



2023 Swimming Gold Coast Short Course Championships

You are cordially invited to attend the 2023 Swimming Gold Coast Short Course Championships.

Date	Saturday 15 th July 2023 Sunday 16 th July 2023
Time	Session 1 – 8.00am warm-up for 9.00am start Session 2 – 8.00am warm-up for 9.00am start Lanes will be available in the alternate side of the separating bulkhead of the 50m training pool (competition pool for this meet) for additional warmup / cooldown facilities. Dive pool or the 50m competition pool are not available. Dive starts and pacework will be allocated for Lanes 0 and 9.
Venue & Gate entry	Gold Coast Aquatic Centre Marine Parade, Southport Spectators will be permitted access to the venue during the duration of the meet. Gate entry opens at 7.00am for spectators at a cost of \$3.20 per person (current at the time of writing). All coaches, technical officials, volunteers & team managers will have their entry subsidised by Swimming Gold Coast.
Spectator Attendance	Spectators are allowed in attendance; however, they will be placed on the top deck viewing area, whilst swimmers, coaches, technical officials, and team managers will be on the pool deck. We are aiming to encourage club pride, team spirit and enhance the atmosphere of the Championships by placing swimmers together with their clubmates and friends on the day, whilst parents and spectators can cheer on from a better vantage point.
Nomination fee	\$10.50 per event individual event (incl. GST) + associated Swim Central fees. \$2.00 swimmer surcharge to cover the cost of officials. Includes digital program.
Nominations	Open: Monday 29th May 2023 @ 9am. Close: Friday 7th July 2023 @ 11.59pm. All entries must be submitted through swim central #No manual entries will be accepted, except approved visiting swimmers, as below#
Late entries	Late entries WILL NOT be accepted, under any circumstances.
Age Requirements	Age as of 15 th July 2023. 8yrs is the minimum age for these championships.
Status	This is a Swimming Queensland and Swimming Gold Coast sanctioned Qualifying Meet.
Marshalling	All swim meets within the Gold Coast region are self-marshalling.



<p>Entry Eligibility</p>	<p>All Swimmers must be fully registered as a Competitive Swimmer on Swim Central to nominate for this 2023 SGC SC Championships. ‘Recreational’ swimmers are ineligible to enter.</p> <p>Qualifying times must have been achieved after January 1st 2022 at an approved qualifying meet. Club night, club championships and no times (NT) are NOT ACCEPTABLE, except for MC swimmers as well as 8year and 9year old swimmers.</p> <p>Entries will not be accepted unless the qualifying times have been swum and approved at a sanctioned Short Course or Long Course Qualifying Meet prior to this Championships’ closing date.</p> <p>Long Course converted times can be used, however, these will only be used where an existing short course qualifying time has not been achieved.</p>
<p>Multi-Class events</p>	<p>Multi-Class Swimmers must be registered as ‘competitive’ swimmers with a Gold Coast club. Your classification number/s must be registered against your swimmers record in Swim Central.</p> <p>All multi-class events will be conducted as Open events. <u>There are no qualifying times for all MC events.</u> Minimum age is 10ys+ for Multi-Class events.</p> <p># Please note - Multi-Class swimmers without a registered classification will be allowed to swim as an Exhibition only.</p>
<p>Visiting swimmers</p>	<p>This Meet is a closed meet, ability to enter is restricted for members that are registered with Gold Coast Swimming Clubs ONLY.</p> <p>International Swimmers that are training at pools / clubs located throughout the Gold Coast will be provided with an exemption to swim at this event, upon request. All swimming members of another federation must enter manually through the SGC Race Secretary. Training confirmation must be provided by the coach.</p>
<p>Swimming Gold Coast Annual Awards</p>	<p>Swimmers registered with Swimming Gold Coast should compete at this 2023 SGC SC Championship event to be eligible to gain points for our Annual Awards. More information about these awards is available on our website – https://www.swimminggoldcoast.org.au</p> <p>Swimmers with Swimming Queensland or Swimming Australia commitments will be given special exemption if unable to attend.</p> <p>Points will be allocated in accordance with the Swimming Gold Coast Awards Criteria.</p>
<p>Events</p>	<p>As per the attached Program of Events.</p> <p>These Championships are to be conducted as timed finals. If less than 3 nominations are received for an event, Swimming Gold Coast reserves the right to cancel the event and refund nominations. Swimming Gold Coast also reserves the right, on the day, to combine heats and / or events. Qualifying times for all events will be enforced.</p>



