	13	Helensvale	36.50
3	Rachow, Corbin	12	Pimpama	35.19
4	Sewell, Jack	13	Somerset GC	33.15
5	Vickery, Judd	13	Emmanuel	33.44
6	Denney, Jeremy	14	Emmanuel	35.82
7	Hasselle, Hugo	13	Somerset GC	36.84
8	Allen, Graham	12	Helensvale	40.00
9				

**Event 31 Girls 12 & Over 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

0	Vince, Mia	12	Ipswich Communit	2:58.67
1	Hurford, Layla	13	Palm Beach	2:54.51
2	Tassell, Holly	13	Helensvale	2:41.72
3	Swindale, Zoe	15	Rackley ST	2:34.81
4	Wong, Liyng	13	Somerset GC	2:27.25
5	Dennett, Ellie	14	Helensvale	2:34.18
6	Bailey, Summer	14	Miami	2:35.11
7	Erwin, Matilda	14	Helensvale	2:44.16
8	Yearbury, Elysa	14	Superfish	2:57.74
9				

**Heat 2 of 2 Finals**

0				
1				
2				
3	Scarce, Marlie	12	Miami	3:04.16
4	Kam, Hayley	13	Emmanuel	2:59.29
5	Riddle, Elizabeth	12	Twmba Grammar	3:02.53
6				
7				
8				
9				

**Event 32 Boys 12 & Over 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals**

0				
1	Green, Harrison	13	Helensvale	2:25.37
2	Deschamps, Ethan	16	Somerset GC	2:21.98
3	Kamprad, Noah	21	Bond	2:02.40
4	Morgan, David	32	Trinity	2:01.78
5	Grigor, Leny	16	Somerset GC	2:01.78
6	Anderson, Cooper	17	Somerset GC	2:10.14
7	Kerr, Bradley	21	Woogaroo	2:23.20
8				
9				

**Event 33 Girls 12 & Over 1500 LC Meter Freestyle**

Name	Age	Team	Seed Time
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--- No entries for event

**Event 34 Boys 12 & Over 1500 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals - Check in by 1:34pm**

0				
1				
2				
3	Aldridge, Luke	15	StPetersWestern	18:30.55
4	Baxter, Danny	16	Somerset GC	16:08.47
5	Rogers, Avin	14	Redlands	18:17.57
6				
7				
8				
9				



QR Code Check In

2026 Australian Age Championships  
QUALIFYING TIMES

Gold Coast Aquatic Centre  
11-18 April 2026

GIRLS						
EVENT	13 YEARS	14 Years	15 YEARS	16 YEARS	17 YEARS	18 YEARS
50m Freestyle	28.81	28.27	28.02	27.92	27.69	27.69
100m Freestyle	1:02.95	1:01.84	1:00.98	1:00.47	59.81	59.81
200m Freestyle	2:17.99	2:14.92	2:13.20	2:11.91	2:11.26	2:11.26
400m Freestyle	4:49.84	4:42.56	4:39.73	4:38.10	4:36.95	4:36.95
800m Freestyle	9:43.09	9:35.25	9:24.62	9:20.60	9:17.66	9:17.66
1500m Freestyle	18:44.64	18:25.40	18:11.95	18:02.64	17:55.51	17:55.51
50m Backstroke	33.26	32.80	32.31	32.25	32.09	32.09
100m Backstroke	1:12.83	1:10.97	1:09.77	1:09.17	1:08.64	1:08.64
200m Backstroke	2:37.71	2:33.41	2:30.65	2:29.76	2:28.29	2:28.29
50m Breaststroke	37.67	36.58	36.26	36.13	35.85	35.85
100m Breaststroke	1:22.93	1:20.90	1:19.35	1:18.68	1:18.09	1:18.09
200m Breaststroke	2:59.75	2:54.24	2:52.41	2:49.50	2:48.01	2:48.01
50m Butterfly	31.19	30.66	30.17	29.77	29.50	29.50
100m Butterfly	1:11.29	1:09.08	1:07.29	1:05.97	1:05.29	1:05.29
200m Butterfly	2:39.91	2:35.91	2:31.48	2:29.15	2:27.78	2:27.78
200m IM	2:37.89	2:33.15	2:30.39	2:28.40	2:27.31	2:27.31
400m IM	5:37.09	5:26.69	5:20.84	5:15.94	5:14.33	5:14.33
CLUB RELAYS						
	13 - 14 years	15 - 16 years	17 - 18 years			
4x50m Freestyle	1:56.47	1:55.03	1:54.08			
4x50m Medley	2:12.05	2:09.85	2:08.84			

