



## 2023 Swimming Gold Coast SKINS

You are cordially invited to attend the inaugural 2023 Swimming Gold Coast SKINS.

<b>Date</b>	<b>Sunday 19<sup>th</sup> November 2023</b>
<b>Approximate Session Times</b>	<p>Session 1 - 7.00am warm-up for 8.00am start</p> <p>Session 2 - (Finals) – 10 minutes after completion of Session 1</p> <p>Session 3 - 5 minutes after completion of session 2</p> <p>Session 4 - (Finals) – 10 minutes after completion of Session 3</p> <p>Session 5 - 5 minutes after completion of session 4</p> <p>Session 6 - (Finals) – 10 minutes after completion of Session 5</p> <p>Session 7 - 5 minutes after completion of session 6</p> <p>Session 8 - (Finals) – 10 minutes after completion of Session 7</p>
<b>Nomination fee</b>	<p><b>\$12.00</b> per individual event + associated Swim Central fees for swimmers 13yrs &amp; under</p> <p><b>\$15.00</b> per individual event + associated Swim Central fees for swimmers 14yrs &amp; over</p> <p><b>\$2.00</b> swimmer surcharge to cover the cost of officials. Includes digital program.</p>
<b>Nominations close</b>	<p><b>Monday 13<sup>th</sup> November 2023 @ 11.59pm.</b></p> <p>All entries must be submitted through <a href="#">swim central</a></p> <p>#No Manual entries will be accepted#</p>
<b>Venue &amp; Gate entry</b>	<p><b>Gold Coast Aquatic</b></p> <p><b>Marine Parade</b></p> <p><b>Southport</b></p> <p>Spectators will be permitted access to the venue during the duration of the meet. Gate entry opens at 6.30am for spectators at a cost of \$3.40 per person (current at the time of writing).</p> <p>All swimmers, coaches, technical officials and volunteers will have their entry subsidised by Swimming Gold Coast.</p>
<b>Spectator Attendance</b>	<p>Spectators are allowed in attendance; however, they will be placed on the top deck viewing area, whilst swimmers, coaches, technical officials and team managers will be on the pool deck.</p> <p>We are aiming to encourage club pride, team spirit and enhance the atmosphere of the Sprint Championships by placing swimmers together with their clubmates and friends on the day, whilst parents and spectators can cheer on from a better vantage point. Anyone on Pool Deck MUST have a QLD Blue Card.</p>
<b>Late entries</b>	<b>Late entries will not be accepted under any circumstances.</b>
<b>Age Requirements</b>	<p>Age as at 19<sup>th</sup> November 2023.</p> <p><b>8yrs</b> is the minimum age for these championships.</p>
<b>Status</b>	This is a Swimming Queensland sanctioned Qualifying Meet.
<b>Entry Eligibility</b>	<p><b>All Swimmers must be fully registered as a Competitive Swimmer (on Swim Central) to nominate for this SKINS event.</b> 'Recreational' swimmers entries are ineligible.</p> <p><b>Qualifying Times</b></p> <p>There are no qualifying times for this event.</p>