<p>Rules</p>	<p>These championships will be conducted under the rules as documented within: "Swimming Queensland General Rules", "Swimming Queensland Championship By-Laws", "FINA" and "Swimming Australia Limited" rules.</p> <p>Competitors in the first two events should be behind the blocks in the self-marshalling zone (holding area) prior to the scheduled starting time of the session. In addition, all competitors should be in the self-marshalling zone (holding area) 4 heats prior to their own heat for events up to 200m and 2 heats for 400m and over events.</p> <p>All events of 400m and over (400m IM, 400m Free, 800m Free and 1500m Free) require swimmers (or their Coach / Team Manager) to confirm their intention to swim at the Help Desk a minimum of one hour prior to the published start time of the relevant event. Failure to confirm their intention to swim may be taken as a withdrawal. Confirmed swimmers should then follow the self-marshalling procedures.</p> <p>Swimmers competing in the 800m and 1500m Freestyle events MUST provide details of their lap counter whilst checking in at the help desk. Swimmers will not be able to check-in without confirmation of an organised lap counter.</p> <p>Queries regarding any disqualification MUST be made by a club coach or club official only. Technical officials will not be made available to any parents / spectators regarding swimmer disqualification.</p>
<p>Backstroke Ledges</p>	<p>Backstroke ledges will be used at this Championship meet for ages 12yrs & over.</p>
<p>Meet Mobile</p>	<p>Results will be published throughout this meet to the Meet Mobile application.</p> <p>Please note:</p> <ul style="list-style-type: none"> • Results published via Meet Mobile ARE NOT OFFICIAL and should be used as a guide only. • Official meet results are printed by officials during all meets and posted in a prominent position. <p>Official results are published within 48hrs of the completion of a meet on the Swimming Gold Coast website event pages and Swim Central.</p>
<p>Timekeepers & Volunteers</p>	<p>Timekeepers and volunteers will be required to be provided by each club, where available. A schedule will be provided to the clubs by the region, with all volunteers, timekeeper's and the chief timekeeper to be allocated to clubs by the SGC management committee.</p>

<p>Results</p>	<p>Swimming Gold Coast Club point score will be in place.</p> <p>Age Champions will be recognised and awarded to each age group from 8yrs to 17yrs & over, with ages 8 & 9 awarded on Saturday 15th July, whilst all other ages will be awarded on Sunday 16th July at the conclusion of the meet. A minimum of 3 events in an age group must be swum to be eligible. An individual point score for all placings will be used for these championships. All individual swimmers, who swim in an event, will accrue a minimum of 1 point for their club.</p> <p>1st, 2nd and 3rd placings will be determined from the OFFICIAL TIMES swam in all Timed Finals. Medals will only be awarded to placegetters within the qualifying time.</p> <p>Medals will be awarded to ages 8, 9, 10, 11, 12, 13, 14, 15, 16 & Over in all 50m events and 100m Individual Medley.</p> <p>Medals will be awarded to ages 10, 11, 12, 13, 14, 15, 16 & Over age groups in the remaining 100m events, where applicable.</p> <p>Medals will be awarded to ages 11, 12, 13, 14, 15, 16 & Over age groups in all 200m, 400m Freestyle events.</p> <p>Medals will be awarded to ages 12, 13, 14, 15, 16 & Over age groups in the 400m IM & 800m Freestyle events.</p> <p>Medals will be awarded to ages 12-13, 14, 15, 16 & Over age groups in all 200m form stroke events.</p> <p>Medals will be awarded to ages 13, 14, 15, 16 & Over age groups in all 1500m Freestyle.</p> <p>For Multi-Class swimmers, medals/points will be awarded for 1st, 2nd & 3rd place in the Open events, using the Swimming Australia Multi-Class Points System.</p>
<p>Collection of medals</p>	<p>Collection of medals is the responsibility of each swimmer. Medals not collected by the end of the meet will not be redeemed.</p>
<p>VOLUNTEERS</p>	<p>The following volunteer roles will be allocated to clubs on Monday 24th July 2023 after the closing of nominations. Please register your interest with your club.</p> <ul style="list-style-type: none"> • Timekeepers (2 per lane per day) – Allocated on a per session basis • Chief Timekeepers (1 per day) – Allocated on a per session basis • Medal Presenters (2 each day) – Allocated on a per session basis • Catering Distributors (2 each day) – Allocated on a per session basis • Results Runners (1 each day) – Allocated on a per session basis <p>Further opportunities for parents to assist at the Championships involve helping their clubs as a team manager. The role of the team manager is:</p> <ul style="list-style-type: none"> • Supervising all swimmers from the club, especially those 17yrs & under. • Monitoring the COVID responsibilities of your club at the meet. • Supporting the coach(es) in matters relating to the swimmers. • Ensuring swimmers know what, when and where for seating, warm-up, self-marshalling, racing and warm-down and being present for these. • Being a point of contact for drop-off of swimmers. • Ensuring ALL swimmers are collected and marked off upon exit from the facility. • Have relevant emergency contact details for each swimmer. • Commit to the time required to fulfil the role <p>All team managers MUST have a valid working with children blue card – link here.</p>