BOYS						
EVENT	13 YEARS	14 YEARS	15 Years	16 YEARS	17 YEARS	18 YEARS
50m Freestyle	27.15	26.17	25.47	25.08	24.76	24.64
100m Freestyle	59.85	57.46	55.84	54.82	54.50	54.24
200m Freestyle	2:12.32	2:07.54	2:03.18	2:01.26	1:58.91	1:57.73
400m Freestyle	4:37.78	4:29.96	4:22.65	4:18.50	4:14.56	4:11.96
800m Freestyle	9:24.10	9:13.50	8:58.45	8:49.36	8:44.97	8:41.49
1500m Freestyle	18:11.51	17:54.61	17:25.16	17:06.32	16:47.84	16:37.10
50m Backstroke	32.04	30.84	29.73	29.23	28.55	28.43
100m Backstroke	1:09.94	1:06.96	1:04.51	1:02.74	1:02.02	1:01.45
200m Backstroke	2:32.93	2:25.18	2:20.18	2:17.17	2:15.39	2:13.77
50m Breaststroke	35.18	33.88	32.73	32.01	31.77	31.46
100m Breaststroke	1:18.28	1:15.02	1:12.46	1:11.37	1:10.19	1:09.43
200m Breaststroke	2:51.26	2:44.05	2:39.26	2:35.01	2:33.39	2:32.37
50m Butterfly	29.77	28.50	27.56	26.84	26.54	26.27
100m Butterfly	1:07.63	1:03.97	1:02.01	1:00.31	59.58	58.98
200m Butterfly	2:32.61	2:25.04	2:19.83	2:16.94	2:14.01	2:12.62
200m IM	2:30.38	2:25.87	2:20.54	2:18.99	2:16.01	2:14.60
400m IM	5:17.15	5:10.90	5:06.30	5:00.12	4:54.34	4:51.18
RELAYS						
	13 - 14 years	15 - 16 years	17 - 18 years			
4x50m Freestyle	1:49.63	1:44.13	1:41.76			
4x50m Medley	2:02.97	1:56.55	1:54.12			

Age as at 11th April 2026

Short Course times are not eligible for entry into this meet

Qualifying times must be achieved on or after 1<sup>st</sup> May 2025

**Entries close 12noon (midday) AEDT Monday 23rd March 2026.** Times achieved after this date will not be accepted under any circumstances

**NOTE:** SwimAus strongly advises all participants to check the Start List on the day it is published to ensure your seed times are correct. All care is taken to ensure the most recent times are used, however due to unexpected system delays, this may not always be the case. Swimmers will have a small window of time to submit any changes if needed.

MEN	EVENT	WOMEN
24.51	50m Freestyle	27.56
53.96	100m Freestyle	59.54
1:57.14	200m Freestyle	2:10.63
4:10.70	400m Freestyle	4:36.95
8:41.49	800m Freestyle	9:17.66
16:37.10	1500m Freestyle	17:55.51
28.28	50m Backstroke	31.96
1:01.14	100m Backstroke	1:08.31
2:13.10	200m Backstroke	2:27.54
31.30	50m Breaststroke	35.71
1:09.08	100m Breaststroke	1:17.73
2:31.60	200m Breaststroke	2:47.16
26.14	50m Butterfly	29.35
58.68	100m Butterfly	1:05.03
2:11.95	200m Butterfly	2:27.04
2:13.92	200m Individual Medley	2:26.80
4:49.72	400m Individual Medley	5:12.76
<b>RELAYS</b>		
3:40.00	4 x 100m Free	4:01.00
7:55.00	4 x 200m Free	8:45.00
4:00.00	4 x 100m Medley	4:29.00
4:12.00	MIXED 4 x 100m Medley	4:12.00

Age as at 6<sup>th</sup> April 2026.

