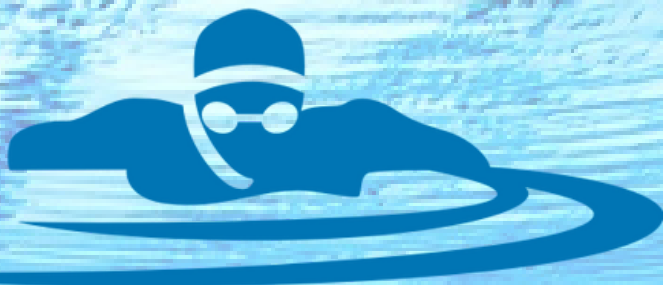




**SWIMMING
GOLD COAST**



**2023 Swimming Gold Coast
Sprint Championships**

ENTRIES OPEN NOW!!!

Gold Coast Aquatic Centre Saturday 28th January 2023

Warm-up - 7:00am

Racing - 8:00am



2023 Swimming Gold Coast Sprint Championships

You are cordially invited to attend the 2023 Swimming Gold Coast Sprint Championships.

Date	Saturday 28th January, 2023
Time	Session 1 - 7.00am warm-up for 8.00am start Session 2 (Finals)– 20 minutes after completion of Session 1 Session 3 – 10 minutes after completion of session 2 Session 4 (Finals) – 20 minutes after completion of season 3
Nomination fee	\$10.50 per event individual event (incl. GST) + associated Swim Central fees. \$2.00 swimmer surcharge to cover the cost of officials. Includes digital program.
Nominations close	Sunday 22nd January 2023 @ 11.59pm. All entries must be submitted through swim central #No Manual entries will be accepted#
Venue & Gate entry	Gold Coast Aquatic Centre Marine Parade Southport Spectators will be permitted access to the venue during the duration of the meet. Gate entry opens at 6.30am for spectators at a cost of \$3.20 per person (current at the time of writing). All swimmers, coaches, technical officials and volunteers will have their entry subsidised by Swimming Gold Coast.
Spectator Attendance	Spectators are allowed in attendance; however, they will be placed on the top deck viewing area, whilst swimmers, coaches, technical officials and team managers will be on the pool deck. We are aiming to encourage club pride, team spirit and enhance the atmosphere of the Sprint Championships by placing swimmers together with their clubmates and friends on the day, whilst parents and spectators can cheer on from a better vantage point.
Late entries	Late entries will not be accepted under any circumstances.
Age Requirements	Age as at 28 th January 2023. 8yrs is the minimum age for these championships.
Status	This is a Swimming Queensland sanctioned Qualifying Meet.
Entry Eligibility	All Swimmers must be fully registered as a Competitive Swimmer (on Swim Central) to nominate for these Sprint Championships. ‘Recreational’ swimmers entries are ineligible. Qualifying Times Qualifying times must have been achieved after January 1 st 2021 at an approved qualifying meet. Club night, club championships are NOT ACCEPTABLE , no times (NT) are only acceptable for MC and 8-9yr old swimmers. Short Course converted times can be used, however, converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved.