<b>Multi –class events</b>	<p>Multi-Class Swimmers must be registered as ‘competitive’ swimmers with a Gold Coast club and have a classification card. Your classification number/s must be registered against your swimmers record in Swim Central.</p> <p>Due to the insufficient number of para-swimmers on the Gold Coast, MC swimmers are more than welcome, however, there is unfortunately no specific MC events.</p>
<b>Visiting swimmers</b>	<p>Visiting Swimmers are welcome.</p>
<b>Events</b>	<p>As per attached Program of Events.</p> <p>8-9yr old and MC events will be swum as combined timed final events. There will be no finals for these groups.</p> <p>Heats only will be swum in each event. If less than 3 nominations are received for an event, Swimming Gold Coast reserves the right to cancel the event and refund nominations. Swimming Gold Coast also reserves the right, on the day, to combine heats and events. Qualifying times for all events will be enforced.</p>
<b>Further Communication</b>	<p>In the week preceding the meet, further relevant information will be provided to all participants and attendees within the program, including volunteer requirements.</p>
<b>Warmup</b>	<p>Warmup will commence as follows:</p> <p>Session 1: 7.00am</p> <p>Lanes will be available in the training pool for additional warmup facilities.</p> <p>Dive starts and pacework will be allocated for Lanes 0 and 9 from 7:30am.</p> <p>After commencement of the Championships, there will be 2 lanes available in the 50m training pool for warm-up and cool-down.</p>
<b>Marshalling</b>	<p>All swim meets in the Gold Coast Region are self-Marshalling, however:</p> <p><b>ALL finalists, will be required to Marshall for the finals sessions only.</b></p> <p><b>There are NO reserves and we are on a strict time limit. If you are not at the blocks ready for your final – you will miss out!!!</b></p>
<b>Rules</b>	<p>This event will be conducted under the rules as documented within:</p> <p>"Swimming Queensland General Rules", "SQ Championship By-Laws", "FINA" and "SAL" rules.</p> <p>Competitors in the first two events should be behind the blocks in the self-marshalling zone 5 minutes prior to the scheduled starting time of the session. In addition, all competitors should be in the self-marshalling zone at least 6 heats prior to their own heat.</p>
<b>Backstroke Ledges</b>	<p>Backstroke ledges will be made available to swimmers in the 11yrs &amp; over Backstroke events only.</p>
<b>Technical Officials</b>	<p>All technical officials will be contacted to register their availability, for either day, or both by Chief Referee, Sharon Wicking.</p> <p>Any persons interested in learning about the possibilities of becoming a Technical Official, please contact the Swimming Gold Coast Chief Referee Sharon Wicking at: <a href="mailto:chiefreferee@swimminggoldcoast.org.au">chiefreferee@swimminggoldcoast.org.au</a> for communication on the opportunities available and any training requirements.</p>

**This is a unique structure and the first time this type of event has been conducted by SGC, so please ensure you have read how the event is to work to ensure no confusion on the day.**

The swimmers will be split into 4 age categories:

- 🏊 10yrs & under
- 🏊 11-13yrs
- 🏊 14-16yrs
- 🏊 17yrs & over

Each age will swim all four strokes as outlined in the program of events in sessions 1, 3, 5 and 7.

At the completion of each event, a list of top 10 swimmers will be announced and posted and those swimmers are to make their way to the start end for the semi-final of that same event.

In the first part of the final sessions, the events will take place as follows:

- ❖ 10yrs Girls Semi-Final
- ❖ 10yrs Boys Semi-Final
- ❖ 11-13yrs Girls Semi Final
- ❖ 11-13yrs Boys Semi Final

At the completion of each semi-final, the **top 5** swimmers will need to make their way back to the start to compete in the final. This will be conducted as follows:

- ❖ 10yrs Girls Final
- ❖ 10yrs Boys Final
- ❖ 11-13yrs Girls Final
- ❖ 11-13yrs Boys Final

#### Format of Events

**NOTE:** there are only 3 races between Semi Finals and Finals, so the top 5 swimmers **MUST** make their way back to the start immediately after finishing. There is likely to only be 3-4 minutes between each age categories' semi and final.

In the second part of the final sessions, the events will take place as follows:

- ❖ 14-16yrs Girls Semi-Final
- ❖ 14-16yrs Boys Semi-Final
- ❖ 17yrs & over Girls Semi Final
- ❖ 17yrs & over Boys Semi Final





At the completion of each semi-final, the **top 6** swimmers will need to make their way back to the start to compete in the Pre-final. This will be conducted as follows:

- ❖ 14-16yrs Girls Pre-Final
- ❖ 14-16yrs Boys Pre-Final
- ❖ 17yrs & over Girls Pre-Final
- ❖ 17yrs & over Boys Pre-Final

At the completion of each Pre-Final, the **top 3** swimmers will need to make their way back to the start to compete in the Final. This will be conducted as follows:

- ❖ 14-16yrs Girls Final
- ❖ 14-16yrs Boys Final
- ❖ 17yrs & over Girls Final
- ❖ 17yrs & over Boys Final

**NOTE:** there are only 3 races between Semi Finals, Pre-Finals and Finals, so the victorious swimmers **MUST** make their way back to the start immediately after finishing. There is likely to only be 3-4 minutes between each age categories' semi and final. If you are not ready to go for the next round, the race will be swum without you and you will be a withdrawal and not eligible for any prizemoney in that stroke.