Only Long Course times will be accepted.

Qualifying times must be achieved after 1st January 2025.

Entries close 12noon (midday) AEDT Friday 20<sup>th</sup> March 2026 - Times achieved after the closing date will not be accepted under any circumstances.

**NOTE:** SwimAus strongly advises all participants to check the Start List on the day it is published to ensure your seed times are correct. All care is taken to ensure the most recent times are used, however due to unexpected system delays, this may not always be the case. Swimmers will have a small window of time to submit any changes if needed.

GIRLS 12-13 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:36.61	1:41.52	1:15.34	1:09.49	1:04.12	0:55.66	0:54.10	0:49.54	0:43.30	0:43.02	0:47.61	0:43.75	0:42.16	0:43.49	0:41.51	0:45.84	0:53.77	0:38.82
100m Free	3:27.93	3:39.28	2:44.91	2:29.21	2:18.03	1:59.15	1:56.33	1:48.86	1:34.50	1:32.29	1:46.67	1:36.03	1:31.02	1:29.82	1:30.75	1:41.17	1:49.83	1:25.02
50m Back	2:05.21	1:51.76	1:31.26	1:24.09	1:09.98	1:03.95	1:04.98	0:54.74	0:50.81	0:50.27	0:57.69	0:51.97	0:48.11	0:48.08	0:46.57	0:56.21	1:08.04	0:44.16
100m Back	4:34.09	3:59.19	3:17.50	3:15.57	2:54.86	2:15.84	2:15.89	1:56.35	1:47.01	1:44.55	2:00.78	1:48.61	1:42.61	1:41.67	1:39.39	2:03.07	2:28.80	1:33.93
50m Fly				1:15.70	1:11.84	0:59.08	0:56.41	0:52.36	0:44.69	0:45.05	0:54.13	0:47.99	0:44.42	0:48.29	0:43.62	0:48.48	1:01.46	0:40.17
100m Fly							2:14.49	1:56.62	1:39.18	1:39.37	2:03.59	1:43.76	1:38.77	1:40.01	1:41.10	1:51.61	2:24.49	1:30.72
50m Breast	2:32.64	2:01.07	1:39.09	1:30.43	1:21.83	1:13.63	1:09.56	0:58.34	0:51.13		0:59.40	0:55.08	0:53.50	0:52.46	0:50.75	0:59.81	1:14.59	0:47.94
100m Breast			3:59.76	3:15.49	2:56.63	2:33.68	2:27.21	2:06.25	1:52.69		2:07.67	1:59.27	1:50.44	1:54.32	1:53.55	2:12.99	2:38.52	1:45.44
150m IM		8:57.26	4:50.35	4:32.55														
200m IM					6:26.86	5:12.99	5:01.12	4:37.65	3:58.76	3:58.15	4:29.78	4:07.19	3:52.55	3:47.50	3:47.12	4:30.86	5:34.11	3:35.66
GIRLS 14-15 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:27.77	1:32.24	1:08.45	1:03.13	0:58.26	0:51.67	0:50.23	0:45.99	0:40.75	0:40.48	0:44.53	0:40.92	0:39.68	0:40.93	0:39.06	0:43.14	0:50.60	0:36.31
100m Free	3:08.92	3:19.23	2:29.83	2:15.57	2:05.41	1:50.61	1:47.99	1:41.05	1:28.93	1:26.85	1:39.77	1:29.82	1:25.65	1:24.52	1:25.40	1:35.20	1:43.36	1:19.52
50m Back	1:53.76	1:41.54	1:22.92	1:16.40	1:03.58	0:59.37	1:00.32	0:50.81	0:47.82	0:47.31	0:53.96	0:48.61	0:45.28	0:45.25	0:43.83	0:52.90	1:04.02	0:41.30
100m Back	4:09.02	3:37.32	2:59.44	2:57.68	2:38.87	2:06.10	2:06.15	1:48.01	1:40.70	1:38.38	1:52.96	1:41.58	1:36.56	1:35.68	1:33.53	1:55.81	2:20.03	1:27.85