Photography & images	In nominating for this meet, swimmers agree that they may be photographed by Swimming Queensland and/or Swimming Gold Coast approved photographers. Any images may be displayed for viewing and purchasing on site during the Meet and on the photographer's secure website after the Meet. They may also be used by Swimming Queensland, Swimming Gold Coast and affiliated clubs at their discretion.
Merchandising	Swimming Gold Coast have partnered with Team Elite to offer some event merchandising. Once finalised, the information will be added.
Food	Swimming Gold Coast will be hosting a BBQ throughout the day. A detailed menu will be provided on the last page of the meet program. Also, Café Catalina will be open to swimmers and spectators throughout the day.
Technical Officials	All technical officials will be contacted to register their availability, for either Saturday or Sunday, or both by Chief Referee, Sharon Wicking. Any persons interested in learning about the possibilities of becoming a Technical Official, please make contact with the Swimming Gold Coast Chief Referee Sharon Wicking at: chiefreferee@swimminggoldcoast.org.au for communication on the opportunities available and any training requirements.
FURTHER COMMUNICATION	In the week preceding the meet, further relevant information regarding COVID requirements will be provided to all participants and attendees. This will include drop-off and collection zone, facility maps, contact tracing procedures, seating requirements and any further information as required
Code of Conduct	By entering this swim meet all swimmers and attendees agree to adhere to the Swimming Gold Coast code of conduct. The code of conduct can be found at the following link. CODE OF CONDUCT LINK
Force Majeure	In the case of force majeure preventing or resulting in the 2023 SGC SC Championships being cancelled, refund of event registration fees will be at the discretion of the SGC management committee.
Copy of results	A copy of results will be available on the website www.swimminggoldcoast.org.au

For any enquiries, please contact:

- Sienna Dopson - raceseecretary@swimminggoldcoast.org.au

No manual TM entry files will be accepted (except Internationals).

- Payment **MUST BE COMPLETED** during event registration via the swim central online entries process. You will receive a purchase order confirmation from Swim Central as proof of entry.



2023 Swimming Gold Coast Short Course Championships

Program of Events

Saturday 15th July 2023

Event No. Boys	Event	Event No. Girls
1	12yrs & over 200m Butterfly	2
3	8yrs – 11yrs 50m Backstroke	4
5	12yrs & over 50m Backstroke	6
7	Open 50m Backstroke – Multi-Class	8
9	12yrs & over 400m Individual Medley	10
11	8yrs – 9yrs 50m Breaststroke	12
13	10yrs = 11yrs 100m Backstroke	14
15	12yrs & over 100m Backstroke	16
17	Open 50m Butterfly – Multi-Class	18
19	8yrs & over 50m Butterfly	20
21	11yrs & over 200m Freestyle	22
23	Open 200m Freestyle – Multi-Class	24
25	8yrs & over 100m Individual Medley	26
27	Open 100m Individual Medley – Multi-Class	28
29	10yrs & over 100m Breaststroke	30
31	8yrs – 9yrs 50m Freestyle	32
33	12yrs & Over 800m Freestyle	34

Sunday 16th July 2023

Event No. Boys	Event Details	Event No. Girls
35	11yrs & over 200m Individual Medley	36
37	10yrs & over 50m Freestyle	38
39	Open 50m Freestyle - Multi-Class	40
41	12yrs & over 200m Backstroke	42
43	10yrs & over 50m Breaststroke	44
45	Open 50m Breaststroke – Multi-Class	46
47	11yrs & over 400m Freestyle	48
49	10yrs & over 100m Butterfly	50
51	12yrs & over 200m Breaststroke	52
53	Open 100m Freestyle – Multi-Class	54
55	10yrs & over 100m Freestyle	56
57	13yrs & over 1500m Freestyle	58



