

## **Program of Events**

## **November 18 SOSC Preparation Meet**

Boys	Event	Girls
1	12yrs & over 800m Freestyle*	2
3	12yrs & over 1500m Freestyle*	4
5	12yrs & over 100m Breaststroke	6
7	12yrs & over 200m Backstroke	8
9	12yrs & over 400m IM*	10
11	12yrs & over 100m Butterfly	12
13	12yrs & over 200m Freestyle	14
15	12yrs & over 100m Backstroke	16
17	12yrs & over 200m Breaststroke	18
19	12yrs & over 400m Freestyle*	20
21	12yrs & over 200m Butterfly	22
23	12yrs & over 200m IM	24
25	12yrs & over 100m Freestyle	26

## **Qualifying Times\***

BOYS	EVENTS	GIRLS
6:45.00	12yrs & Over 400m Individual Medley	6:45.00
6:30.00	12yrs & Over 400m Freestyle	6:30.00
11:20.00	12yrs & Over 800m Freestyle	11:20.00
19:40.00	12yrs & Over 1500m Freestyle	20:00.00

Please Note: Swimmers who are 12 years of age by Saturday December 9 2023 may enter this meet to allow qualifying opportunities for the Queensland Long Course Championships.