50m Fly				1:08.78	1:05.27	0:54.84	0:52.37	0:48.61	0:42.05	0:42.39	0:50.62	0:44.89	0:41.80	0:45.44	0:41.05	0:45.62	0:57.84	0:37.57
100m Fly							2:04.85	1:48.26	1:33.33	1:33.51	1:55.59	1:37.05	1:32.94	1:34.11	1:35.14	1:45.03	2:15.97	1:24.85
50m Breast	2:18.68	1:50.00	1:30.03	1:22.16	1:14.35	1:08.35	1:04.58	0:54.16	0:48.12		0:55.56	0:51.52	0:50.34	0:49.37	0:47.76	0:56.29	1:10.19	0:44.84
100m Breast			3:37.83	2:57.62	2:40.48	2:22.66	2:16.66	1:57.20	1:46.04		1:59.41	1:51.55	1:43.92	1:47.58	1:46.85	2:05.15	2:29.17	1:38.62
150m IM		8:21.37	5:03.57	4:44.96														
200m IM					5:45.82	4:47.84	4:36.92	4:15.34	3:43.31	3:42.74	4:10.44	3:49.47	3:37.50	3:32.78	3:32.43	4:13.33	5:12.49	3:20.20
GIRLS 12-15 YEARS: 200m & 400m Freestyle																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
200m Free		8:45.78	6:07.91	5:22.83	5:05.57	4:25.20	4:09.67	3:52.63	3:26.17	3:24.20	3:53.53	3:35.37	3:22.62	3:13.81	3:17.85	3:46.84	4:36.08	3:04.52
400m Free						8:40.81	8:18.46	7:59.36	6:58.77	6:59.20	8:04.18	7:11.32	6:52.07	7:03.96	7:02.15	8:30.13	9:42.78	6:27.00
GIRLS 16-18 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:21.48	1:25.62	1:03.54	0:58.61	0:54.08	0:48.62	0:47.26	0:43.28	0:38.71	0:38.45	0:42.12	0:38.70	0:37.69	0:38.88	0:37.11	0:40.98	0:48.06	0:34.34
100m Free	2:55.38	3:04.95	2:19.09	2:05.85	1:56.42	1:44.09	1:41.62	1:35.10	1:24.47	1:22.50	1:34.37	1:24.96	1:21.36	1:20.29	1:21.12	1:30.43	1:38.18	1:15.21
200m Free		7:57.70	5:34.27	4:53.31	4:37.63	4:06.19	3:51.78	3:35.95	3:14.01	3:12.16	3:38.42	3:21.43	3:10.67	3:02.38	3:06.19	3:33.46	4:19.80	2:52.58
400m Free						8:03.47	7:42.73	7:25.00	6:34.08	6:34.48	7:32.86	6:43.42	6:27.78	6:38.96	6:37.26	8:00.05	9:08.42	6:01.96
50m Back	1:45.61	1:34.26	1:16.97	1:10.93	0:59.02	0:55.87	0:56.76	0:47.82	0:45.42	0:44.94	0:51.04	0:45.98	0:43.01	0:42.98	0:41.63	0:50.25	1:00.82	0:39.07
100m Back	3:51.17	3:21.74	2:46.58	2:44.95	2:27.49	1:58.67	1:58.71	1:41.64	1:35.65	1:33.45	1:46.85	1:36.08	1:31.72	1:30.89	1:28.84	1:50.01	2:13.02	1:23.09
50m Fly				1:03.85	1:00.59	0:51.61	0:49.28	0:45.74	0:39.94	0:40.27	0:47.88	0:42.46	0:39.70	0:43.17	0:38.99	0:43.34	0:54.94	0:35.53
100m Fly							1:57.49	1:41.88	1:28.66	1:28.83	1:49.33	1:31.79	1:28.29	1:29.40	1:30.38	1:39.77	2:09.16	1:20.26
50m Breast	2:08.74	1:42.12	1:23.58	1:16.27	1:09.02	1:04.32	1:00.77	0:50.97	0:45.71		0:52.55	0:48.72	0:47.82	0:46.90	0:45.36	0:53.47	1:06.68	0:42.41
100m Breast			3:22.22	2:44.88	2:28.98	2:14.25	2:08.60	1:50.29	1:40.73		1:52.94	1:45.51	1:38.72	1:42.20	1:41.50	1:58.88	2:21.70	1:33.28
150m IM		7:41.08	4:39.18	4:22.06														
200m IM					5:18.03	4:29.22	4:19.01	3:58.81	3:31.22	3:30.68	3:55.68	3:35.94	3:25.72	3:21.26	3:20.92	3:59.61	4:55.56	3:08.40