2023 SGC Short Course Championships

Qualifying Times

There are no qualifying times for Multi-Class events

There are no qualifying times for 8-9yr old events

Event	Age (Girls)						
	10yrs	11yr	12yrs	13yrs	14yrs	15yrs	16 & Over
50m Freestyle	38.00	36.50	34.00	32.50	31.50	30.50	30.00
100m Freestyle	1:25.00	1:20.00	1:15.00	1:12.50	1:10.00	1:07.50	1:05.00
200m Freestyle		2:50.00	2:40.00	2:35.00	2:30.00	2:25.00	2:20.00
400m Freestyle		5:50.00	5:30.00	5:15.00	5:05.00	4:55.00	4:50.00
800m Freestyle			11:00.00	11:00.00	10:40.00	10:20.00	10:00.00
1500m Freestyle				19:20.00	19:00.00	18:45.00	18:30.00
50m Backstroke	47.00	45.00	41.00	39.00	37.50	36.00	35.00
100m Backstroke	1:40.00	1:30.00	1:27.00	1:23.00	1:20.00	1:18.00	1:16.00
200m Backstroke			3:00.00		2:50.00	2:45.00	2:40.00
50m Breaststroke	52.00	50.00	45.00	43.00	42.00	41.00	40.00
100m Breaststroke	1:50.00	1:45.00	1:40.00	1:35.00	1:30.00	1:27.00	1:24.00
200m Breaststroke			3:20.00		3:10.00	3:05.00	3:00.00
50m Butterfly	47.00	43.00	40.00	37.50	35.50	34.00	33.00
100m Butterfly	1:40.00	1:32.50	1:27.50	1:22.50	1:19.00	1:17.00	1:15.00
200m Butterfly			3:00.00		2:50.00	2:45.00	2:40.00
100m Individual Medley	1:40.00	1:30.00	1:25.00	1:22.50	1:20.00	1:17.50	1:15.00
200m Individual Medley		3:15.00	3:05.00	2:55.00	2:50.00	2:45.00	2:40.00
400m Individual Medley			6:15.00		6:00.00	5:50.00	5:40.00

Event	Age (Boys)						
	10yrs	11yr	12yrs	13yrs	14yrs	15yrs	16 & Over
50m Freestyle	38.00	36.50	33.00	31.50	30.00	28.50	27.00
100m Freestyle	1:25.00	1:20.00	1:15.00	1:10.00	1:06.00	1:03.00	1:00.00
200m Freestyle		2:50.00	2:30.00	2:25.00	2:20.00	2:15.00	2:10.00
400m Freestyle		5:50.00	5:25.00	5:10.00	4:55.00	4:40.00	4:30.00
800m Freestyle			11:00.00	11:00.00	10:30.00	10:00.00	9:50.00
1500m Freestyle				19:20.00	18:45.00	18:20.00	18:00.00
50m Backstroke	47.00	45.00	40.00	38.00	36.00	34.50	33.00
100m Backstroke	1:40.00	1:30.00	1:26.50	1:22.00	1:18.00	1:15.00	1:12.00
200m Backstroke			2:55.00		2:45.00	2:40.00	2:35.00
50m Breaststroke	52.00	50.00	45.00	42.00	40.00	38.00	37.00
100m Breaststroke	1:48.00	1:45.00	1:35.00	1:30.00	1:25.00	1:22.50	1:20.00
200m Breaststroke			3:20.00		3:00.00	2:50.00	2:45.00
50m Butterfly	47.00	43.00	39.00	36.00	33.50	31.50	30.00
100m Butterfly	1:38.00	1:32.50	1:23.00	1:18.00	1:14.00	1:11.00	1:08.00
200m Butterfly			3:00.00		2:45.00	2:37.50	2:32.50
100m Individual Medley	1:40.00	1:30.00	1:24.00	1:20.00	1:17.50	1:14.00	1:10.00
200m Individual Medley		3:15.00	3:00.00	2:50.00	2:40.00	2:35.00	2:30.00
400m Individual Medley			6:10.00		5:50.00	5:35.00	5:25.00