<b>Results</b>	<p>1st, 2nd and 3rd placings will be determined from the <b>OFFICIAL TIMES</b> swam in the Finals. Prizemoney / vouchers will be awarded in age categories:</p> <ul style="list-style-type: none"> <li> 10yrs &amp; under</li> <li> 11-13yrs</li> <li> 14-16yrs</li> <li> 17yrs &amp; over</li> </ul>
<b>Prizemoney / Vouchers</b>	<p><b>Age Categories:</b></p> <p>10yrs &amp; under – 1st - \$40, 2nd - \$25, 3rd - \$15 worth of Aqua Shop Vouchers for each stroke + \$100 voucher for best combined 200m IM time.</p> <p>11-13yrs – 1st - \$40, 2nd - \$25, 3rd - \$15 for each stroke + \$100 for the best combined 200m IM time.</p> <p>14-16yrs – 1st - \$80, 2nd - \$50, 3rd - \$30 for each stroke + \$150 for the best combined 200m IM time</p> <p>17yrs &amp; over - \$80, 2nd - \$50, 3rd - \$30 for each stroke + \$200 for the best combined 200m IM time</p> <p>Clubs will receive \$50 for each individual stroke winner.</p> <p><b>Total Prizemoney - \$6,540.00</b></p>
<b>Meet Mobile</b>	<p>Results may be published in near real time during this meet via Meet Mobile. Please note:</p> <ul style="list-style-type: none"> <li>• Results published via Meet Mobile <b>ARE NOT OFFICIAL</b> and should be used as a guide only.</li> <li>• Official meet results are printed by officials during all meets and posted in a prominent position.</li> </ul> <p>Official results are also published within 48hrs of the completion of a meet upon the Swimming Gold Coast website event pages and Swim Central</p>
<b>Collection of medals</b>	<p>There are <b>NO</b> medals at this event – only prizemoney for the top 3 swimmers from the finals of each age category and event. Please see below.</p>
<b>Volunteers</b>	<p>To assist with the running of the meet, Swimming Gold Coast requires the assistance of parents to volunteer for the following roles throughout the meet.</p> <ul style="list-style-type: none"> <li>• Chief Timekeeper (1)</li> <li>• Catering Distributors (2)</li> <li>• Announcer (1)</li> <li>• Results Runner (1)</li> <li>• Photographer (1)</li> </ul> <p>Furthermore, parents may be required to assist their clubs and coaches by making themselves available as team managers. The role of the team manager is:</p> <ul style="list-style-type: none"> <li>• Supervising all swimmers from the club, especially those 17yrs &amp; under;</li> <li>• Assist in monitoring COVID responsibilities within your club area;</li> <li>• Supporting the coach(es) in matters relating to the swimmers;</li> <li>• Ensuring swimmers follow the guidelines;</li> <li>• Ensuring swimmers know what, when and where for seating, warm-up, self-marshalling, racing and warm-down;</li> <li>• Being a point of contact for drop-off and collection of swimmers;</li> <li>• Have relevant emergency contact details for each swimmer; and</li> <li>• Commit to the time required to fulfil the role</li> </ul> <p>All team managers must have a valid working with children blue card – <a href="#">link here</a>.</p>
<b>Timekeepers &amp; Volunteers &amp; TO's</b>	<p>Timekeepers and Volunteers will be required to be provided by each club, where available. A schedule will be provided to the clubs by Swimming Gold Coast, on Wednesday 15<sup>th</sup> November 2023.</p>

<b>Food</b>	Swimming Gold Coast will be hosting a BBQ throughout the day. A detailed menu will be provided on the last page of the meet program. Also, Café Catalina will be open to swimmers and spectators throughout the day.
<b>Code of conduct</b>	By entering this swim meet all swimmers and attendees agree to adhere to the Swimming Gold Coast code of conduct. The code of conduct can be found at the following link. <a href="#">CODE OF CONDUCT LINK</a>
<b>Photography &amp; images</b>	In nominating for this Meet, swimmers agree that they may be photographed by Swimming Queensland, Swimming Gold Coast and the Club approved photographers, that the images may be displayed for viewing and purchasing on site during the Meet and on the photographer's secure website after the Meet, and that they may also be used by Swimming Queensland, Swimming Gold Coast and the Club at its discretion.
<b>Copy of results</b>	A copy of results will be available on the website: <a href="https://www.swimminggoldcoast.org.au/meetresults">https://www.swimminggoldcoast.org.au/meetresults</a>

**For any enquiries, please contact**

- SGC Race Secretary - Sienna Dopson - [racesecretary@swimminggoldcoast.org.au](mailto:racesecretary@swimminggoldcoast.org.au)

**No manual TM entry files will be accepted (except Internationals).**

- Payment must be completed during event registration via the swim central online entries process.