**NOTE:** SwimAus strongly advises all participants to check the Start List on the day it is published to ensure your seed times are correct. All care is taken to ensure the most recent times are used, however due to unexpected system delays, this may not always be the case. Swimmers will have a small window of time to submit any changes if needed.

BOYS 12-13 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	2:00.08	1:35.33	1:13.04	1:07.02	0:55.20	0:48.85	0:45.11	0:43.30	0:37.94	0:36.76	0:41.55	0:37.80	0:36.83	0:38.37	0:36.73	0:39.26	0:46.97	0:34.38
100m Free	4:15.64	3:20.69	2:54.45	2:28.57	2:04.67	1:47.22	1:41.95	1:35.49	1:22.91	1:20.39	1:32.32	1:23.70	1:20.40	1:21.07	1:21.31	1:26.89	1:44.86	1:16.29
50m Back	1:52.85	1:28.78	1:19.44	1:17.15	0:59.13	0:53.81	0:55.68	0:51.25	0:44.15	0:44.22	0:50.44	0:45.69	0:41.61	0:42.02	0:41.19	0:48.07	0:57.80	0:38.72
100m Back	4:00.92	3:18.09	2:54.71	2:56.05	2:23.49	2:01.13	1:55.59	1:46.96	1:34.80	1:30.78	1:48.25	1:37.04	1:29.47	1:29.72	1:28.99	1:46.63	2:05.18	1:24.84
50m Fly				1:11.56	0:56.99	0:51.11	0:48.58	0:47.14	0:41.35	0:39.48	0:45.67	0:41.50	0:38.94	0:39.15	0:39.29	0:41.46	0:49.29	0:36.62
100m Fly							1:51.97	1:41.21	1:30.78	1:25.96	1:39.73	1:33.31	1:25.28	1:26.01	1:25.56	1:33.09	1:56.79	1:21.30
50m Breast	2:27.59	1:35.33	1:27.50	1:19.82	1:15.25	0:59.76	0:54.65	0:53.98	0:46.29		0:51.54	0:49.80	0:45.30	0:47.81	0:44.11	0:50.18	1:04.07	0:42.67
100m Breast			3:26.90	2:53.08	2:40.22	2:12.68	2:00.25	1:54.59	1:41.63		1:55.22	1:45.34	1:38.16	1:39.61	1:35.24	1:54.56	2:22.47	1:33.52
150m IM		6:47.66	5:20.38	4:42.34														
200m IM					5:33.10	4:41.24	4:24.94	4:10.31	3:37.08	3:26.55	3:55.99	3:43.78	3:20.63	3:27.11	3:22.77	3:49.69	4:46.98	3:14.94
BOYS 14-15 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:49.10	1:26.61	1:06.36	1:00.89	0:50.15	0:45.35	0:41.88	0:40.19	0:35.70	0:34.60	0:38.86	0:35.35	0:34.66	0:36.11	0:34.57	0:36.94	0:44.20	0:32.15
100m Free	3:52.27	3:02.33	2:38.50	2:14.99	1:53.27	1:39.53	1:34.64	1:28.64	1:18.02	1:15.65	1:26.35	1:18.29	1:15.66	1:16.29	1:16.51	1:21.77	1:38.68	1:11.35
50m Back	1:42.53	1:20.66	1:12.18	1:10.09	0:53.73	0:49.96	0:51.69	0:47.57	0:41.54	0:41.62	0:47.18	0:42.73	0:39.15	0:39.54	0:38.76	0:45.23	0:54.39	0:36.21
100m Back	3:38.89	2:59.97	2:38.74	2:39.95	2:10.37	1:52.45	1:47.31	1:39.29	1:29.21	1:25.43	1:41.25	1:30.76	1:24.19	1:24.43	1:23.74	1:40.34	1:57.80	1:19.35
50m Fly				1:05.01	0:51.78	0:47.45	0:45.10	0:43.76	0:38.91	0:37.15	0:42.72	0:38.81	0:36.64	0:36.84	0:36.97	0:39.02	0:46.38	0:34.25