Multi –class events	<p>Multi-Class Swimmers must be registered as ‘competitive’ swimmers with a Gold Coast club and have a classification card. Your classification number/s must be registered against your swimmers record in Swim Central.</p> <p>The events (all four 50m) are for 10years & Over and run as Open events. <u>There are no qualifying times for all MC events.</u></p> <p># Please note - Multi-class swimmers without an existing verified classification will be allowed to swim as an Exhibition swimmer only.</p>
Visiting swimmers	<p>This Meet is a closed Meet for members that are registered with Swimming Gold Coast. International / Interstate Swimmers that are training at Gold Coast Pools will be provided with exemption to swim at this event. All swimmers members of another federation must enter manually. Training confirmation must be provided by the coach.</p>
Events	<p>As per attached Program of Events.</p> <p>8-9yr old and MC events will be swum as combined timed final events. There will be no finals for these groups.</p> <p>Heats only will be swum in each event. If less than 3 nominations are received for an event, Swimming Gold Coast reserves the right to cancel the event and refund nominations. Swimming Gold Coast also reserves the right, on the day, to combine heats and events. Qualifying times for all events will be enforced.</p>
Further Communication	<p>In the week preceding the meet, further relevant information will be provided to all participants and attendees within the program. This will include facility maps, COVID requirements, seating requirements and any further information as required.</p>
Warmup	<p>Warmup will commence as follows:</p> <p>Saturday Session 1: 7.00am</p> <p>Lanes will be available in the training / diving pool for additional warmup facilities for finals.</p> <p>Dive starts and pacework will be allocated for Lanes 0 and 9 from 7:30am.</p> <p>After commencement of the Championships, there will be 2 lanes available in the 50m training pool for warm-up and cool-down.</p>
Marshalling	<p>All swim meets in the Gold Coast Region are self-Marshalling, however:</p> <p>ALL finalists, including reserves, will be required to Marshall for the finals only.</p> <p>ANY “no shows” for finals will be automatically withdrawn from their next event, or the swimmers’ club will be fined \$50.00</p>
Rules	<p>These championships will be conducted under the rules as documented within:</p> <p>"Swimming Queensland General Rules", "SQ Championship By-Laws", "FINA" and "SAL" rules.</p> <p>Competitors in the first two events should be behind the blocks in the self-marshalling zone 5 minutes prior to the scheduled starting time of the session. In addition, all competitors should be in the self-marshalling zone at least 8 heats prior to their own heat.</p>
Backstroke Ledges	<p>Backstroke ledges will be made available to swimmers in the 13yrs & over and MC Backstroke events only (Events 1, 2, 7, 8, 101 & 102).</p>
Technical Officials	<p>All technical officials will be contacted to register their availability, for either day, or both by Chief Referee, Sharon Wicking.</p> <p>Any persons interested in learning about the possibilities of becoming a Technical Official, please contact the Swimming Gold Coast Chief Referee Sharon Wicking at: chiefreferee@swimminggoldcoast.org.au for communication on the opportunities available and any training requirements.</p>

<p>Results</p>	<p>Swimming Gold Coast Club point score will be in place.</p> <p>Age Champions will be awarded to each age group from 8yrs to 16yrs & Over.</p> <p>1st, 2nd and 3rd placings will be determined from the OFFICIAL TIMES swam in the Finals. Medals will be awarded to ages 8, 9, 10, 11, 12, 13, 14, 15, 16 & Over age groups. Medals will only be awarded to placegetters within the qualifying time.</p> <p>Age Champions will be recognised from all events in a swimmer's age group and presented at the completion of the Championships on Saturday 21st January.</p> <p>A minimum of 3 events in their age group must be swum to be eligible. An individual point score for all placings will be used for these championships. All individual swimmers, who swim in an event, will accrue a minimum of 1 point.</p> <p>For Multi-Class swimmers, medals/points will be awarded for 1st, 2nd & 3rd place using the Swimming Australia Multi-Class Points System.</p>
<p>Meet Mobile</p>	<p>Results may be published in near real time during this meet via Meet Mobile.</p> <p>Please note:</p> <ul style="list-style-type: none"> • Results published via Meet Mobile ARE NOT OFFICIAL and should be used as a guide only. • Official meet results are printed by officials during all meets and posted in a prominent position. <p>Official results are also published within 48hrs of the completion of a meet upon the Swimming Gold Coast website event pages and Swim Central</p>
<p>Collection of medals</p>	<p>Collection of medals is the responsibility of each swimmer. Medals not collected by the end of the meet will not be redeemed.</p>
<p>Food</p>	<p>Swimming Gold Coast will be hosting a BBQ throughout the day. A detailed menu will be provided on the last page of the meet program.</p> <p>Also, Café Catalina will be open to swimmers and spectators throughout the day.</p>
<p>Volunteers</p>	<p>To assist with the running of the meet, Swimming Gold Coast requires the assistance of parents to volunteer for the following roles throughout the meet.</p> <ul style="list-style-type: none"> • Chief Timekeeper (2) • Catering Distributors (2) • Photographer (1) • Results Runner (2) • Medal Presenters (2) <p>To nominate for these roles please fill in the following expression of interest: Volunteer Register (click here to nominate)</p> <p>Furthermore, parents may be required to assist their clubs and coaches by making themselves available as team managers. The role of the team manager is:</p> <ul style="list-style-type: none"> • Supervising all swimmers from the club, especially those 17yrs & under; • Assist in monitoring COVID responsibilities within your club area; • Supporting the coach(es) in matters relating to the swimmers; • Ensuring swimmers follow the guidelines; • Ensuring swimmers know what, when and where for seating, warm-up, self-marshalling, racing and warm-down; • Being a point of contact for drop-off and collection of swimmers; • Have relevant emergency contact details for each swimmer; and • Commit to the time required to fulfil the role <p>All team managers must have a valid working with children blue card – link here.</p>