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### Session One

7am warm-up / 8am racing commences.

Event No. Girls	Event Details	Event No. Boys
1	10yrs & Under 50m Butterfly – Heats	2
3	11-13yrs 50m Backstroke - Heats	4
5	14-16yrs 50m Breaststroke – Heats	6
7	17yrs & Over 50m Freestyle – Heats	8

### Session Two (Finals)

**FINALS to commence 10 minutes after session 1**

Event No.	Finals Event Details - Girls	Event No.	Finals Event Details - Boys
<b>1 Semi</b>	Girls 10yrs & under 50m Butterfly	<b>2 Semi</b>	Boys 10yrs & under 50m Butterfly
<b>3 Semi</b>	Girls 11-13yrs 50m Backstroke	<b>4 Semi</b>	Boys 11-13yrs 50m Backstroke
<b>1 Final</b>	Girls 10yrs & under 50m Butterfly	<b>2 Final</b>	Boys 10yrs & under 50m Butterfly
<b>3 Final</b>	Girls 11-13yrs 50m Backstroke	<b>4 Final</b>	Boys 11-13yrs 50m Backstroke
<b>5 Semi</b>	Girls 14-16yrs 50m Breaststroke	<b>6 Semi</b>	Boys 14-16yrs 50m Breaststroke
<b>7 Semi</b>	Girls 17yrs & over 50m Freestyle	<b>8 Semi</b>	Boys 17yrs & over 50m Freestyle
<b>5 Pre-Final</b>	Girls 14-16yrs 50m Breaststroke	<b>6 Pre-Final</b>	Boys 14-16yrs 50m Breaststroke
<b>7 Pre-Final</b>	Girls 17yrs & over 50m Freestyle	<b>8 Pre-Final</b>	Boys 17yrs & over 50m Freestyle
<b>5 Final</b>	Girls 14-16yrs 50m Breaststroke	<b>6 Final</b>	Boys 14-16yrs 50m Breaststroke
<b>7 Final</b>	Girls 17yrs & over 50m Freestyle	<b>8 Final</b>	Boys 17yrs & over 50m Freestyle

### Session Three

**Racing Starts: 5 minutes after completion of the Finals of Session 2**

Event No. Girls	Event Details	Event No. Boys
9	10yrs & under 50m Backstroke - Heats	10
11	11-13yrs 50m Butterfly - Heats	12
13	14-16yrs 50m Freestyle - Heats	14
15	17yrs & over 50m Breaststroke - Heats	16



### Session Four (Finals)

**FINALS to commence 10 minutes after Session 3**

Event No.	Finals Event Details - Girls	Event No.	Finals Event Details - Boys
<b>9 Semi</b>	Girls 10yrs & under 50m Backstroke	<b>10 Semi</b>	Boys 10yrs & under 50m Backstroke
<b>11 Semi</b>	Girls 11-13yrs 50m Butterfly	<b>12 Semi</b>	Boys 11-13yrs 50m Butterfly
<b>9 Final</b>	Girls 10yrs & under 50m Backstroke	<b>10 Final</b>	Boys 10yrs & under 50m Backstroke
<b>11 Final</b>	Girls 11-13yrs 50m Butterfly	<b>12 Final</b>	Boys 11-13yrs 50m Butterfly
<b>13 Semi</b>	Girls 14-16yrs 50m Freestyle	<b>14 Semi</b>	Boys 14-16yrs 50m Freestyle
<b>15 Semi</b>	Girls 17yrs & over 50m Breaststroke	<b>16 Semi</b>	Boys 17yrs & over 50m Breaststroke
<b>13 Pre-Final</b>	Girls 14-16yrs 50m Freestyle	<b>14 Pre-Final</b>	Boys 14-16yrs 50m Freestyle
<b>15 Pre-Final</b>	Girls 17yrs & over 50m Breaststroke	<b>16 Pre-Final</b>	Boys 17yrs & over 50m Breaststroke
<b>13 Final</b>	Girls 14-16yrs 50m Freestyle	<b>14 Final</b>	Boys 14-16yrs 50m Freestyle
<b>15 Final</b>	Girls 17yrs & over 50m Breaststroke	<b>16 Final</b>	Boys 17yrs & over 50m Breaststroke