100m Fly							1:43.94	1:33.96	1:25.43	1:20.89	1:33.28	1:27.27	1:20.25	1:20.93	1:20.52	1:27.60	1:49.90	1:16.04
50m Breast	2:14.10	1:26.61	1:19.50	1:12.52	1:08.36	0:55.48	0:50.73	0:50.11	0:43.56		0:48.21	0:46.58	0:42.63	0:44.99	0:41.51	0:47.22	1:00.29	0:39.90
100m Breast			3:07.98	2:37.25	2:25.57	2:03.17	1:51.63	1:46.37	1:35.63		1:47.77	1:38.52	1:32.38	1:33.74	1:29.63	1:47.81	2:14.07	1:27.47
150m IM		6:04.41	4:46.39	4:12.38														
200m IM					4:57.76	4:18.64	4:03.65	3:50.20	3:23.03	3:13.19	3:39.08	3:27.74	3:07.65	3:13.71	3:09.65	3:34.83	4:28.42	3:00.96
BOYS 12-15 YEARS: 200m & 400m Freestyle																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
200m Free		6:56.95	5:55.79	5:10.24	4:30.36	3:59.72	3:44.52	3:37.44	3:05.52	3:01.69	3:24.83	3:14.60	2:55.15	2:56.68	2:58.66	3:17.81	4:03.51	2:47.70
400m Free						8:12.05	7:43.51	7:24.15	6:36.74	6:17.34	7:08.84	6:44.38	6:13.93	6:29.66	6:10.53	7:07.88	8:40.99	6:01.83
BOYS 16-18 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:41.28	1:20.40	1:01.61	0:56.53	0:46.56	0:42.68	0:39.41	0:37.82	0:33.91	0:32.86	0:36.75	0:33.44	0:32.92	0:34.30	0:32.84	0:35.09	0:41.99	0:30.41
100m Free	3:35.62	2:49.26	2:27.14	2:05.31	1:45.15	1:33.66	1:29.06	1:23.41	1:14.11	1:11.86	1:21.67	1:14.05	1:11.87	1:12.47	1:12.68	1:17.68	1:33.74	1:07.49
200m Free		6:18.83	5:23.25	4:41.87	4:05.64	3:42.54	3:28.43	3:21.85	2:54.58	2:50.98	3:11.57	3:02.01	2:44.83	2:46.26	2:48.13	3:06.14	3:49.15	2:36.85
400m Free						7:36.77	7:10.28	6:52.31	6:13.35	5:55.09	6:41.09	6:18.21	5:51.88	6:06.68	5:48.68	6:42.65	8:10.27	5:38.42
50m Back	1:35.18	1:14.88	1:07.00	1:05.07	0:49.88	0:47.01	0:48.64	0:44.77	0:39.46	0:39.53	0:44.62	0:40.42	0:37.19	0:37.56	0:36.82	0:42.97	0:51.67	0:34.25
100m Back	3:23.20	2:47.07	2:27.36	2:28.49	2:01.02	1:45.82	1:40.98	1:33.44	1:24.74	1:21.15	1:35.76	1:25.84	1:19.97	1:20.20	1:19.55	1:35.31	1:51.90	1:15.05
50m Fly				1:00.35	0:48.07	0:44.65	0:42.44	0:41.18	0:36.96	0:35.29	0:40.41	0:36.71	0:34.81	0:34.99	0:35.12	0:37.06	0:44.06	0:32.39
100m Fly							1:37.81	1:28.42	1:21.15	1:16.84	1:28.23	1:22.54	1:16.23	1:16.88	1:16.48	1:23.21	1:44.39	1:11.92
50m Breast	2:04.48	1:20.40	1:13.80	1:07.32	1:03.46	0:52.21	0:47.74	0:47.16	0:41.38		0:45.60	0:44.06	0:40.50	0:42.74	0:39.43	0:44.85	0:57.27	0:37.74
100m Breast			2:54.50	2:25.98	2:15.14	1:55.90	1:45.04	1:40.10	1:30.84		1:41.93	1:33.19	1:27.75	1:29.04	1:25.14	1:42.41	2:07.35	1:22.73
150m IM		5:35.13	4:23.38	3:52.10														
200m IM					4:33.83	4:01.91	3:47.88	3:35.30	3:12.03	3:02.73	3:26.16	3:15.49	2:57.49	3:03.22	2:59.38	3:23.19	4:13.88	2:50.29