Timekeepers & Volunteers & TO's	Timekeepers, Technical Officials, Team Managers and Volunteers will be required to be provided by each club, where available. A schedule will be provided to the clubs by Swimming Gold Coast, with the club nominated list provided back to Swimming Gold Coast no later than 9am Wednesday 18th January.
Code of conduct	By entering this swim meet all swimmers and attendees agree to adhere to the Swimming Gold Coast code of conduct. The code of conduct can be found at the following link. CODE OF CONDUCT LINK
Swimming Gold Coast Annual Awards	Swimmers registered with Swimming Gold Coast should compete at these Championships to be eligible to gain points for our Annual Awards. More information about these awards is available on our website. https://www.swimminggoldcoast.org.au/ Swimmers with Swimming Qld or Swimming Australia commitments will be given special exemption if unable to attend. Points will be allocated in accordance with the Swimming Gold Coast Awards Criteria, also found on our website.
Photography & images	In nominating for this Meet, swimmers agree that they may be photographed by Swimming Queensland, Swimming Gold Coast and the Club approved photographers, that the images may be displayed for viewing and purchasing on site during the Meet and on the photographer's secure website after the Meet, and that they may also be used by Swimming Queensland, Swimming Gold Coast and the Club at its discretion.
Copy of results	A copy of results will be available on the website: https://www.swimminggoldcoast.org.au/meetresults

For any enquiries, please contact

- Karen Meyer - racesecretary@swimminggoldcoast.org.au

No manual TM entry files will be accepted (except Internationals).

- Payment must be completed during event registration via the swim central online entries process.



2023 Swimming Gold Coast Sprint Championships

Session One

Saturday 28th January 2023

7am warm-up / 8am racing commences

Event No. Girls	Event Details	Event No. Boys
1	13yrs & Over 50m Backstroke – Heats	2
3	10yrs – 12yrs 50m Backstroke - Heats	4
5	8-9yrs 50m Backstroke – Timed Final	6
7	Open Multi-Class 50m Backstroke – Timed Final	8
9	13yrs & Over 50m Breaststroke – Heats	10
11	10yrs – 12yrs 50m Breaststroke – Heats	12
13	8-9yrs 50m Breaststroke – Timed Finals	14
15	Open Multi-Class 50m Breaststroke – Timed Final	16

Session Two (Finals)

FINALS to commence 20 minutes after the Heats

Event No.	Finals Event Details - Girls	Event No.	Finals Event Details - Boys
101A	Girls 16 & Over 50m Backstroke Final	102A	Boys 16yr & Over 50m Backstroke Final
101B	Girls 15yr 50m Backstroke Final	102B	Boys 15yr 50m Backstroke Final
101C	Girls 14yr 50m Backstroke Final	102C	Boys 14yr 50m Backstroke Final
101D	Girls 13yr 50m Backstroke Final	102D	Boys 13yr 50m Backstroke Final
103A	Girls 12yr 50m Backstroke Final	104A	Boys 12yr 50m Backstroke Final
103B	Girls 11yr 50m Backstroke Final	104B	Boys 11yr 50m Backstroke Final
103C	Girls 10yr 50m Backstroke Final	104C	Boys 10yr 50m Backstroke Final
109A	Girls 16yr & over 50m Breaststroke Final	110A	Boys 16yr & over 50m Breaststroke Final
109B	Girls 15yr 50m Breaststroke Final	110B	Boys 15yr 50m Breaststroke Final
109C	Girls 14yr 50m Breaststroke Final	110C	Boys 14yr 50m Breaststroke Final
109D	Girls 13yr 50m Breaststroke Final	110D	Boys 13yr 50m Breaststroke Final
111A	Girls 12yr 50m Breaststroke Final	112A	Boys 12yr 50m Breaststroke Final
111B	Girls 11yr 50m Breaststroke Final	112B	Boys 11yr 50m Breaststroke Final
111C	Girls 10yr 50m Breaststroke Final	112C	Boys 10yr 50m Breaststroke Final