### Session Five

**Racing Starts: 5 minutes after completion of the Finals of Session 4**

Event No. Girls	Event Details	Event No. Boys
<b>17</b>	10yrs & under 50m Breaststroke - Heats	<b>18</b>
<b>19</b>	11-13yrs 50m Freestyle - Heats	<b>20</b>
<b>21</b>	14-16yrs 50m Butterfly - Heats	<b>22</b>
<b>23</b>	17yrs & over 50m Backstroke - Heats	<b>24</b>

### Session Six (Finals)

**FINALS to commence 10 minutes after Session 5**

Event No.	Finals Event Details - Girls	Event No.	Finals Event Details - Boys
<b>17 Semi</b>	Girls 10yrs & under 50m Breaststroke	<b>18 Semi</b>	Boys 10yrs & under 50m Breaststroke
<b>19 Semi</b>	Girls 11-13yrs 50m Freestyle	<b>20 Semi</b>	Boys 11-13yrs 50m Freestyle
<b>17 Final</b>	Girls 10yrs & under 50m Breaststroke	<b>18 Final</b>	Boys 10yrs & under 50m Breaststroke
<b>19 Final</b>	Girls 11-13yrs 50m Freestyle	<b>20 Final</b>	Boys 11-13yrs 50m Freestyle
<b>21 Semi</b>	Girls 14-16yrs 50m Butterfly	<b>22 Semi</b>	Boys 14-16yrs 50m Butterfly
<b>23 Semi</b>	Girls 17yrs & over 50m Backstroke	<b>24 Semi</b>	Boys 17yrs & over 50m Backstroke
<b>21 Pre-Final</b>	Girls 14-16yrs 50m Butterfly	<b>22 Pre-Final</b>	Boys 14-16yrs 50m Butterfly
<b>23 Pre-Final</b>	Girls 17yrs & over 50m Backstroke	<b>24 Pre-Final</b>	Boys 17yrs & over 50m Backstroke
<b>21 Final</b>	Girls 14-16yrs 50m Butterfly	<b>22 Final</b>	Boys 14-16yrs 50m Butterfly
<b>23 Final</b>	Girls 17yrs & over 50m Backstroke	<b>24 Final</b>	Boys 17yrs & over 50m Backstroke



## Session Seven

**Racing Starts: 5 minutes after completion of the Finals of Session 6**

Event No. Girls	Event Details	Event No. Boys
<b>25</b>	10yrs & under 50m Freestyle - Heats	<b>26</b>
<b>27</b>	11-13yrs 50m Breaststroke - Heats	<b>28</b>
<b>29</b>	14-16yrs 50m Backstroke - Heats	<b>30</b>
<b>31</b>	17yrs & over 50m Butterfly - Heats	<b>32</b>

## Session Eight (Finals)

**FINALS to commence 10 minutes after Session 7**

Event No.	Finals Event Details - Girls	Event No.	Finals Event Details - Boys
<b>25 Semi</b>	Girls 10yrs & under 50m Freestyle	<b>26 Semi</b>	Boys 10yrs & under 50m Freestyle
<b>27 Semi</b>	Girls 11-13yrs 50m Breaststroke	<b>28 Semi</b>	Boys 11-13yrs 50m Breaststroke
<b>25 Final</b>	Girls 10yrs & under 50m Freestyle	<b>26 Final</b>	Boys 10yrs & under 50m Freestyle
<b>27 Final</b>	Girls 11-13yrs 50m Breaststroke	<b>28 Final</b>	Boys 11-13yrs 50m Breaststroke
<b>29 Semi</b>	Girls 14-16yrs 50m Backstroke	<b>30 Semi</b>	Boys 14-16yrs 50m Backstroke
<b>31 Semi</b>	Girls 17yrs & over 50m Butterfly	<b>32 Semi</b>	Boys 17yrs & over 50m Butterfly
<b>29 Pre-Final</b>	Girls 14-16yrs 50m Backstroke	<b>30 Pre-Final</b>	Boys 14-16yrs 50m Backstroke
<b>31 Pre-Final</b>	Girls 17yrs & over 50m Butterfly	<b>30 Pre-Final</b>	Boys 17yrs & over 50m Butterfly
<b>29 Final</b>	Girls 14-16yrs 50m Backstroke	<b>30 Final</b>	Boys 14-16yrs 50m Backstroke
<b>31 Final</b>	Girls 17yrs & over 50m Butterfly	<b>32 Final</b>	Boys 17yrs & over 50m Butterfly