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WOMEN																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:16.68	1:20.58	0:59.80	0:55.15	0:50.89	0:46.19	0:44.90	0:41.11	0:37.02	0:36.78	0:39.30	0:36.12	0:36.05	0:37.19	0:35.49	0:39.20	0:45.97	0:32.74
100m Free	2:45.04	2:54.04	2:10.89	1:58.43	1:49.56	1:38.87	1:36.53	1:30.33	1:20.79	1:18.91	1:28.06	1:19.27	1:17.82	1:16.79	1:17.59	1:26.49	1:33.91	1:11.71
200m Free		7:23.46	5:10.31	4:32.29	4:17.73	3:51.67	3:38.11	3:23.22	3:04.30	3:02.54	3:21.55	3:05.87	3:01.12	2:53.24	2:56.86	3:22.77	4:06.79	2:43.24
400m Free						7:34.97	7:15.44	6:37.78	6:14.34	6:14.73	6:57.88	6:12.26	6:08.35	6:18.98	6:17.36	7:36.00	8:40.95	5:42.35
50m Back	1:39.38	1:28.70	1:12.43	1:06.74	0:55.54	0:53.07	0:53.92	0:45.42	0:43.44	0:42.98	0:47.62	0:42.90	0:41.14	0:41.11	0:39.82	0:48.06	0:58.17	0:37.25
100m Back	3:37.54	3:09.85	2:36.76	2:35.22	2:18.79	1:52.72	1:52.77	1:36.55	1:31.49	1:29.39	1:39.70	1:29.66	1:27.73	1:26.93	1:24.97	1:45.22	2:07.22	1:19.22
50m Fly				1:00.08	0:57.02	0:49.03	0:46.81	0:43.45	0:38.21	0:38.52	0:44.68	0:39.62	0:37.97	0:41.29	0:37.30	0:41.45	0:52.55	0:33.88
100m Fly							1:51.60	1:36.77	1:24.80	1:24.96	1:42.02	1:25.65	1:24.45	1:25.50	1:26.44	1:35.43	2:03.53	1:16.52
50m Breast	2:01.15	1:36.10	1:18.65	1:11.78	1:04.95	1:01.10	0:57.72	0:48.42	0:43.72		0:49.04	0:45.47	0:45.74	0:44.86	0:43.39	0:51.14	1:03.78	0:40.44
100m Breast			3:10.30	2:35.16	2:20.19	2:07.52	2:02.16	1:44.76	1:36.35		1:45.39	1:38.45	1:34.42	1:37.75	1:37.08	1:53.71	2:15.53	1:28.93
150m IM		7:25.17	4:29.54	4:13.02														
200m IM					5:07.05	4:21.52	4:11.60	3:51.99	3:26.06	3:25.54	3:43.87	3:25.13	3:20.70	3:16.34	3:16.02	3:53.76	4:48.35	3:03.44