2023 Swimming Gold Coast Sprint Championships

Session Three

Saturday 28th January 2023

Racing Starts: 15 minutes after completion of the Finals of Session 2

Event No. Girls	Event Details	Event No. Boys
17	13yrs & Over 50m Butterfly – Heats	18
19	10yrs – 12yrs 50m Butterfly – Heats	20
21	8-9yrs 50m Butterfly – Timed Finals	22
23	Open Multi-Class 50m Butterfly – Timed Final	24
25	13yrs & Over 50m Freestyle – Heats	26
27	10yrs -12yrs 50m Freestyle – Heats	28
29	8-9yrs 50m Freestyle – Timed Finals	30
31	Open Multi-Class 50m Freestyle – Timed Final	32

Session Four (Finals)

FINALS to commence 20 minutes after the Heats

Event No.	Finals Event Details - Girls	Event No.	Finals Event Details - Boys
117A	Girls 16yrs & over 50m Butterfly Final	118A	Boys 16yrs & over 50m Butterfly Final
117B	Girls 15yr 50m Butterfly Final	118B	Boys 15yr 50m Butterfly Final
117C	Girls 14yr 50m Butterfly Final	118C	Boys 14yr 50m Butterfly Final
117D	Girls 13yr 50m Butterfly Final	118D	Boys 13yr 50m Butterfly Final
119A	Girls 12yr 50m Butterfly Final	120A	Boys 12yr 50m Butterfly Final
119B	Girls 11yr 50m Butterfly Final	120B	Boys 11yr 50m Butterfly Final
119C	Girls 10yr 50m Butterfly Final	120C	Boys 10yr 50m Butterfly Final
125A	Girls 16yrs & over 50m Freestyle Final	126A	Boys 16yrs & over 50m Freestyle Final
125B	Girls 15yr 50m Freestyle Final	126B	Boys 15yr 50m Freestyle Final
125C	Girls 14yr 50m Freestyle Final	126C	Boys 14yr 50m Freestyle Final
125D	Girls 13yr 50m Freestyle Final	126D	Boys 13yr 50m Freestyle Final
127A	Girls 12yr 50m Freestyle Final	128A	Boys 12yr 50m Freestyle Final
127B	Girls 11yr 50m Freestyle Final	128B	Boys 11yr 50m Freestyle Final
127C	Girls 10yr 50m Freestyle Final	128C	Boys 10yr 50m Freestyle Final



2023 Swimming Gold Coast Sprint Championships

Qualifying Times

- Please Note below for the Qualifying times for the 2023 Swimming Gold Coast Sprint Championships.
- There are no qualifying times for 8yr and 9yr old events.
- There are no qualifying times for Multi-Class events

MALE	10 Years	11 Years	12 Years	13 Years	14 Years	15 Years	16 & Over
50m Backstroke	0:50.00	0:48.00	0:46.00	0:42.00	0:40.00	0:38.00	0:36.00
50m Breaststroke	0:55.00	0:53.00	0:50.00	0:46.00	0:43.00	0:41.00	0:40.00
50m Butterfly	0:49.00	0:46.00	0:43.00	0:40.00	0:37.00	0:35.00	0:34.00
50m Freestyle	0:45.00	0:43.00	0:40.00	0:38.00	0:35.00	0:34.00	0:32.00
FEMALE	10 Years	11 Years	12 Years	13 Years	14 Years	15 Years	16 & Over
50m Backstroke	0:50.00	0:48.00	0:46.00	0:43.00	0:41.00	0:40.00	0:39.00
50m Breaststroke	0:55.00	0:53.00	0:50.00	0:47.00	0:45.00	0:44.00	0:43.00
50m Butterfly	0:49.00	0:46.00	0:43.00	0:41.00	0:39.00	0:37.00	0:36.00
50m Freestyle	0:45.00	0:43.00	0:40.00	0:39.00	0:37.00	0:36.00	0:35.00