MEN																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:35.30	1:15.66	0:57.97	0:53.19	0:43.81	0:40.54	0:37.43	0:35.93	0:32.44	0:31.43	0:34.30	0:31.20	0:31.49	0:32.80	0:31.41	0:33.56	0:40.16	0:29.00
100m Free	3:22.90	2:39.28	2:18.46	1:57.92	1:38.95	1:28.97	1:24.60	1:19.24	1:10.89	1:08.73	1:16.21	1:09.10	1:08.74	1:09.31	1:09.52	1:14.29	1:29.66	1:04.34
200m Free		5:51.67	5:00.08	4:21.67	3:48.03	3:29.42	3:16.14	3:09.95	2:45.84	2:42.42	2:56.78	2:47.95	2:36.57	2:37.93	2:39.71	2:56.82	3:37.67	2:28.36
400m Free						7:09.84	6:44.91	6:08.57	5:54.65	5:37.31	6:10.11	5:49.00	5:34.26	5:48.32	5:31.22	6:22.49	7:45.71	5:20.09
50m Back	1:29.57	1:10.46	1:03.05	1:01.23	0:46.94	0:44.66	0:46.20	0:42.53	0:37.74	0:37.81	0:41.64	0:37.72	0:35.57	0:35.93	0:35.22	0:41.10	0:49.42	0:32.66
100m Back	3:11.22	2:37.22	2:18.67	2:19.73	1:53.89	1:40.52	1:35.92	1:28.76	1:21.05	1:17.62	1:29.36	1:20.10	1:16.49	1:16.71	1:16.09	1:31.16	1:47.03	1:11.55
50m Fly				0:56.79	0:45.23	0:42.41	0:40.31	0:39.12	0:35.36	0:33.75	0:37.70	0:34.26	0:33.29	0:33.47	0:33.59	0:35.45	0:42.14	0:30.88
100m Fly							1:32.92	1:23.99	1:17.62	1:13.49	1:22.33	1:17.02	1:12.91	1:13.53	1:13.15	1:19.59	1:39.85	1:08.57
50m Breast	1:57.14	1:15.66	1:09.45	1:03.35	0:59.72	0:49.59	0:45.35	0:44.80	0:39.58		0:42.55	0:41.11	0:38.73	0:40.88	0:37.72	0:42.90	0:54.78	0:35.99
100m Breast			2:44.21	2:17.37	2:07.17	1:50.10	1:39.78	1:35.09	1:26.89		1:35.11	1:26.96	1:23.93	1:25.16	1:21.43	1:37.95	2:01.81	1:18.88
150m IM		5:23.56	4:14.29	3:44.09														
200m IM					4:24.38	3:54.99	3:41.37	3:29.15	3:07.35	2:58.27	3:15.83	3:05.70	2:53.16	2:58.75	2:55.00	3:18.23	4:07.68	2:45.81

Age as at 6th April 2026.

Only Long Course times can be used to enter this event.

Qualifying times must be achieved after 1st January, 2025.

Entries close 12noon (midday) AEDT Friday 20th March 2026 - Times achieved after the closing date will not be accepted under any circumstances.

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